Heat limitation

The North Sea Swim Meet 2022

Heat limitation Friday:	1500m Freestyle, max 2 heat
Heat limitation Saturday:	400m Freestyle, max 3 heat, each age group 200m Breaststroke, max 4 heat, each age group
Heat limitation Sunday:	400m IM, max 2 heat 200m Backstroke, max 2 heat, each age group 200m Freestyle, max 3 heat, each age group

See the startlist with reserves here.