



# Rangeringslister

## Jenter

### 2001

|                     |                                   |                                  |                        |
|---------------------|-----------------------------------|----------------------------------|------------------------|
| <b>1</b>            | <b>Astrid Julie Halvorsen</b>     | <b>Skjetten Svømming</b>         | <b>2655</b>            |
|                     | 400m fri                          | 4.21,94 717p                     |                        |
|                     | 200m rygg                         | 2.19,09 709p                     |                        |
|                     | 200m bryst                        | 2.48,78 506p                     |                        |
|                     | 100m butterfly                    | 1.04,94 594p                     |                        |
|                     | 200m IM                           | 2.21,72 635p                     |                        |
| <b>2</b>            | <b>Eva Kummen</b>                 | <b>Lambertseter SK</b>           | <b>2413</b>            |
|                     | 400m fri                          | 4.44,25 561p                     |                        |
|                     | 200m rygg                         | 2.34,52 459p                     |                        |
|                     | 200m bryst                        | 2.34,43 730p                     |                        |
|                     | 100m butterfly                    | 1.07,04 540p                     |                        |
|                     | 200m IM                           | 2.25,90 582p                     |                        |
| <b>3</b>            | <b>Thea Krugerud Skjeggstad</b>   | <b>Asker SK</b>                  | <b>2323</b>            |
|                     | 400m fri                          | 4.37,77 601p                     |                        |
|                     | 200m rygg                         | 2.27,58 527p                     |                        |
|                     | 200m bryst                        | 2.39,46 601p                     |                        |
|                     | 100m butterfly                    | 1.06,79 546p                     |                        |
|                     | 200m IM                           | 2.26,53 575p                     |                        |
| <del><b>4</b></del> | <del><b>Sandra Karlsson</b></del> | <del><b>Bærumsvømmerne</b></del> | <del><b>2302</b></del> |
|                     | 400m fri                          | 4.42,05 574p                     |                        |
|                     | 200m rygg                         | 2.27,33 530p                     |                        |
|                     | 200m bryst                        | 2.42,14 571p                     |                        |
|                     | 100m butterfly                    | 1.06,52 553p                     |                        |
|                     | 200m IM                           | 2.24,15 604p                     |                        |
| <b>5</b>            | <b>Synne Kristine Lauritzen</b>   | <b>Haldens SK</b>                | <b>2265</b>            |
|                     | 400m fri                          | 4.45,43 554p                     |                        |
|                     | 200m rygg                         | 2.27,47 528p                     |                        |
|                     | 200m bryst                        | 2.37,62 622p                     |                        |
|                     | 100m butterfly                    | 1.09,42 486p                     |                        |
|                     | 200m IM                           | 2.27,70 561p                     |                        |
| <b>6</b>            | <b>Vårin Sætra Schefte</b>        | <b>Kolbotn IL</b>                | <b>2238</b>            |
|                     | 400m fri                          | 4.43,25 567p                     |                        |
|                     | 200m rygg                         | 2.35,65 506p                     |                        |
|                     | 200m bryst                        | 2.38,99 606p                     |                        |
|                     | 100m butterfly                    | 1.10,75 459p                     |                        |
|                     | 200m IM                           | 2.27,91 559p                     |                        |
| <b>7</b>            | <b>Maren Helene Røsholm</b>       | <b>Lambertseter SK</b>           | <b>2177</b>            |
|                     | 400m fri                          | 4.39,53 590p                     |                        |
|                     | 200m rygg                         | 2.24,47 562p                     |                        |
|                     | 200m bryst                        | 2.50,64 490p                     |                        |
|                     | 100m butterfly                    | 1.09,12 493p                     |                        |
|                     | 200m IM                           | 2.30,32 532p                     |                        |

|           |                                |                          |             |
|-----------|--------------------------------|--------------------------|-------------|
| <b>8</b>  | <b>Rebecca Vinck Johansen</b>  | <b>Kolbotn IL</b>        | <b>2141</b> |
|           | 400m fri                       | 4.43,74 564p             |             |
|           | 200m rygg                      | 2.37,01 493p             |             |
|           | 200m bryst                     | 2.48,31 511p             |             |
|           | 100m butterfly                 | 1.09,21 529p             |             |
|           | 200m IM                        | 2.35,18 537p             |             |
| <b>9</b>  | <b>Hedda Mørk</b>              | <b>Lambertseter SK</b>   | <b>2083</b> |
|           | 400m fri                       | 4.50,17 527p             |             |
|           | 200m rygg                      | 2.35,42 451p             |             |
|           | 200m bryst                     | 2.43,15 561p             |             |
|           | 100m butterfly                 | 1.10,67 461p             |             |
|           | 200m IM                        | 2.30,15 534p             |             |
| <b>10</b> | <b>Cora Linn Hopp Auganes</b>  | <b>Lambertseter SK</b>   | <b>2042</b> |
|           | 400m fri                       | 4.38,66 596p             |             |
|           | 200m rygg                      | 2.39,67 416p             |             |
|           | 200m bryst                     | 2.50,79 540p             |             |
|           | 100m butterfly                 | 1.13,17 415p             |             |
|           | 200m IM                        | 2.34,52 490p             |             |
| <b>11</b> | <b>Kristine Meinert Rød</b>    | <b>Kolbotn IL</b>        | <b>2041</b> |
|           | 400m fri                       | 4.43,89 563p             |             |
|           | 200m rygg                      | 2.41,62 401p             |             |
|           | 200m bryst                     | 2.54,89 455p             |             |
|           | 100m butterfly                 | 1.08,43 547p             |             |
|           | 200m IM                        | 2.35,99 476p             |             |
| <b>12</b> | <b>Sandra Helene Knudsen</b>   | <b>Kongstensvømmerne</b> | <b>2033</b> |
|           | 400m fri                       | 4.44,47 560p             |             |
|           | 200m rygg                      | 2.41,05 405p             |             |
|           | 200m bryst                     | 2.43,28 559p             |             |
|           | 100m butterfly                 | 1.13,67 407p             |             |
|           | 200m IM                        | 2.32,81 507p             |             |
| <b>13</b> | <b>Andrea Arstad Helmersen</b> | <b>Lambertseter SK</b>   | <b>2017</b> |
|           | 400m fri                       | 4.43,08 568p             |             |
|           | 200m rygg                      | 2.28,98 512p             |             |
|           | 200m bryst                     | 2.58,30 429p             |             |
|           | 100m butterfly                 | 1.11,02 454p             |             |
|           | 200m IM                        | 2.35,24 483p             |             |
| <b>14</b> | <b>Rebecca Hagrang</b>         | <b>Skjetten Svømming</b> | <b>2005</b> |
|           | 400m fri                       | 4.52,22 516p             |             |
|           | 200m rygg                      | 2.31,17 490p             |             |
|           | 200m bryst                     | 2.49,72 498p             |             |
|           | 100m butterfly                 | 1.08,84 499p             |             |
|           | 200m IM                        | 2.34,30 492p             |             |
| <b>15</b> | <b>Aurora Tillerås Asak</b>    | <b>Sarpsborg IL</b>      | <b>1987</b> |
|           | 400m fri                       | 4.54,16 506p             |             |
|           | 200m rygg                      | 2.32,44 478p             |             |
|           | 200m bryst                     | 2.54,79 456p             |             |
|           | 100m butterfly                 | 1.08,58 504p             |             |
|           | 200m IM                        | 2.39,03 499p             |             |

|                                      |                          |             |
|--------------------------------------|--------------------------|-------------|
| <b>16 Karin Sofie Syversveen Lie</b> | <b>Bærumsvømmerne</b>    | <b>1973</b> |
| 400m fri                             | 4.47,90 540p             |             |
| 200m rygg                            | 2.32,73 475p             |             |
| 200m bryst                           | 2.53,56 466p             |             |
| 100m butterfly                       | 1.13,69 438p             |             |
| 200m IM                              | 2.34,29 492p             |             |
| <b>17 Ylva Hoffart</b>               | <b>Bærumsvømmerne</b>    | <b>1956</b> |
| 400m fri                             | 4.48,69 536p             |             |
| 200m rygg                            | 2.33,40 469p             |             |
| 200m bryst                           | 2.52,96 470p             |             |
| 100m butterfly                       | 1.10,22 470p             |             |
| 200m IM                              | 2.35,55 480p             |             |
| <b>18 Astrid Hillesøy</b>            | <b>Bærumsvømmerne</b>    | <b>1927</b> |
| 400m fri                             | 4.50,85 524p             |             |
| 200m rygg                            | 2.34,43 460p             |             |
| 200m bryst                           | 2.55,01 454p             |             |
| 100m butterfly                       | 1.14,46 394p             |             |
| 200m IM                              | 2.34,66 489p             |             |
| <b>19 Victoria Johansen</b>          | <b>Oslo IL</b>           | <b>1860</b> |
| 400m fri                             | 5.02,31 466p             |             |
| 200m rygg                            | 2.44,46 381p             |             |
| 200m bryst                           | 2.54,45 459p             |             |
| 100m butterfly                       | 1.09,24 490p             |             |
| 200m IM                              | 2.39,51 445p             |             |
| <b>20 Andrea Helminsen</b>           | <b>Kongstensvømmerne</b> | <b>1858</b> |
| 400m fri                             | 4.58,47 485p             |             |
| 200m rygg                            | 2.31,84 484p             |             |
| 200m bryst                           | 3.05,59 381p             |             |
| 100m butterfly                       | 1.11,90 438p             |             |
| 200m IM                              | 2.38,82 451p             |             |
| <b>21 Caroline Greni Bjerkaas</b>    | <b>Bærumsvømmerne</b>    | <b>1849</b> |
| 400m fri                             | 4.56,16 496p             |             |
| 200m rygg                            | 2.31,15 490p             |             |
| 200m bryst                           | 3.00,30 415p             |             |
| 100m butterfly                       | 1.14,37 395p             |             |
| 200m IM                              | 2.39,24 448p             |             |
| <b>22 Mathilde Fosse</b>             | <b>Skjetten Svømming</b> | <b>1818</b> |
| 400m fri                             | 4.57,23 491p             |             |
| 200m rygg                            | 2.32,28 479p             |             |
| 200m bryst                           | 3.03,68 393p             |             |
| 100m butterfly                       | 1.19,61 322p             |             |
| 200m IM                              | 2.38,34 455p             |             |
| <b>23 Tiril Birgit Upstad Killie</b> | <b>Skjetten Svømming</b> | <b>1784</b> |
| 400m fri                             | 4.57,10 491p             |             |
| 200m rygg                            | 2.43,74 386p             |             |
| 200m bryst                           | 2.55,35 451p             |             |
| 100m butterfly                       | 1.15,41 379p             |             |
| 200m IM                              | 2.38,30 456p             |             |

|                                     |                           |                   |
|-------------------------------------|---------------------------|-------------------|
| <b>24 Nele Nowatzky</b>             | <b>Christiania SK</b>     | <b>1761</b>       |
| 400m fri                            | 5.05,94 450p              |                   |
| 200m rygg                           | 2.37,02 437p              |                   |
| 200m bryst                          | 2.58,18 430p              |                   |
| 100m butterfly                      | 1.18,41 363p              |                   |
| 200m IM                             | 2.45,25 444p              |                   |
| <hr/> <b>25 Maren Elise Paulsen</b> | <hr/> <b>Sarpsborg IL</b> | <hr/> <b>1746</b> |
| 400m fri                            | 4.58,38 485p              |                   |
| 200m rygg                           | 2.48,08 356p              |                   |
| 200m bryst                          | 2.57,26 483p              |                   |
| 100m butterfly                      | 1.18,07 342p              |                   |
| 200m IM                             | 2.48,07 422p              |                   |
| <b>26 Nikoline Alnes</b>            | <b>Kolbotn IL</b>         | <b>1741</b>       |
| 400m fri                            | 4.59,80 478p              |                   |
| 200m rygg                           | 2.46,69 412p              |                   |
| 200m bryst                          | 2.58,50 428p              |                   |
| 100m butterfly                      | 1.20,90 307p              |                   |
| 200m IM                             | 2.42,28 423p              |                   |
| <b>27 Julie Elisabeth Moe</b>       | <b>Lørenskog/Rælingen</b> | <b>1703</b>       |
| 400m fri                            | 4.55,34 500p              |                   |
| 200m rygg                           | 2.40,26 411p              |                   |
| 200m bryst                          | 3.02,79 399p              |                   |
| 100m butterfly                      | 1.23,84 276p              |                   |
| 200m IM                             | 2.46,25 393p              |                   |
| <b>Reserver</b>                     |                           |                   |
| <b>28 Hedda Bjørnstad</b>           | <b>Kolbotn IL</b>         | <b>1699</b>       |
| 400m fri                            | 5.00,78 474p              |                   |
| 200m rygg                           | 2.37,79 431p              |                   |
| 200m bryst                          | 3.04,27 389p              |                   |
| 100m butterfly                      | 1.13,81 405p              |                   |
| 200m IM                             | 2.47,41 385p              |                   |
| <b>29 Anna Tidemandsen Larsen</b>   | <b>Kolbotn IL</b>         | <b>1692</b>       |
| 400m fri                            | 5.07,93 441p              |                   |
| 200m rygg                           | 2.43,30 438p              |                   |
| 200m bryst                          | 3.09,60 357p              |                   |
| 100m butterfly                      | 1.13,70 406p              |                   |
| 200m IM                             | 2.50,14 407p              |                   |
| <b>30 Pauline Hellesø Eriksen</b>   | <b>Lambertseter SK</b>    | <b>1653</b>       |
| 400m fri                            | 4.56,85 517p              |                   |
| 200m rygg                           | 2.47,20 362p              |                   |
| 200m bryst                          | 3.06,94 373p              |                   |
| 100m butterfly                      | 1.17,39 351p              |                   |
| 200m IM                             | 2.50,97 401p              |                   |

|                                     |                        |             |
|-------------------------------------|------------------------|-------------|
| <b>31 Jenny Tidemanden Larsen</b>   | <b>Kolbotn IL</b>      | <b>1556</b> |
| 400m fri                            | 5.14,45 414p           |             |
| 200m rygg                           | 2.39,10 420p           |             |
| 200m bryst                          | 3.14,75 329p           |             |
| 100m butterfly                      | 1.19,22 327p           |             |
| 200m IM                             | 2.46,26 393p           |             |
| <b>32 Pernille Tjernæs Wardenær</b> | <b>Kolbotn IL</b>      | <b>1521</b> |
| 400m fri                            | 5.17,38 403p           |             |
| 200m rygg                           | 2.51,70 334p           |             |
| 200m bryst                          | 3.02,54 400p           |             |
| 100m butterfly                      | 1.19,34 326p           |             |
| 200m IM                             | 2.47,61 384p           |             |
| <b>33 Tina Barratt Tømmervik</b>    | <b>Lambertseter SK</b> | <b>1368</b> |
| 400m fri                            | 5.24,70 376p           |             |
| 200m rygg                           | 2.59,45 330p           |             |
| 200m bryst                          | 3.20,86 300p           |             |
| 100m butterfly                      | 1.20,52 311p           |             |
| 200m IM                             | 2.52,73 351p           |             |

## 2002

|                                    |                            |             |
|------------------------------------|----------------------------|-------------|
| <b>1 Vilde Skaug</b>               | <b>Bærumsvømmerne</b>      | <b>2390</b> |
| 400m fri                           | 4.39,18 592p               |             |
| 200m rygg                          | 2.25,63 548p               |             |
| 200m bryst                         | 2.36,34 637p               |             |
| 100m butterfly                     | 1.06,30 558p               |             |
| 200m IM                            | 2.24,23 603p               |             |
| <b>2 Maria Hovland</b>             | <b>Moss SK</b>             | <b>2221</b> |
| 400m fri                           | 4.40,80 582p               |             |
| 200m rygg                          | 2.29,76 504p               |             |
| 200m bryst                         | 2.44,87 543p               |             |
| 100m butterfly                     | 1.08,56 505p               |             |
| 200m IM                            | 2.25,13 591p               |             |
| <b>3 Vår Granhaug Rotevatn</b>     | <b>Ullensakersvømmerne</b> | <b>2210</b> |
| 400m fri                           | 4.37,95 600p               |             |
| 200m rygg                          | 2.23,30 575p               |             |
| 200m bryst                         | 2.54,72 456p               |             |
| 100m butterfly                     | 1.10,12 472p               |             |
| 200m IM                            | 2.27,51 563p               |             |
| <b>4 Elise Christine Romundset</b> | <b>Lambertseter SK</b>     | <b>2188</b> |
| 400m fri                           | 4.32,17 639p               |             |
| 200m rygg                          | 2.25,04 555p               |             |
| 200m bryst                         | 2.55,63 449p               |             |
| 100m butterfly                     | 1.11,81 439p               |             |
| 200m IM                            | 2.29,16 545p               |             |

|           |                                |                            |             |
|-----------|--------------------------------|----------------------------|-------------|
| <b>5</b>  | <b>Timea Aspegren</b>          | <b>Ullensakersvømmerne</b> | <b>2176</b> |
|           | 400m fri                       | 4.33,16 632p               |             |
|           | 200m rygg                      | 2.33,90 523p               |             |
|           | 200m bryst                     | 2.54,10 461p               |             |
|           | 100m butterfly                 | 1.10,80 458p               |             |
|           | 200m IM                        | 2.27,84 560p               |             |
| <b>6</b>  | <b>Kia Mørk</b>                | <b>Lambertseter SK</b>     | <b>2045</b> |
|           | 400m fri                       | 4.57,40 490p               |             |
|           | 200m rygg                      | 2.31,73 546p               |             |
|           | 200m bryst                     | 2.54,88 455p               |             |
|           | 100m butterfly                 | 1.09,31 489p               |             |
|           | 200m IM                        | 2.31,50 520p               |             |
| <b>7</b>  | <b>Thea Helene Kristiansen</b> | <b>Ullensakersvømmerne</b> | <b>2023</b> |
|           | 400m fri                       | 4.47,60 542p               |             |
|           | 200m rygg                      | 2.32,02 482p               |             |
|           | 200m bryst                     | 2.55,57 450p               |             |
|           | 100m butterfly                 | 1.09,90 476p               |             |
|           | 200m IM                        | 2.31,24 523p               |             |
| <b>8</b>  | <b>Erikka Næss Kjøholdt</b>    | <b>Kolbotn IL</b>          | <b>2007</b> |
|           | 400m fri                       | 4.47,34 543p               |             |
|           | 200m rygg                      | 2.31,45 487p               |             |
|           | 200m bryst                     | 2.51,99 478p               |             |
|           | 100m butterfly                 | 1.09,64 482p               |             |
|           | 200m IM                        | 2.33,95 495p               |             |
| <b>9</b>  | <b>Synne Pretorius</b>         | <b>Asker SK</b>            | <b>1993</b> |
|           | 400m fri                       | 4.53,93 507p               |             |
|           | 200m rygg                      | 2.31,87 483p               |             |
|           | 200m bryst                     | 2.48,68 507p               |             |
|           | 100m butterfly                 | 1.15,75 374p               |             |
|           | 200m IM                        | 2.33,88 496p               |             |
| <b>10</b> | <b>Kristine Huan Hytenget</b>  | <b>Asker SK</b>            | <b>1987</b> |
|           | 400m fri                       | 4.52,33 516p               |             |
|           | 200m rygg                      | 2.26,58 538p               |             |
|           | 200m bryst                     | 3.01,48 407p               |             |
|           | 100m butterfly                 | 1.11,22 450p               |             |
|           | 200m IM                        | 2.35,22 483p               |             |
| <b>11</b> | <b>Matylida Koryl</b>          | <b>Hamar IL</b>            | <b>1986</b> |
|           | 400m fri                       | 4.42,57 571p               |             |
|           | 200m rygg                      | 2.38,78 423p               |             |
|           | 200m bryst                     | 3.04,72 427p               |             |
|           | 100m butterfly                 | 1.08,78 500p               |             |
|           | 200m IM                        | 2.40,17 488p               |             |
| <b>12</b> | <b>Rikke Winfeld Petersen</b>  | <b>Bærumsvømmerne</b>      | <b>1964</b> |
|           | 400m fri                       | 4.53,11 512p               |             |
|           | 200m rygg                      | 2.32,83 474p               |             |
|           | 200m bryst                     | 2.53,11 469p               |             |
|           | 100m butterfly                 | 1.10,50 464p               |             |



|                                       |                            |      |             |
|---------------------------------------|----------------------------|------|-------------|
| 200m IM                               | 2.37,93                    | 509p |             |
| <b>13 Mathilde Sofie Hammer</b>       | <b>Kongstensvømmerne</b>   |      | <b>1934</b> |
| 400m fri                              | 5.03,61                    | 460p |             |
| 200m rygg                             | 2.43,10                    | 390p |             |
| 200m bryst                            | 2.41,90                    | 574p |             |
| 100m butterfly                        | 1.12,97                    | 419p |             |
| 200m IM                               | 2.40,98                    | 481p |             |
| <b>14 Linnea Jensen</b>               | <b>Kongstensvømmerne</b>   |      | <b>1931</b> |
| 400m fri                              | 4.49,85                    | 529p |             |
| 200m rygg                             | 2.40,73                    | 408p |             |
| 200m bryst                            | 2.47,50                    | 518p |             |
| 100m butterfly                        | 1.13,38                    | 412p |             |
| 200m IM                               | 2.36,50                    | 472p |             |
| <b>15 Iben Hovland Markussen</b>      | <b>Oslo IL</b>             |      | <b>1918</b> |
| 400m fri                              | 4.55,69                    | 498p |             |
| 200m rygg                             | 2.37,55                    | 433p |             |
| 200m bryst                            | 2.47,79                    | 515p |             |
| 100m butterfly                        | 1.17,37                    | 378p |             |
| 200m IM                               | 2.41,96                    | 472p |             |
| <b>16 Ingunn Jonsdottir</b>           | <b>Oslo IL</b>             |      | <b>1856</b> |
| 400m fri                              | 5.05,22                    | 453p |             |
| 200m rygg                             | 2.37,08                    | 437p |             |
| 200m bryst                            | 2.54,43                    | 459p |             |
| 100m butterfly                        | 1.10,53                    | 464p |             |
| 200m IM                               | 2.35,54                    | 480p |             |
| <b>17 Sara Dahl Østrøm</b>            | <b>Ullensakersvømmerne</b> |      | <b>1854</b> |
| 400m fri                              | 4.48,16                    | 539p |             |
| 200m rygg                             | 2.34,73                    | 457p |             |
| 200m bryst                            | 3.07,77                    | 368p |             |
| 100m butterfly                        | 1.13,40                    | 411p |             |
| 200m IM                               | 2.39,26                    | 447p |             |
| <b>18 Dina Bing Smedsrud</b>          | <b>Gjøvik SK</b>           |      | <b>1804</b> |
| 400m fri                              | 4.46,95                    | 545p |             |
| 200m rygg                             | 2.34,94                    | 455p |             |
| 200m bryst                            | 3.07,64                    | 368p |             |
| 100m butterfly                        | 1.17,83                    | 345p |             |
| 200m IM                               | 2.40,70                    | 436p |             |
| <b>19 Thyra N. Haugland-Halvorsen</b> | <b>Haldens SK</b>          |      | <b>1803</b> |
| 400m fri                              | 4.59,23                    | 481p |             |
| 200m rygg                             | 2.39,88                    | 414p |             |
| 200m bryst                            | 3.12,50                    | 341p |             |
| 100m butterfly                        | 1.10,78                    | 459p |             |
| 200m IM                               | 2.39,07                    | 449p |             |
| <b>20 Andrea Skarstein Rød</b>        | <b>Kolbotn IL</b>          |      | <b>1802</b> |
| 400m fri                              | 4.57,10                    | 491p |             |
| 200m rygg                             | 2.42,41                    | 395p |             |
| 200m bryst                            | 2.55,33                    | 452p |             |
| 100m butterfly                        | 1.14,52                    | 393p |             |



|                                      |                              |      |                        |
|--------------------------------------|------------------------------|------|------------------------|
| 200m IM                              | 2.37,32                      | 464p |                        |
| <b>21 Line Dybvig Andersen</b>       | <b>Kolbotn IL</b>            |      | <b>1795</b>            |
| 400m fri                             | 4.57,76                      | 488p |                        |
| 200m rygg                            | 2.40,52                      | 409p |                        |
| 200m bryst                           | 3.01,88                      | 405p |                        |
| 100m butterfly                       | 1.10,87                      | 457p |                        |
| 200m IM                              | 2.40,02                      | 441p |                        |
| <b>22 Bingying Liu</b>               | <b>Oslo IL</b>               |      | <b>1784</b>            |
| 400m fri                             | 5.03,46                      | 461p |                        |
| 200m rygg                            | 2.41,38                      | 403p |                        |
| 200m bryst                           | 2.54,20                      | 460p |                        |
| 100m butterfly                       | 1.15,40                      | 379p |                        |
| 200m IM                              | 2.43,32                      | 460p |                        |
| <b>23 Emilie Paus</b>                | <b>Oslo IL</b>               |      | <b>1765</b>            |
| 400m fri                             | 4.56,29                      | 495p |                        |
| 200m rygg                            | 2.37,10                      | 437p |                        |
| 200m bryst                           | 3.04,07                      | 390p |                        |
| 100m butterfly                       | 1.15,44                      | 379p |                        |
| 200m IM                              | 2.39,85                      | 443p |                        |
| <del><b>24 Andrea Sævareid</b></del> | <del><b>Kolbotn IL</b></del> |      | <del><b>1747</b></del> |
| 400m fri                             | 4.56,33                      | 495p |                        |
| 200m rygg                            | 2.43,46                      | 388p |                        |
| 200m bryst                           | 3.15,61                      | 325p |                        |
| 100m butterfly                       | 1.10,74                      | 460p |                        |
| 200m IM                              | 2.44,76                      | 404p |                        |
| <b>25 Caroline Phuong Trinh Tran</b> | <b>Asker SK</b>              |      | <b>1746</b>            |
| 400m fri                             | 4.57,69                      | 488p |                        |
| 200m rygg                            | 2.41,24                      | 404p |                        |
| 200m bryst                           | 3.00,63                      | 413p |                        |
| 100m butterfly                       | 1.19,25                      | 327p |                        |
| 200m IM                              | 2.40,02                      | 441p |                        |
| <b>Reserver</b>                      |                              |      |                        |
| <b>26 Vilde Husø Richardsen</b>      | <b>Lambertseter SK</b>       |      | <b>1731</b>            |
| 400m fri                             | 5.01,49                      | 470p |                        |
| 200m rygg                            | 2.37,71                      | 432p |                        |
| 200m bryst                           | 3.28,38                      | 269p |                        |
| 100m butterfly                       | 1.14,11                      | 430p |                        |
| 200m IM                              | 2.45,45                      | 399p |                        |
| <b>27 Marte Skolseg</b>              | <b>Gjøvik SK</b>             |      | <b>1724</b>            |
| 400m fri                             | 5.02,46                      | 466p |                        |
| 200m rygg                            | 2.41,05                      | 405p |                        |
| 200m bryst                           | 2.58,22                      | 430p |                        |
| 100m butterfly                       | 1.20,40                      | 313p |                        |
| 200m IM                              | 2.42,27                      | 423p |                        |



|   |                           |             |
|---|---------------------------|-------------|
| <b>28 Othelie Annette Høie</b>          | <b>Kongstensvømmerne</b>  | <b>1698</b> |
| 400m fri                                | 5.05,52 452p              |             |
| 200m rygg                               | 2.46,93 364p              |             |
| 200m bryst                              | 3.03,65 393p              |             |
| 100m butterfly                          | 1.12,99 418p              |             |
| 200m IM                                 | 2.40,75 435p              |             |
| <b>29 Nora Mo</b>                       | <b>Oslo IL</b>            | <b>1680</b> |
| 400m fri                                | 5.12,75 442p              |             |
| 200m rygg                               | 2.50,89 382p              |             |
| 200m bryst                              | 2.59,07 424p              |             |
| 100m butterfly                          | 1.14,87 388p              |             |
| 200m IM                                 | 2.41,93 426p              |             |
| <b>30 Julie Swensen</b>                 | <b>Ski SK</b>             | <b>1669</b> |
| 400m fri                                | 5.06,03 450p              |             |
| 200m rygg                               | 2.49,86 345p              |             |
| 200m bryst                              | 3.02,62 400p              |             |
| 100m butterfly                          | 1.13,95 402p              |             |
| 200m IM                                 | 2.43,01 417p              |             |
| <b>31 Bethina Imrik</b>                 | <b>Kongstensvømmerne</b>  | <b>1558</b> |
| 400m fri                                | 4.55,32 500p              |             |
| 200m rygg                               | 2.58,99 295p              |             |
| 200m bryst                              | 3.07,98 366p              |             |
| 100m butterfly                          | 1.20,61 310p              |             |
| 200m IM                                 | 2.47,91 382p              |             |
| <b>32 Ylva Wistum</b>                   | <b>Kolbotn IL</b>         | <b>1470</b> |
| 400m fri                                | 5.24,30 378p              |             |
| 200m rygg                               | 2.46,08 370p              |             |
| 200m bryst                              | 3.12,34 342p              |             |
| 100m butterfly                          | 1.21,03 329p              |             |
| 200m IM                                 | 2.48,15 380p              |             |
| <b>33 Kamilla Krsitin Vatvedt</b>       | <b>Lambertseter SK</b>    | <b>1466</b> |
| 400m fri                                | 5.21,88 386p              |             |
| 200m rygg                               | 2.45,53 373p              |             |
| 200m bryst                              | 3.13,50 336p              |             |
| 100m butterfly                          | 1.19,87 319p              |             |
| 200m IM                                 | 2.49,50 371p              |             |
| <b>34 Alma Kural Hansen</b>             | <b>Oslo IL</b>            | <b>1312</b> |
| 400m fri                                | 5.39,67 329p              |             |
| 200m rygg                               | 2.56,76 306p              |             |
| 200m bryst                              | 3.08,64 363p              |             |
| 100m butterfly                          | 1.22,88 286p              |             |
| 200m IM                                 | 2.59,13 314p              |             |
| <b>35 Lene Christine Saraby Johnsen</b> | <b>Lørenskog/Rælingen</b> | <b>1282</b> |
| 400m fri                                | 5.29,54 360p              |             |
| 200m rygg                               | 2.49,92 345p              |             |
| 200m bryst                              | 3.29,80 263p              |             |
| 100m butterfly                          | 1.37,44 176p              |             |
| 200m IM                                 | 2.59,11 314p              |             |

|  |         |      |             |
|--|---------|------|-------------|
| <b>36 Victoria Elisabeth F. Halvorsen Sarpsborg IL</b> |         |      | <b>1230</b> |
| 400m fri   | 5.40,79 | 325p |             |
| 200m rygg  | 2.55,59 | 313p |             |
| 200m bryst   | 3.25,96 | 278p |             |
| 100m butterfly   | 1.25,39 | 261p |             |
| 200m IM  | 2.59,23 | 314p |             |

|                         |                            |      |             |
|-------------------------|----------------------------|------|-------------|
| <b>37 Martine Hagen</b> | <b>Ullensakersvømmerne</b> |      | <b>1046</b> |
| 400m fri                | 5.55,81                    | 286p |             |
| 200m rygg               | 3.12,09                    | 239p |             |
| 200m bryst              | 3.38,24                    | 258p |             |
| 100m butterfly          | 1.34,19                    | 194p |             |
| 200m IM                 | 3.10,03                    | 263p |             |

## 2003

|                               |                |      |             |
|-------------------------------|----------------|------|-------------|
| <b>1 Malena Amelie Lirken</b> | <b>Oslo IL</b> |      | <b>2155</b> |
| 400m fri                      | 4.42,62        | 571p |             |
| 200m rygg                     | 2.29,20        | 510p |             |
| 200m bryst                    | 2.42,95        | 563p |             |
| 100m butterfly                | 1.13,60        | 408p |             |
| 200m IM                       | 2.32,40        | 511p |             |

|                          |                     |      |             |
|--------------------------|---------------------|------|-------------|
| <b>2 Marie Søfteland</b> | <b>Sarpsborg IL</b> |      | <b>2141</b> |
| 400m fri                 | 4.42,54             | 571p |             |
| 200m rygg                | 2.31,71             | 485p |             |
| 200m bryst               | 2.47,17             | 521p |             |
| 100m butterfly           | 1.08,50             | 506p |             |
| 200m IM                  | 2.29,31             | 543p |             |

|                         |                        |      |             |
|-------------------------|------------------------|------|-------------|
| <b>3 Uljana Gorlova</b> | <b>Lambertseter SK</b> |      | <b>2090</b> |
| 400m fri                | 4.42,15                | 574p |             |
| 200m rygg               | 2.35,97                | 446p |             |
| 200m bryst              | 2.50,70                | 541p |             |
| 100m butterfly          | 1.11,57                | 444p |             |
| 200m IM                 | 2.35,96                | 529p |             |

|                          |                          |      |             |
|--------------------------|--------------------------|------|-------------|
| <b>4 Mia Gulbrandsen</b> | <b>Kongstensvømmerne</b> |      | <b>2067</b> |
| 400m fri                 | 4.44,51                  | 560p |             |
| 200m rygg                | 2.32,31                  | 479p |             |
| 200m bryst               | 2.59,07                  | 424p |             |
| 100m butterfly           | 1.08,30                  | 511p |             |
| 200m IM                  | 2.31,78                  | 517p |             |

|                          |                |      |             |
|--------------------------|----------------|------|-------------|
| <b>5 Julie Fornasari</b> | <b>Oslo IL</b> |      | <b>2033</b> |
| 400m fri                 | 4.39,72        | 589p |             |
| 200m rygg                | 2.30,15        | 500p |             |
| 200m bryst               | 2.54,52        | 458p |             |
| 100m butterfly           | 1.14,58        | 392p |             |
| 200m IM                  | 2.34,95        | 486p |             |

|                                      |                        |             |
|--------------------------------------|------------------------|-------------|
| <b>6 Silje Jahr</b>                  | <b>Lambertseter SK</b> | <b>2006</b> |
| 400m fri                             | 4.50,85 524p           |             |
| 200m rygg                            | 2.29,31 509p           |             |
| 200m bryst                           | 2.51,17 485p           |             |
| 100m butterfly                       | 1.09,34 488p           |             |
| 200m IM                              | 2.35,04 485p           |             |
| <b>7 Ella Magnussen</b>              | <b>Asker SK</b>        | <b>1916</b> |
| 400m fri                             | 4.42,19 574p           |             |
| 200m rygg                            | 2.29,68 505p           |             |
| 200m bryst                           | 3.09,80 356p           |             |
| 100m butterfly                       | 1.15,71 375p           |             |
| 200m IM                              | 2.37,62 462p           |             |
| <b>8 Tia Sauthon</b>                 | <b>Bærumsvømmerne</b>  | <b>1830</b> |
| 400m fri                             | 5.01,50 470p           |             |
| 200m rygg                            | 2.36,02 446p           |             |
| 200m bryst                           | 2.57,60 435p           |             |
| 100m butterfly                       | 1.11,04 454p           |             |
| 200m IM                              | 2.37,76 460p           |             |
| <b>9 Nora Rindahl Misund</b>         | <b>Haldens SK</b>      | <b>1803</b> |
| 400m fri                             | 5.05,15 453p           |             |
| 200m rygg                            | 2.29,83 503p           |             |
| 200m bryst                           | 3.02,16 403p           |             |
| 100m butterfly                       | 1.21,77 320p           |             |
| 200m IM                              | 2.39,62 444p           |             |
| <b>10 Julia Gjøen Sandberg</b>       | <b>Lambertseter SK</b> | <b>1785</b> |
| 400m fri                             | 4.57,72 488p           |             |
| 200m rygg                            | 2.41,02 457p           |             |
| 200m bryst                           | 3.05,96 378p           |             |
| 100m butterfly                       | 1.14,58 392p           |             |
| 200m IM                              | 2.39,17 448p           |             |
| <b>11 Klara Eriksson</b>             | <b>Bærumsvømmerne</b>  | <b>1773</b> |
| 400m fri                             | 5.02,02 468p           |             |
| 200m rygg                            | 2.32,49 478p           |             |
| 200m bryst                           | 3.16,90 319p           |             |
| 100m butterfly                       | 1.14,30 397p           |             |
| 200m IM                              | 2.41,45 430p           |             |
| <b>12 Malene Johanne Høgberg</b>     | <b>Lambertseter SK</b> | <b>1722</b> |
| 400m fri                             | 4.58,45 485p           |             |
| 200m rygg                            | 2.47,87 358p           |             |
| 200m bryst                           | 3.14,19 332p           |             |
| 100m butterfly                       | 1.12,81 454p           |             |
| 200m IM                              | 2.42,05 425p           |             |
| <b>13 Thea Amalie Aksmo Svendsby</b> | <b>Haldens SK</b>      | <b>1707</b> |
| 400m fri                             | 5.07,52 443p           |             |
| 200m rygg                            | 2.42,00 398p           |             |
| 200m bryst                           | 3.07,97 366p           |             |
| 100m butterfly                       | 1.13,45 442p           |             |
| 200m IM                              | 2.42,17 424p           |             |

|                                     |                           |      |             |
|-------------------------------------|---------------------------|------|-------------|
| <b>14 Marie Hellberg Munthe</b>     | <b>Ås IL</b>              |      | <b>1706</b> |
| 400m fri                            | 4.55,02                   | 502p |             |
| 200m rygg                           | 2.42,47                   | 395p |             |
| 200m bryst                          | 3.20,08                   | 304p |             |
| 100m butterfly                      | 1.13,49                   | 410p |             |
| 200m IM                             | 2.45,45                   | 399p |             |
| <b>15 Madeleine Wold</b>            | <b>SK Speed</b>           |      | <b>1662</b> |
| 400m fri                            | 4.59,92                   | 478p |             |
| 200m rygg                           | 2.49,98                   | 388p |             |
| 200m bryst                          | 3.07,29                   | 370p |             |
| 100m butterfly                      | 1.18,76                   | 333p |             |
| 200m IM                             | 2.41,86                   | 426p |             |
| <b>16 Aleksandra Alnes</b>          | <b>Kolbotn IL</b>         |      | <b>1649</b> |
| 400m fri                            | 5.11,96                   | 424p |             |
| 200m rygg                           | 2.38,21                   | 428p |             |
| 200m bryst                          | 3.20,92                   | 300p |             |
| 100m butterfly                      | 1.14,24                   | 398p |             |
| 200m IM                             | 2.45,52                   | 399p |             |
| <b>17 Aurora Gaarder Ekhall</b>     | <b>Lørenskog/Rælingen</b> |      | <b>1644</b> |
| 400m fri                            | 4.54,04                   | 507p |             |
| 200m rygg                           | 2.36,33                   | 443p |             |
| 200m bryst                          | 3.19,00                   | 309p |             |
| 100m butterfly                      | 1.23,32                   | 281p |             |
| 200m IM                             | 2.47,37                   | 385p |             |
| <b>18 Ingrid Vie</b>                | <b>Elverum Svømming</b>   |      | <b>1626</b> |
| 400m fri                            | 4.53,48                   | 510p |             |
| 200m rygg                           | 2.37,11                   | 437p |             |
| 200m bryst                          | 3.32,73                   | 253p |             |
| 100m butterfly                      | 1.20,81                   | 308p |             |
| 200m IM                             | 2.49,44                   | 371p |             |
| <b>19 Martine Myhrer Abrahamsen</b> | <b>Skjetten Svømming</b>  |      | <b>1610</b> |
| 400m fri                            | 4.57,64                   | 489p |             |
| 200m rygg                           | 2.54,43                   | 319p |             |
| 200m bryst                          | 3.10,38                   | 353p |             |
| 100m butterfly                      | 1.16,28                   | 366p |             |
| 200m IM                             | 2.44,99                   | 402p |             |
| <b>19 Charlotte Hansen</b>          | <b>Lambertseter SK</b>    |      | <b>1610</b> |
| 400m fri                            | 5.06,21                   | 449p |             |
| 200m rygg                           | 2.42,89                   | 392p |             |
| 200m bryst                          | 3.14,71                   | 330p |             |
| 100m butterfly                      | 1.16,06                   | 370p |             |
| 200m IM                             | 2.45,51                   | 399p |             |
| <b>21 Una Borchgrevink</b>          | <b>Bærumsvømmerne</b>     |      | <b>1607</b> |
| 400m fri                            | 5.13,02                   | 420p |             |
| 200m rygg                           | 2.42,06                   | 398p |             |
| 200m bryst                          | 3.09,07                   | 360p |             |
| 100m butterfly                      | 1.17,70                   | 347p |             |
| 200m IM                             | 2.41,50                   | 429p |             |

|                                     |                          |             |
|-------------------------------------|--------------------------|-------------|
| <b>22 Eline Lund-Fuhre</b>          | <b>Skjetten Svømming</b> | <b>1601</b> |
| 400m fri                            | 5.09,14 458p             |             |
| 200m rygg                           | 2.47,30 407p             |             |
| 200m bryst                          | 3.11,83 345p             |             |
| 100m butterfly                      | 1.27,18 245p             |             |
| 200m IM                             | 2.52,45 391p             |             |
| <b>22 Hilja Lydia Stering</b>       | <b>SK Speed</b>          | <b>1601</b> |
| 400m fri                            | 5.05,66 451p             |             |
| 200m rygg                           | 2.51,03 338p             |             |
| 200m bryst                          | 2.58,10 431p             |             |
| 100m butterfly                      | 1.24,00 274p             |             |
| 200m IM                             | 2.48,06 381p             |             |
| <b>24 Amanda Fjellstad</b>          | <b>Haldens SK</b>        | <b>1596</b> |
| 400m fri                            | 5.05,99 450p             |             |
| 200m rygg                           | 2.44,55 380p             |             |
| 200m bryst                          | 3.11,58 346p             |             |
| 100m butterfly                      | 1.15,28 381p             |             |
| 200m IM                             | 2.47,41 385p             |             |
| <b>Reserver</b>                     |                          |             |
| <b>25 Martine Victoria Børresen</b> | <b>Lambertseter SK</b>   | <b>1575</b> |
| 400m fri                            | 5.03,98 459p             |             |
| 200m rygg                           | 2.40,77 407p             |             |
| 200m bryst                          | 3.19,45 307p             |             |
| 100m butterfly                      | 1.18,87 331p             |             |
| 200m IM                             | 2.48,43 378p             |             |
| <b>26 Vårin Hagesæter</b>           | <b>Skjetten Svømming</b> | <b>1573</b> |
| 400m fri                            | 5.07,06 445p             |             |
| 200m rygg                           | 2.48,02 357p             |             |
| 200m bryst                          | 3.03,68 393p             |             |
| 100m butterfly                      | 1.20,73 309p             |             |
| 200m IM                             | 2.48,53 378p             |             |
| <b>27 Sita Nayee</b>                | <b>Kongstensvømmerne</b> | <b>1542</b> |
| 400m fri                            | 5.08,92 437p             |             |
| 200m rygg                           | 2.50,14 344p             |             |
| 200m bryst                          | 3.07,02 372p             |             |
| 100m butterfly                      | 1.19,84 320p             |             |
| 200m IM                             | 2.46,85 389p             |             |
| <b>28 Thelma Olea Gaarder</b>       | <b>Gjelleråsen IF</b>    | <b>1396</b> |
| 400m fri                            | 5.17,15 404p             |             |
| 200m rygg                           | 2.56,84 306p             |             |
| 200m bryst                          | 3.10,34 353p             |             |
| 100m butterfly                      | 1.26,60 250p             |             |
| 200m IM                             | 2.55,64 333p             |             |

|                                    |                            |             |
|------------------------------------|----------------------------|-------------|
| <b>29 Margrethe Hammerseth</b>     | <b>Ullensakersvømmerne</b> | <b>1389</b> |
| 400m fri                           | 5.27,48 367p               |             |
| 200m rygg                          | 2.50,32 343p               |             |
| 200m bryst                         | 3.16,20 322p               |             |
| 100m butterfly                     | 1.20,70 309p               |             |
| 200m IM                            | 2.51,65 357p               |             |
| <b>30 Elisabeth P. Gulbrandsen</b> | <b>Lørenskog/Rælingen</b>  | <b>1380</b> |
| 400m fri                           | 5.21,60 387p               |             |
| 200m rygg                          | 2.49,80 346p               |             |
| 200m bryst                         | 3.22,22 294p               |             |
| 100m butterfly                     | 1.21,53 300p               |             |
| 200m IM                            | 2.53,25 347p               |             |
| <b>31 Amanda Kurd Rønning</b>      | <b>Lambertseter SK</b>     | <b>1373</b> |
| 400m fri                           | 5.14,87 413p               |             |
| 200m rygg                          | 2.55,85 311p               |             |
| 200m bryst                         | 3.18,25 312p               |             |
| 100m butterfly                     | 1.24,69 268p               |             |
| 200m IM                            | 2.55,00 337p               |             |
| <b>32 Inger-Marie Lynes Nordli</b> | <b>Lambertseter SK</b>     | <b>1366</b> |
| 400m fri                           | 5.31,30 354p               |             |
| 200m rygg                          | 2.53,06 327p               |             |
| 200m bryst                         | 3.09,99 355p               |             |
| 100m butterfly                     | 1.30,58 219p               |             |
| 200m IM                            | 3.02,54 330p               |             |
| <b>33 Christina Bjørkheim</b>      | <b>Kolbotn IL</b>          | <b>1349</b> |
| 400m fri                           | 5.18,02 401p               |             |
| 200m rygg                          | 2.48,96 351p               |             |
| 200m bryst                         | 3.38,08 259p               |             |
| 100m butterfly                     | 1.25,76 258p               |             |
| 200m IM                            | 2.54,77 338p               |             |
| <b>34 Elisabeth Shi</b>            | <b>Oslo IL</b>             | <b>1321</b> |
| 400m fri                           | 5.35,52 341p               |             |
| 200m rygg                          | 2.50,12 344p               |             |
| 200m bryst                         | 3.24,93 283p               |             |
| 100m butterfly                     | 1.26,00 256p               |             |
| 200m IM                            | 2.52,41 353p               |             |
| <b>35 Johanne Lovise Wiig</b>      | <b>Sarpsborg IL</b>        | <b>1285</b> |
| 400m fri                           | 5.18,62 398p               |             |
| 200m rygg                          | 3.07,14 258p               |             |
| 200m bryst                         | 3.20,02 304p               |             |
| 100m butterfly                     | 1.26,74 249p               |             |
| 200m IM                            | 2.57,16 325p               |             |
| <b>36 Mariem Mezari</b>            | <b>Oslo IL</b>             | <b>1209</b> |
| 400m fri                           | 5.48,80 319p               |             |
| 200m rygg                          | 3.03,06 311p               |             |
| 200m bryst                         | 3.26,51 276p               |             |
| 100m butterfly                     | 1.36,01 184p               |             |
| 200m IM                            | 3.07,78 303p               |             |

|  |                            |             |
|--|----------------------------|-------------|
| <b>37 Ieva Valentinaite</b>            | <b>Ullensakersvømmerne</b> | <b>1125</b> |
| 400m fri                               | 6.06,75 274p               |             |
| 200m rygg                              | 3.01,65 282p               |             |
| 200m bryst                             | 3.31,36 285p               |             |
| 100m butterfly                         | 1.37,38 176p               |             |
| 200m IM                                | 3.11,87 284p               |             |
| <b>38 Marie Amalie Keyser Skofteby</b> | <b>Kongstensvømmerne</b>   | <b>878</b>  |
| 400m fri                               | 6.11,91 250p               |             |
| 200m rygg                              | 3.27,90 188p               |             |
| 200m bryst                             | 3.40,58 227p               |             |
| 100m butterfly                         | 1.45,11 140p               |             |
| 200m IM                                | 3.23,88 213p               |             |
| <b>39 Chloe Sophia Enriquez</b>        | <b>Oslo IL</b>             | <b>817</b>  |
| 400m fri                               | 6.51,50 185p               |             |
| 200m rygg                              | 3.14,29 231p               |             |
| 200m bryst                             | 3.58,37 198p               |             |
| 100m butterfly                         | 1.47,46 131p               |             |
| 200m IM                                | 3.27,22 203p               |             |
| <b>40 Henriette Arntsen</b>            | <b>Ullensakersvømmerne</b> | <b>800</b>  |
| 400m fri                               | 6.18,72 237p               |             |
| 200m rygg                              | 3.19,39 213p               |             |
| 200m bryst                             | 4.02,48 170p               |             |
| 100m butterfly                         | 1.56,76 102p               |             |
| 200m IM                                | 3.35,52 180p               |             |

## 2004

|                                     |                          |             |
|-------------------------------------|--------------------------|-------------|
| <b>1 Caroline M. Thingberg-Engø</b> | <b>Lambertseter SK</b>   | <b>2081</b> |
| 400m fri                            | 4.43,79 564p             |             |
| 200m rygg                           | 2.33,68 466p             |             |
| 200m bryst                          | 2.54,49 458p             |             |
| 100m butterfly                      | 1.07,66 525p             |             |
| 200m IM                             | 2.30,91 526p             |             |
| <b>2 Emilie Otterhaug</b>           | <b>Asker SK</b>          | <b>2019</b> |
| 400m fri                            | 4.52,60 514p             |             |
| 200m rygg                           | 2.27,83 524p             |             |
| 200m bryst                          | 2.53,70 464p             |             |
| 100m butterfly                      | 1.12,62 425p             |             |
| 200m IM                             | 2.31,83 517p             |             |
| <b>3 Mari Moen</b>                  | <b>Skjetten Svømming</b> | <b>1829</b> |
| 400m fri                            | 4.55,89 497p             |             |
| 200m rygg                           | 2.37,81 431p             |             |
| 200m bryst                          | 2.55,92 447p             |             |
| 100m butterfly                      | 1.17,44 350p             |             |
| 200m IM                             | 2.38,51 454p             |             |

|           |                                    |                          |             |
|-----------|------------------------------------|--------------------------|-------------|
| <b>4</b>  | <b>Juliane Lindgaard Kjeldseth</b> | <b>Oslo IL</b>           | <b>1737</b> |
|           | 400m fri                           | 5.01,55                  | 470p        |
|           | 200m rygg                          | 2.47,87                  | 403p        |
|           | 200m bryst                         | 2.59,65                  | 420p        |
|           | 100m butterfly                     | 1.12,27                  | 431p        |
|           | 200m IM                            | 2.43,16                  | 416p        |
| <b>5</b>  | <b>Uma Park Bhasin</b>             | <b>Oslo IL</b>           | <b>1734</b> |
|           | 400m fri                           | 5.07,34                  | 444p        |
|           | 200m rygg                          | 2.37,79                  | 431p        |
|           | 200m bryst                         | 3.00,00                  | 417p        |
|           | 100m butterfly                     | 1.12,98                  | 418p        |
|           | 200m IM                            | 2.40,06                  | 441p        |
| <b>6</b>  | <b>Michelle Piolin Hansen</b>      | <b>SK Speed</b>          | <b>1725</b> |
|           | 400m fri                           | 5.00,35                  | 476p        |
|           | 200m rygg                          | 2.46,00                  | 370p        |
|           | 200m bryst                         | 3.01,07                  | 453p        |
|           | 100m butterfly                     | 1.19,03                  | 329p        |
|           | 200m IM                            | 2.41,89                  | 426p        |
| <b>7</b>  | <b>Sina Ingedotter Øyen</b>        | <b>Elverum Svømming</b>  | <b>1602</b> |
|           | 400m fri                           | 5.04,37                  | 457p        |
|           | 200m rygg                          | 2.41,14                  | 405p        |
|           | 200m bryst                         | 3.09,85                  | 356p        |
|           | 100m butterfly                     | 1.28,97                  | 231p        |
|           | 200m IM                            | 2.47,58                  | 384p        |
| <b>8</b>  | <b>Malak Boukili</b>               | <b>SK Speed</b>          | <b>1597</b> |
|           | 400m fri                           | 5.07,77                  | 442p        |
|           | 200m rygg                          | 2.44,09                  | 383p        |
|           | 200m bryst                         | 3.05,40                  | 382p        |
|           | 100m butterfly                     | 1.26,98                  | 247p        |
|           | 200m IM                            | 2.46,79                  | 390p        |
| <b>9</b>  | <b>Wilhemina Knutsen</b>           | <b>SK Speed</b>          | <b>1530</b> |
|           | 400m fri                           | 5.12,51                  | 422p        |
|           | 200m rygg                          | 2.49,03                  | 350p        |
|           | 200m bryst                         | 3.04,73                  | 386p        |
|           | 100m butterfly                     | 1.22,13                  | 293p        |
|           | 200m IM                            | 2.49,43                  | 372p        |
| <b>10</b> | <b>Eva Isabel Erbe</b>             | <b>SK Speed</b>          | <b>1523</b> |
|           | 400m fri                           | 5.25,03                  | 375p        |
|           | 200m rygg                          | 2.49,57                  | 347p        |
|           | 200m bryst                         | 3.02,65                  | 399p        |
|           | 100m butterfly                     | 1.30,24                  | 221p        |
|           | 200m IM                            | 2.45,11                  | 402p        |
| <b>11</b> | <b>Aurora Kjensli</b>              | <b>Skjetten Svømming</b> | <b>1503</b> |
|           | 400m fri                           | 5.19,67                  | 394p        |
|           | 200m rygg                          | 2.50,58                  | 341p        |
|           | 200m bryst                         | 3.03,47                  | 394p        |
|           | 100m butterfly                     | 1.18,18                  | 340p        |
|           | 200m IM                            | 2.49,11                  | 374p        |



|                                      |                          |             |
|--------------------------------------|--------------------------|-------------|
| <b>12 Jeanette Svan Østgård</b>      | <b>Kolbotn IL</b>        | <b>1498</b> |
| 400m fri                             | 5.13,96 416p             |             |
| 200m rygg                            | 2.48,87 351p             |             |
| 200m bryst                           | 3.11,40 347p             |             |
| 100m butterfly                       | 1.21,00 306p             |             |
| 200m IM                              | 2.47,63 384p             |             |
| <b>13 Gwen Bergum</b>                | <b>Skjetten Svømming</b> | <b>1495</b> |
| 400m fri                             | 5.16,09 408p             |             |
| 200m rygg                            | 2.49,31 349p             |             |
| 200m bryst                           | 3.07,76 368p             |             |
| 100m butterfly                       | 1.25,92 256p             |             |
| 200m IM                              | 2.49,73 370p             |             |
| <b>14 Olivia Kjellberg</b>           | <b>Kolbotn IL</b>        | <b>1483</b> |
| 400m fri                             | 5.17,77 401p             |             |
| 200m rygg                            | 2.45,95 370p             |             |
| 200m bryst                           | 3.14,48 331p             |             |
| 100m butterfly                       | 1.25,08 284p             |             |
| 200m IM                              | 2.48,04 381p             |             |
| <b>15 Enya Ross Bustgaard</b>        | <b>Lambertseter SK</b>   | <b>1481</b> |
| 400m fri                             | 5.21,17 389p             |             |
| 200m rygg                            | 2.42,51 394p             |             |
| 200m bryst                           | 3.23,20 290p             |             |
| 100m butterfly                       | 1.20,23 315p             |             |
| 200m IM                              | 2.47,66 383p             |             |
| <b>16 Frida Stretre Løbersli</b>     | <b>Skjetten Svømming</b> | <b>1444</b> |
| 400m fri                             | 5.16,78 405p             |             |
| 200m rygg                            | 2.47,95 357p             |             |
| 200m bryst                           | 3.17,17 317p             |             |
| 100m butterfly                       | 1.20,12 316p             |             |
| 200m IM                              | 2.50,50 365p             |             |
| <b>17 Anna Grape</b>                 | <b>Bærumsvømmerne</b>    | <b>1431</b> |
| 400m fri                             | 5.16,65 406p             |             |
| 200m rygg                            | 2.49,71 346p             |             |
| 200m bryst                           | 3.16,85 319p             |             |
| 100m butterfly                       | 1.22,84 286p             |             |
| 200m IM                              | 2.51,16 360p             |             |
| <b>18 Kathinka Marie H. Hartvedt</b> | <b>Oslo IL</b>           | <b>1428</b> |
| 400m fri                             | 5.18,73 398p             |             |
| 200m rygg                            | 2.43,44 388p             |             |
| 200m bryst                           | 3.20,91 300p             |             |
| 100m butterfly                       | 1.28,04 257p             |             |
| 200m IM                              | 2.54,09 342p             |             |
| <b>19 Helena Eshagi</b>              | <b>Hamar IL</b>          | <b>1425</b> |
| 400m fri                             | 5.30,64 356p             |             |
| 200m rygg                            | 2.54,58 318p             |             |
| 200m bryst                           | 3.02,76 399p             |             |
| 100m butterfly                       | 1.32,03 208p             |             |
| 200m IM                              | 2.52,43 352p             |             |

|                                       |                          |             |
|---------------------------------------|--------------------------|-------------|
| <b>20 Emma Mathilde R Erve</b>        | <b>Bærumsvømmerne</b>    | <b>1416</b> |
| 400m fri                              | 5.24,03 398p             |             |
| 200m rygg                             | 2.55,60 313p             |             |
| 200m bryst                            | 3.12,86 339p             |             |
| 100m butterfly                        | 1.18,58 335p             |             |
| 200m IM                               | 2.59,94 344p             |             |
| <b>20 Mia Itzchaki-Fransson</b>       | <b>Lambertseter SK</b>   | <b>1416</b> |
| 400m fri                              | 5.28,25 364p             |             |
| 200m rygg                             | 2.54,07 321p             |             |
| 200m bryst                            | 3.10,68 351p             |             |
| 100m butterfly                        | 1.17,76 346p             |             |
| 200m IM                               | 2.52,06 355p             |             |
| <b>22 Mia Olsen</b>                   | <b>Kongstensvømmerne</b> | <b>1415</b> |
| 400m fri                              | 5.13,70 417p             |             |
| 200m rygg                             | 2.56,33 309p             |             |
| 200m bryst                            | 3.16,85 319p             |             |
| 100m butterfly                        | 1.20,77 309p             |             |
| 200m IM                               | 2.49,68 370p             |             |
| <b>23 Kristina Ingvaldsen Karlsen</b> | <b>SK Speed</b>          | <b>1411</b> |
| 400m fri                              | 5.26,61 370p             |             |
| 200m rygg                             | 2.44,65 379p             |             |
| 200m bryst                            | 3.21,65 328p             |             |
| 100m butterfly                        | 1.27,95 239p             |             |
| 200m IM                               | 2.55,47 334p             |             |
| <b>24 Louise Sollie</b>               | <b>Gjelleråsen IF</b>    | <b>1365</b> |
| 400m fri                              | 5.35,71 340p             |             |
| 200m rygg                             | 2.55,62 312p             |             |
| 200m bryst                            | 3.07,15 371p             |             |
| 100m butterfly                        | 1.44,83 141p             |             |
| 200m IM                               | 2.54,12 342p             |             |
| <b>Reserver</b>                       |                          |             |
| <b>25 Eline Søvting Svarstad</b>      | <b>Elverum Svømming</b>  | <b>1348</b> |
| 400m fri                              | 5.24,67 376p             |             |
| 200m rygg                             | 2.52,38 330p             |             |
| 200m bryst                            | 3.21,03 299p             |             |
| 100m butterfly                        | 1.22,42 290p             |             |
| 200m IM                               | 2.53,94 343p             |             |
| <b>26 Rebekka Kjelsrud</b>            | <b>Toten SK</b>          | <b>1326</b> |
| 400m fri                              | 5.27,21 368p             |             |
| 200m rygg                             | 2.48,47 354p             |             |
| 200m bryst                            | 3.21,18 299p             |             |
| 100m butterfly                        | 1.22,41 290p             |             |
| 200m IM                               | 3.00,87 305p             |             |

|                                   |                          |             |
|-----------------------------------|--------------------------|-------------|
| <b>27 Mathea Nerland Vælitalo</b> | <b>Asker SK</b>          | <b>1307</b> |
| 400m fri                          | 5.23,38 381p             |             |
| 200m rygg                         | 2.55,24 314p             |             |
| 200m bryst                        | 3.25,07 282p             |             |
| 100m butterfly                    | 1.26,77 249p             |             |
| 200m IM                           | 2.56,22 330p             |             |
| <b>28 Elise Sveen-Bratvold</b>    | <b>Elverum Svømming</b>  | <b>1291</b> |
| 400m fri                          | 5.28,97 362p             |             |
| 200m rygg                         | 2.59,07 295p             |             |
| 200m bryst                        | 3.17,16 317p             |             |
| 100m butterfly                    | 1.28,12 238p             |             |
| 200m IM                           | 2.58,60 317p             |             |
| <b>29 Vilde Bakken</b>            | <b>Toten SK</b>          | <b>1284</b> |
| 400m fri                          | 5.32,78 349p             |             |
| 200m rygg                         | 2.53,34 325p             |             |
| 200m bryst                        | 3.25,17 282p             |             |
| 100m butterfly                    | 1.22,41 290p             |             |
| 200m IM                           | 2.57,99 320p             |             |
| <b>30 Celine Bakke Bassøe</b>     | <b>Lambertseter SK</b>   | <b>1271</b> |
| 400m fri                          | 5.29,69 359p             |             |
| 200m rygg                         | 2.55,94 311p             |             |
| 200m bryst                        | 3.25,42 281p             |             |
| 100m butterfly                    | 1.23,72 277p             |             |
| 200m IM                           | 2.58,02 320p             |             |
| <b>31 Nora Hansen-Bergli</b>      | <b>Skjetten Svømming</b> | <b>1264</b> |
| 400m fri                          | 5.44,75 314p             |             |
| 200m rygg                         | 2.52,76 328p             |             |
| 200m bryst                        | 3.18,25 312p             |             |
| 100m butterfly                    | 1.24,98 265p             |             |
| 200m IM                           | 2.59,95 310p             |             |
| <b>32 Caroline Greaker Sollie</b> | <b>Ås IL</b>             | <b>1151</b> |
| 400m fri                          | 5.37,52 335p             |             |
| 200m rygg                         | 2.48,04 357p             |             |
| 200m bryst                        | 3.50,24 199p             |             |
| 100m butterfly                    | 1.42,04 153p             |             |
| 200m IM                           | 3.10,78 260p             |             |
| <b>33 Erika Storo Dahl</b>        | <b>Skjetten Svømming</b> | <b>1145</b> |
| 400m fri                          | 5.45,19 313p             |             |
| 200m rygg                         | 3.07,69 256p             |             |
| 200m bryst                        | 3.20,98 300p             |             |
| 100m butterfly                    | 1.40,66 159p             |             |
| 200m IM                           | 3.07,01 276p             |             |
| <b>34 Ragnhild Marie Hildre</b>   | <b>Kolbotn IL</b>        | <b>1136</b> |
| 400m fri                          | 5.33,19 348p             |             |
| 200m rygg                         | 3.15,33 227p             |             |
| 200m bryst                        | 3.25,62 280p             |             |
| 100m butterfly                    | 1.32,83 203p             |             |
| 200m IM                           | 3.06,01 281p             |             |

|                                      |                            |             |
|--------------------------------------|----------------------------|-------------|
| <b>35 Mathilde Sørлие</b>            | <b>Kolbotn IL</b>          | <b>1087</b> |
| 400m fri                             | 5.42,33 321p               |             |
| 200m rygg                            | 3.04,79 268p               |             |
| 200m bryst                           | 3.34,20 247p               |             |
| 100m butterfly                       | 1.34,41 193p               |             |
| 200m IM                              | 3.13,02 251p               |             |
| <b>36 Nicoline Tønder-Keul</b>       | <b>Lørenskog/Rælingen</b>  | <b>1059</b> |
| 400m fri                             | 6.02,56 270p               |             |
| 200m rygg                            | 3.08,23 254p               |             |
| 200m bryst                           | 3.28,89 267p               |             |
| 100m butterfly                       | 1.34,89 190p               |             |
| 200m IM                              | 3.08,81 268p               |             |
| <b>37 Julianne Sandal Søbakk</b>     | <b>Ullensakersvømmerne</b> | <b>1022</b> |
| 400m fri                             | 6.06,04 262p               |             |
| 200m rygg                            | 3.08,08 254p               |             |
| 200m bryst                           | 3.34,08 248p               |             |
| 100m butterfly                       | 1.40,24 161p               |             |
| 200m IM                              | 3.11,24 258p               |             |
| <b>38 Mari Eldegard Heie</b>         | <b>Ås IL</b>               | <b>1002</b> |
| 400m fri                             | 6.03,04 269p               |             |
| 200m rygg                            | 3.10,90 243p               |             |
| 200m bryst                           | 3.32,60 253p               |             |
| 100m butterfly                       | 1.57,19 101p               |             |
| 200m IM                              | 3.16,89 237p               |             |
| <b>39 Tomine Aamodt</b>              | <b>Ullensakersvømmerne</b> | <b>922</b>  |
| 400m fri                             | 5.59,73 277p               |             |
| 200m rygg                            | 3.17,87 218p               |             |
| 200m bryst                           | 3.47,30 207p               |             |
| 100m butterfly                       | 2.08,12 77p                |             |
| 200m IM                              | 3.21,67 220p               |             |
| <b>40 Maja Rogn Aulie</b>            | <b>Ullensakersvømmerne</b> | <b>913</b>  |
| 400m fri                             | 6.07,85 259p               |             |
| 200m rygg                            | 3.12,19 238p               |             |
| 200m bryst                           | 3.49,32 202p               |             |
| 100m butterfly                       | 1.49,13 125p               |             |
| 200m IM                              | 3.23,70 214p               |             |
| <b>41 Ylva Eiriksdóttir</b>          | <b>Kongstensvømmerne</b>   | <b>726</b>  |
| 400m fri                             | 6.32,15 213p               |             |
| 200m rygg                            | 3.37,24 165p               |             |
| 200m bryst                           | 4.00,53 175p               |             |
| 100m butterfly                       | 1.50,39 121p               |             |
| 200m IM                              | 3.45,99 173p               |             |
| <b>42 Linn Victoria Eufemia Hess</b> | <b>Oslo IL</b>             | <b>595</b>  |
| 400m fri                             | 6.26,38 223p               |             |
| 200m rygg                            | 3.51,50 136p               |             |
| 200m bryst                           | 4.40,63 110p               |             |
| 100m butterfly                       | 1.57,69 99p                |             |
| 200m IM                              | 4.02,55 126p               |             |



## 2005

|          |                                |                          |             |
|----------|--------------------------------|--------------------------|-------------|
| <b>1</b> | <b>Rana Wild-ali</b>           | <b>SK Speed</b>          | <b>1467</b> |
|          | 400m fri                       | 5.11,61 426p             |             |
|          | 200m rygg                      | 2.39,77 415p             |             |
|          | 200m bryst                     | 3.46,98 208p             |             |
|          | 100m butterfly                 | 1.18,13 341p             |             |
|          | 200m IM                        | 3.05,11 285p             |             |
| <b>2</b> | <b>Lona Gulbrandsen</b>        | <b>Kongstensvømmerne</b> | <b>1455</b> |
|          | 400m fri                       | 5.12,38 423p             |             |
|          | 200m rygg                      | 2.47,64 359p             |             |
|          | 200m bryst                     | 3.19,17 308p             |             |
|          | 100m butterfly                 | 1.19,81 320p             |             |
|          | 200m IM                        | 2.52,40 353p             |             |
| <b>3</b> | <b>Anastasija Stepanova</b>    | <b>Christiania SK</b>    | <b>1442</b> |
|          | 400m fri                       | 5.23,93 379p             |             |
|          | 200m rygg                      | 2.49,37 348p             |             |
|          | 200m bryst                     | 3.15,01 362p             |             |
|          | 100m butterfly                 | 1.29,05 230p             |             |
|          | 200m IM                        | 2.52,35 353p             |             |
| <b>4</b> | <b>Mina Mai Linh Khuu</b>      | <b>Lambertseter SK</b>   | <b>1425</b> |
|          | 400m fri                       | 5.29,25 361p             |             |
|          | 200m rygg                      | 2.55,09 315p             |             |
|          | 200m bryst                     | 3.05,08 384p             |             |
|          | 100m butterfly                 | 1.22,68 288p             |             |
|          | 200m IM                        | 2.50,47 365p             |             |
| <b>5</b> | <b>Rosa Branca Lopes</b>       | <b>Lambertseter SK</b>   | <b>1386</b> |
|          | 400m fri                       | 5.28,96 362p             |             |
|          | 200m rygg                      | 2.53,38 325p             |             |
|          | 200m bryst                     | 3.12,88 339p             |             |
|          | 100m butterfly                 | 1.21,50 300p             |             |
|          | 200m IM                        | 2.51,28 360p             |             |
| <b>6</b> | <b>Emilie Alexandra Hagen</b>  | <b>Elverum Svømming</b>  | <b>1261</b> |
|          | 400m fri                       | 5.27,50 367p             |             |
|          | 200m rygg                      | 2.56,46 308p             |             |
|          | 200m bryst                     | 3.25,55 280p             |             |
|          | 100m butterfly                 | 1.28,82 232p             |             |
|          | 200m IM                        | 3.00,70 306p             |             |
| <b>7</b> | <b>Tora Elise Lynes Nordli</b> | <b>Lambertseter SK</b>   | <b>1258</b> |
|          | 400m fri                       | 5.31,95 352p             |             |
|          | 200m rygg                      | 2.59,87 291p             |             |
|          | 200m bryst                     | 3.17,13 318p             |             |
|          | 100m butterfly                 | 1.39,43 178p             |             |
|          | 200m IM                        | 3.02,62 297p             |             |
| <b>8</b> | <b>Marina Walker</b>           | <b>Bærumsvømmerne</b>    | <b>1227</b> |
|          | 400m fri                       | 5.28,05 365p             |             |
|          | 200m rygg                      | 2.54,27 320p             |             |
|          | 200m bryst                     | 3.35,66 242p             |             |
|          | 100m butterfly                 | 1.32,00 209p             |             |
|          | 200m IM                        | 3.08,29 300p             |             |

|  |                            |             |
|--|----------------------------|-------------|
| <b>9 Kaya Josefine Blindheim Støre</b> | <b>Oslo IL</b>             | <b>1192</b> |
| 400m fri                               | 5.37,34 335p               |             |
| 200m rygg                              | 2.59,39 293p               |             |
| 200m bryst                             | 3.25,34 281p               |             |
| 100m butterfly                         | 1.34,31 209p               |             |
| 200m IM                                | 3.05,60 283p               |             |
| <b>10 Emilie Sørлие</b>                | <b>Skjetten Svømming</b>   | <b>1183</b> |
| 400m fri                               | 5.34,26 345p               |             |
| 200m rygg                              | 2.58,40 298p               |             |
| 200m bryst                             | 3.51,52 196p               |             |
| 100m butterfly                         | 1.28,10 238p               |             |
| 200m IM                                | 3.01,62 302p               |             |
| <b>11 Ane Hanh Basberg</b>             | <b>Asker SK</b>            | <b>1123</b> |
| 400m fri                               | 6.01,88 272p               |             |
| 200m rygg                              | 3.05,61 265p               |             |
| 200m bryst                             | 3.17,18 317p               |             |
| 100m butterfly                         | 1.35,50 186p               |             |
| 200m IM                                | 3.08,65 269p               |             |
| <b>12 Celina Nguyen</b>                | <b>Kolbotn IL</b>          | <b>1079</b> |
| 400m fri                               | 5.48,95 303p               |             |
| 200m rygg                              | 3.02,40 279p               |             |
| 200m bryst                             | 3.40,99 225p               |             |
| 100m butterfly                         | 1.31,90 209p               |             |
| 200m IM                                | 3.07,93 272p               |             |
| <b>13 Madelen Antonsen</b>             | <b>SK Speed</b>            | <b>1059</b> |
| 400m fri                               | 5.48,80 303p               |             |
| 200m rygg                              | 3.24,72 197p               |             |
| 200m bryst                             | 3.34,82 245p               |             |
| 100m butterfly                         | 1.28,91 231p               |             |
| 200m IM                                | 3.06,08 280p               |             |
| <b>14 Selma L. Flesche</b>             | <b>Lambertseter SK</b>     | <b>1037</b> |
| 400m fri                               | 6.13,42 247p               |             |
| 200m rygg                              | 3.21,97 205p               |             |
| 200m bryst                             | 3.25,80 279p               |             |
| 100m butterfly                         | 1.39,04 167p               |             |
| 200m IM                                | 3.00,80 306p               |             |
| <b>15 Fredrikke Oline Engebretsen</b>  | <b>Ullensakersvømmerne</b> | <b>1025</b> |
| 400m fri                               | 6.08,86 257p               |             |
| 200m rygg                              | 3.06,62 260p               |             |
| 200m bryst                             | 3.40,57 227p               |             |
| 100m butterfly                         | 1.44,49 142p               |             |
| 200m IM                                | 3.05,83 281p               |             |
| <b>16 Tuva Wilberg</b>                 | <b>Skjetten Svømming</b>   | <b>1022</b> |
| 400m fri                               | 5.43,61 317p               |             |
| 200m rygg                              | 3.17,95 218p               |             |
| 200m bryst                             | 3.39,90 229p               |             |
| 100m butterfly                         | 1.35,04 189p               |             |
| 200m IM                                | 3.11,28 258p               |             |

|                                    |                            |            |
|------------------------------------|----------------------------|------------|
| <b>17 Amina Farahani</b>           | <b>SK Speed</b>            | <b>978</b> |
| 400m fri                           | 6.20,11 234p               |            |
| 200m rygg                          | 3.15,37 227p               |            |
| 200m bryst                         | 3.28,32 269p               |            |
| 100m butterfly                     | 1.51,63 117p               |            |
| 200m IM                            | 3.13,78 248p               |            |
| <b>18 Sophie Keser Bakken</b>      | <b>Lambertseter SK</b>     | <b>961</b> |
| 400m fri                           | 6.10,61 253p               |            |
| 200m rygg                          | 3.09,14 250p               |            |
| 200m bryst                         | 3.49,67 201p               |            |
| 100m butterfly                     | 1.45,09 140p               |            |
| 200m IM                            | 3.11,61 257p               |            |
| <b>19 Stina Amalia M. Kletvang</b> | <b>Ullensakersvømmerne</b> | <b>959</b> |
| 400m fri                           | 6.38,03 204p               |            |
| 200m rygg                          | 3.26,61 216p               |            |
| 200m bryst                         | 3.33,61 276p               |            |
| 100m butterfly                     | 1.47,06 132p               |            |
| 200m IM                            | 3.16,68 263p               |            |
| <b>20 Veronica Kannan</b>          | <b>SK Speed</b>            | <b>955</b> |
| 400m fri                           | 6.02,92 269p               |            |
| 200m rygg                          | 3.13,34 234p               |            |
| 200m bryst                         | 3.40,40 227p               |            |
| 100m butterfly                     | 1.44,11 144p               |            |
| 200m IM                            | 3.20,15 225p               |            |
| <b>21 Mina Klavenes Mauseth</b>    | <b>Kongstensvømmerne</b>   | <b>951</b> |
| 400m fri                           | 6.24,43 227p               |            |
| 200m rygg                          | 2.58,04 300p               |            |
| 200m bryst                         | 3.52,37 194p               |            |
| 100m butterfly                     | 1.47,25 132p               |            |
| 200m IM                            | 3.18,83 230p               |            |
| <b>22 Vivian Lukacs Hagymasi</b>   | <b>Skjetten Svømming</b>   | <b>920</b> |
| 400m fri                           | 6.04,32 266p               |            |
| 200m rygg                          | 3.22,85 203p               |            |
| 200m bryst                         | 3.48,43 204p               |            |
| 100m butterfly                     | 1.37,29 176p               |            |
| 200m IM                            | 3.14,03 247p               |            |
| <b>23 Selin Edvardsen</b>          | <b>Hamar IL</b>            | <b>893</b> |
| 400m fri                           | 6.20,47 234p               |            |
| 200m rygg                          | 3.11,92 239p               |            |
| 200m bryst                         | 3.50,77 198p               |            |
| 100m butterfly                     | 1.37,28 190p               |            |
| 200m IM                            | 3.21,17 222p               |            |
| <b>24 Telise Vinje</b>             | <b>Kongstensvømmerne</b>   | <b>890</b> |
| 400m fri                           | 6.05,82 263p               |            |
| 200m rygg                          | 3.24,37 198p               |            |
| 200m bryst                         | 3.47,36 207p               |            |
| 100m butterfly                     | 1.50,82 119p               |            |
| 200m IM                            | 3.21,17 222p               |            |

|                                       |                          |            |
|---------------------------------------|--------------------------|------------|
| <b>25 Linnea Must</b>                 | <b>Asker SK</b>          | <b>854</b> |
| 400m fri                              | 6.28,33 220p             |            |
| 200m rygg                             | 3.29,44 184p             |            |
| 200m bryst                            | 3.34,96 245p             |            |
| 100m butterfly                        | 1.54,64 108p             |            |
| 200m IM                               | 3.26,51 205p             |            |
| <b>26 Victoria Prøven Fremstad</b>    | <b>Skjetten Svømming</b> | <b>828</b> |
| 400m fri                              | 6.22,57 230p             |            |
| 200m rygg                             | 3.22,47 204p             |            |
| 200m bryst                            | 3.47,59 206p             |            |
| 100m butterfly                        | 1.57,67 99p              |            |
| 200m IM                               | 3.32,72 188p             |            |
| <b>27 Sirin Helsingeng Navelsaker</b> | <b>SK Speed</b>          | <b>806</b> |
| 400m fri                              | 6.43,23 196p             |            |
| 200m rygg                             | 3.17,72 219p             |            |
| 200m bryst                            | 4.04,34 184p             |            |
| 100m butterfly                        | 1.45,11 140p             |            |
| 200m IM                               | 3.33,07 207p             |            |
| <b>28 Ingrid Cecilia Norheim</b>      | <b>Bærumsvømmerne</b>    | <b>803</b> |
| 400m fri                              | 7.03,70 178p             |            |
| 200m rygg                             | 3.19,49 213p             |            |
| 200m bryst                            | 3.48,31 204p             |            |
| 100m butterfly                        | 1.47,01 143p             |            |
| 200m IM                               | 3.25,39 208p             |            |
| <b>28 Agnes Sortvik Hansen</b>        | <b>Lambertseter SK</b>   | <b>803</b> |
| 400m fri                              | 6.31,23 215p             |            |
| 200m rygg                             | 3.35,18 170p             |            |
| 200m bryst                            | 3.36,05 241p             |            |
| 100m butterfly                        | 1.56,53 102p             |            |
| 200m IM                               | 3.36,87 177p             |            |
| <b>30 Anika Jocelyne Svenning</b>     | <b>Bærumsvømmerne</b>    | <b>786</b> |
| 400m fri                              | 6.39,91 201p             |            |
| 200m rygg                             | 3.18,89 215p             |            |
| 200m bryst                            | 3.52,30 194p             |            |
| 100m butterfly                        | 1.56,27 103p             |            |
| 200m IM                               | 3.37,10 176p             |            |
| <b>31 Nela Aavitsland Hem</b>         | <b>Bærumsvømmerne</b>    | <b>763</b> |
| 400m fri                              | 6.35,49 208p             |            |
| 200m rygg                             | 3.27,32 190p             |            |
| 200m bryst                            | 3.59,07 178p             |            |
| 100m butterfly                        | 1.45,36 139p             |            |
| 200m IM                               | 3.32,84 187p             |            |
| <b>32 Henni Elise Ulvesveen</b>       | <b>Gjøvik SK</b>         | <b>762</b> |
| 400m fri                              | 6.21,08 233p             |            |
| 200m rygg                             | 3.41,86 155p             |            |
| 200m bryst                            | 3.49,82 200p             |            |
| 100m butterfly                        | 1.44,64 142p             |            |
| 200m IM                               | 3.38,15 174p             |            |



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|--------------------------------------|--------------------------|------------|
| <b>33 Michelle Riis</b>              | <b>Bærumsvømmerne</b>    | <b>754</b> |
| 400m fri                             | 6.45,65 193p             |            |
| 200m rygg                            | 3.21,08 208p             |            |
| 200m bryst                           | 4.01,20 173p             |            |
| 100m butterfly                       | 2.03,82 85p              |            |
| 200m IM                              | 3.43,38 180p             |            |
| <b>34 Eldri Myrvold Stener</b>       | <b>Elverum Svømming</b>  | <b>753</b> |
| 400m fri                             | 7.21,45 157p             |            |
| 200m rygg                            | 3.31,98 177p             |            |
| 200m bryst                           | 3.40,11 228p             |            |
| 100m butterfly                       | 1.51,98 115p             |            |
| 200m IM                              | 3.31,34 191p             |            |
| <b>35 Benedikte Løkken Bendiksen</b> | <b>Skjetten Svømming</b> | <b>752</b> |
| 400m fri                             | 6.34,50 210p             |            |
| 200m rygg                            | 3.33,70 173p             |            |
| 200m bryst                           | 3.58,58 179p             |            |
| 100m butterfly                       | 1.49,74 123p             |            |
| 200m IM                              | 3.31,77 190p             |            |
| <b>36 Anne Mykland</b>               | <b>Oslo IL</b>           | <b>750</b> |
| 400m fri                             | 6.40,27 201p             |            |
| 200m rygg                            | 3.29,65 183p             |            |
| 200m bryst                           | 3.54,06 190p             |            |
| 100m butterfly                       | 1.46,99 132p             |            |
| 200m IM                              | 3.37,37 176p             |            |
| <b>37 Isabella Göthlin</b>           | <b>Oslo IL</b>           | <b>717</b> |
| 400m fri                             | 6.36,78 206p             |            |
| 200m rygg                            | 3.41,76 175p             |            |
| 200m bryst                           | 4.07,24 161p             |            |
| 100m butterfly                       | 1.52,13 115p             |            |
| 200m IM                              | 3.37,58 175p             |            |
| <b>38 Natalia Nastevska</b>          | <b>Lambertseter SK</b>   | <b>712</b> |
| 400m fri                             | 7.11,91 160p             |            |
| 200m rygg                            | 3.16,02 225p             |            |
| 200m bryst                           | 4.22,32 135p             |            |
| 100m butterfly                       | 1.44,06 144p             |            |
| 200m IM                              | 3.34,31 183p             |            |
| <b>39 Ine Marie Heramb</b>           | <b>Skjetten Svømming</b> | <b>702</b> |
| 400m fri                             | 6.55,22 180p             |            |
| 200m rygg                            | 3.37,39 164p             |            |
| 200m bryst                           | 3.52,14 194p             |            |
| 100m butterfly                       | 2.00,27 93p              |            |
| 200m IM                              | 3.42,45 164p             |            |
| <b>40 Maja Andersen Nordli</b>       | <b>SK Speed</b>          | <b>700</b> |
| 400m fri                             | 7.10,62 161p             |            |
| 200m rygg                            | 3.29,84 183p             |            |
| 200m bryst                           | 3.59,81 176p             |            |
| 100m butterfly                       | 1.54,52 108p             |            |
| 200m IM                              | 3.35,65 180p             |            |

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| <b>41 Johanne Solhaug</b>                  | <b>Toten SK</b>                    | <b>691</b>            |
| 400m fri                                   | 7.14,61 157p                       |                       |
| 200m rygg                                  | 3.18,83 215p                       |                       |
| 200m bryst                                 | 4.05,77 164p                       |                       |
| 100m butterfly                             | 1.58,78 97p                        |                       |
| 200m IM                                    | 3.46,70 155p                       |                       |
| <b>42 Lin-Na Vu</b>                        | <b>Skjetten Svømming</b>           | <b>690</b>            |
| 400m fri                                   | 6.44,92 194p                       |                       |
| 200m rygg                                  | 3.39,98 159p                       |                       |
| 200m bryst                                 | 4.01,99 171p                       |                       |
| 100m butterfly                             | 2.07,77 78p                        |                       |
| 200m IM                                    | 3.41,30 166p                       |                       |
| <b>43 Natalie Kristine Skau</b>            | <b>Lørenskog/Rælingen</b>          | <b>682</b>            |
| 400m fri                                   | 7.05,71 167p                       |                       |
| 200m rygg                                  | 3.33,97 173p                       |                       |
| 200m bryst                                 | 3.55,88 185p                       |                       |
| 100m butterfly                             | 2.02,10 89p                        |                       |
| 200m IM                                    | 3.45,52 157p                       |                       |
| <b>44 Emilie Kristiansen Wiken</b>         | <b>Lambertseter SK</b>             | <b>680</b>            |
| 400m fri                                   | 6.46,61 191p                       |                       |
| 200m rygg                                  | 3.55,36 130p                       |                       |
| 200m bryst                                 | 3.59,05 178p                       |                       |
| 100m butterfly                             | 1.44,66 142p                       |                       |
| 200m IM                                    | 3.40,28 169p                       |                       |
| <b>45 Lilja Aleksandra Jakobsen</b>        | <b>Lambertseter SK</b>             | <b>678</b>            |
| 400m fri                                   | 6.33,85 211p                       |                       |
| 200m rygg                                  | 3.33,11 175p                       |                       |
| 200m bryst                                 | 4.15,54 146p                       |                       |
| 100m butterfly                             | 1.46,95 133p                       |                       |
| 200m IM                                    | 3.51,16 146p                       |                       |
| <b>46 Mathilde Kumle</b>                   | <b>Oslo IL</b>                     | <b>658</b>            |
| 400m fri                                   | 6.54,03 181p                       |                       |
| 200m rygg                                  | 3.50,37 138p                       |                       |
| 200m bryst                                 | 3.56,93 183p                       |                       |
| 100m butterfly                             | 1.57,63 100p                       |                       |
| 200m IM                                    | 3.45,89 156p                       |                       |
| <del><b>47 Ine Lønstad-Halvorsen</b></del> | <del><b>Elverum Svømming</b></del> | <del><b>645</b></del> |
| <del>400m fri</del>                        | <del>7.22,07 149p</del>            |                       |
| <del>200m rygg</del>                       | <del>4.09,92 108p</del>            |                       |
| <del>200m bryst</del>                      | <del>3.45,91 211p</del>            |                       |
| <del>100m butterfly</del>                  | <del>1.52,25 115p</del>            |                       |
| <del>200m IM</del>                         | <del>3.39,64 170p</del>            |                       |
| <b>48 Emilie Lazareva</b>                  | <b>Oslo IL</b>                     | <b>637</b>            |
| 400m fri                                   | 7.18,35 153p                       |                       |
| 200m rygg                                  | 4.03,13 117p                       |                       |
| 200m bryst                                 | 3.47,60 206p                       |                       |
| 100m butterfly                             | 2.00,03 94p                        |                       |
| 200m IM                                    | 3.43,80 161p                       |                       |

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| <b>49 Elise Katrin Berg</b>   | <b>Skjetten Svømming</b> | <b>633</b> |
| 400m fri                      | 7.17,55 153p             |            |
| 200m rygg                     | 3.45,94 146p             |            |
| 200m bryst                    | 4.09,24 157p             |            |
| 100m butterfly                | 1.58,45 97p              |            |
| 200m IM                       | 3.36,78 177p             |            |
| <b>50 Sofie Magnussen Rom</b> | <b>Oslo IL</b>           | <b>632</b> |
| 400m fri                      | 7.23,01 148p             |            |
| 200m rygg                     | 3.47,85 143p             |            |
| 200m bryst                    | 3.55,24 187p             |            |
| 100m butterfly                | 2.03,37 86p              |            |
| 200m IM                       | 3.47,05 154p             |            |
| <b>51 Josefine Lossius</b>    | <b>Bærumsvømmerne</b>    | <b>569</b> |
| 400m fri                      | 7.20,00 151p             |            |
| 200m rygg                     | 3.59,27 123p             |            |
| 200m bryst                    | 4.14,37 148p             |            |
| 100m butterfly                | 2.10,99 72p              |            |
| 200m IM                       | 3.50,41 147p             |            |
| <b>52 Michelle Ly</b>         | <b>Ski SK</b>            | <b>566</b> |
| 400m fri                      | 7.30,62 140p             |            |
| 200m rygg                     | 3.53,25 133p             |            |
| 200m bryst                    | 4.08,76 158p             |            |
| 100m butterfly                | 2.01,16 91p              |            |
| 200m IM                       | 3.57,37 135p             |            |
| <b>53 Emma Syversen Olsen</b> | <b>Skjetten Svømming</b> | <b>546</b> |
| 400m fri                      | 7.46,95 126p             |            |
| 200m rygg                     | 4.04,54 115p             |            |
| 200m bryst                    | 4.05,65 164p             |            |
| 100m butterfly                | 2.11,81 71p              |            |
| 200m IM                       | 3.53,86 141p             |            |
| <b>54 Eline Büchner</b>       | <b>Oslo IL</b>           | <b>543</b> |
| 400m fri                      | 7.25,91 145p             |            |
| 200m rygg                     | 3.56,67 127p             |            |
| 200m bryst                    | 4.16,01 145p             |            |
| 100m butterfly                | 2.01,41 91p              |            |
| 200m IM                       | 4.11,20 126p             |            |
| <b>55 Tuva Underdal-loktu</b> | <b>Asker SK</b>          | <b>531</b> |
| 400m fri                      | 7.29,29 142p             |            |
| 200m rygg                     | 3.54,40 131p             |            |
| 200m bryst                    | 4.21,13 136p             |            |
| 100m butterfly                | 2.00,52 93p              |            |
| 200m IM                       | 4.05,15 122p             |            |
| <b>56 Sofie Sørensen</b>      | <b>SK Speed</b>          | <b>513</b> |
| 400m fri                      | 7.49,27 124p             |            |
| 200m rygg                     | 3.55,89 129p             |            |
| 200m bryst                    | 4.05,37 164p             |            |
| 100m butterfly                | 2.06,15 81p              |            |
| 200m IM                       | 4.25,85 96p              |            |



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| <b>1 Ingeborg Wist</b>           | <b>Skjetten Svømming</b>   | <b>967</b> |
| 400m fri                         | 6.16,46 241p               |            |
| 100m rygg                        | 1.31,69 216p               |            |
| 100m bryst                       | 1.39,00 249p               |            |
| 50m butterfly                    | 38,19 260p                 |            |
| 200m IM                          | 3.29,84 217p               |            |
| <b>2 Live Korstadhagen</b>       | <b>Ullensakersvømmerne</b> | <b>912</b> |
| 400m fri                         | 6.17,35 240p               |            |
| 100m rygg                        | 1.31,20 219p               |            |
| 100m bryst                       | 1.44,79 210p               |            |
| 50m butterfly                    | 40,79 213p                 |            |
| 200m IM                          | 3.15,97 240p               |            |
| <b>3 Kine Solhjell Johansen</b>  | <b>Kolbotn IL</b>          | <b>908</b> |
| 400m fri                         | 6.26,73 223p               |            |
| 100m rygg                        | 1.34,37 198p               |            |
| 100m bryst                       | 1.36,13 272p               |            |
| 50m butterfly                    | 45,96 149p                 |            |
| 200m IM                          | 3.23,24 215p               |            |
| <b>4 Karen Hellberg Munthe</b>   | <b>Ås IL</b>               | <b>865</b> |
| 400m fri                         | 6.23,21 229p               |            |
| 100m rygg                        | 1.29,48 232p               |            |
| 100m bryst                       | 1.58,46 145p               |            |
| 50m butterfly                    | 43,77 172p                 |            |
| 200m IM                          | 3.18,10 232p               |            |
| <b>5 June Selin</b>              | <b>Oslo IL</b>             | <b>829</b> |
| 400m fri                         | 7.02,14 171p               |            |
| 100m rygg                        | 1.38,98 202p               |            |
| 100m bryst                       | 1.44,61 211p               |            |
| 50m butterfly                    | 42,00 195p                 |            |
| 200m IM                          | 3.21,54 221p               |            |
| <b>6 Ida Hugaas</b>              | <b>Ullensakersvømmerne</b> | <b>808</b> |
| 400m fri                         | 6.10,50 253p               |            |
| 100m rygg                        | 1.39,52 169p               |            |
| 100m bryst                       | 1.52,94 168p               |            |
| 50m butterfly                    | 44,61 163p                 |            |
| 200m IM                          | 3.22,26 218p               |            |
| <b>7 Josefine Kjellberg</b>      | <b>Kolbotn IL</b>          | <b>805</b> |
| 400m fri                         | 6.34,40 210p               |            |
| 100m rygg                        | 1.32,12 213p               |            |
| 100m bryst                       | 1.47,30 196p               |            |
| 50m butterfly                    | 46,60 143p                 |            |
| 200m IM                          | 3.33,23 186p               |            |
| <b>8 Mia Kristin kristiansen</b> | <b>Ullensakersvømmerne</b> | <b>796</b> |
| 400m fri                         | 6.26,81 222p               |            |
| 100m rygg                        | 1.39,96 166p               |            |
| 100m bryst                       | 1.46,62 200p               |            |
| 50m butterfly                    | 43,02 182p                 |            |
| 200m IM                          | 3.30,96 192p               |            |

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| <b>9 Cora Helene Hildrum</b>  | <b>SK Speed</b>           | <b>779</b> |
| 400m fri                      | 6.58,00 176p              |            |
| 100m rygg                     | 1.35,36 192p              |            |
| 100m bryst                    | 1.42,64 224p              |            |
| 50m butterfly                 | 45,20 156p                |            |
| 200m IM                       | 3.32,89 187p              |            |
| <b>10 Malin Rikke Holmann</b> | <b>Bærumsvømmerne</b>     | <b>775</b> |
| 400m fri                      | 6.58,45 176p              |            |
| 100m rygg                     | 1.38,05 176p              |            |
| 100m bryst                    | 1.43,14 221p              |            |
| 50m butterfly                 | 46,58 143p                |            |
| 200m IM                       | 3.27,46 202p              |            |
| <b>11 Maria Bogacz</b>        | <b>Lambertseter SK</b>    | <b>749</b> |
| 400m fri                      | 7.05,91 166p              |            |
| 100m rygg                     | 1.38,64 173p              |            |
| 100m bryst                    | 1.46,46 200p              |            |
| 50m butterfly                 | 43,39 177p                |            |
| 200m IM                       | 3.28,52 199p              |            |
| <b>12 Maria Naas Gullhav</b>  | <b>Lørenskog/Rælingen</b> | <b>738</b> |
| 400m fri                      | 6.36,34 207p              |            |
| 100m rygg                     | 1.34,60 196p              |            |
| 100m bryst                    | 2.05,02 124p              |            |
| 50m butterfly                 | 45,39 154p                |            |
| 200m IM                       | 3.35,22 181p              |            |
| <b>12 Hennie Harviken</b>     | <b>Elverum Svømming</b>   | <b>738</b> |
| 400m fri                      | 6.41,34 199p              |            |
| 100m rygg                     | 1.45,88 140p              |            |
| 100m bryst                    | 1.47,21 196p              |            |
| 50m butterfly                 | 46,37 145p                |            |
| 200m IM                       | 3.28,97 198p              |            |
| <b>14 Elena Bergene Seres</b> | <b>Bærumsvømmerne</b>     | <b>688</b> |
| 400m fri                      | 7.04,56 168p              |            |
| 100m rygg                     | 1.37,60 179p              |            |
| 100m bryst                    | 1.55,94 155p              |            |
| 50m butterfly                 | 47,07 138p                |            |
| 200m IM                       | 3.33,29 186p              |            |
| <b>15 Frida Hagebakken</b>    | <b>Elverum Svømming</b>   | <b>686</b> |
| 400m fri                      | 7.18,95 152p              |            |
| 100m rygg                     | 1.37,56 179p              |            |
| 100m bryst                    | 1.50,03 182p              |            |
| 50m butterfly                 | 45,59 152p                |            |
| 200m IM                       | 3.38,31 173p              |            |
| <b>16 Rina Øvergaard</b>      | <b>Sjøstjerna SLK</b>     | <b>683</b> |
| 400m fri                      | 6.37,69 205p              |            |
| 100m rygg                     | 1.40,26 165p              |            |
| 100m bryst                    | 1.59,82 140p              |            |
| 50m butterfly                 | 46,51 144p                |            |
| 200m IM                       | 3.40,32 169p              |            |

|                                 |                           |            |
|---------------------------------|---------------------------|------------|
| <b>17 Isebel Matoe Singsaas</b> | <b>Lambertseter SK</b>    | <b>671</b> |
| 400m fri                        | 6.57,07 177p              |            |
| 100m rygg                       | 1.38,58 173p              |            |
| 100m bryst                      | 1.56,96 151p              |            |
| 50m butterfly                   | 47,70 133p                |            |
| 200m IM                         | 3.39,95 170p              |            |
| <b>18 Ane Skogstad Tuv</b>      | <b>SK Speed</b>           | <b>633</b> |
| 400m fri                        | 6.49,61 187p              |            |
| 100m rygg                       | 1.42,00 157p              |            |
| 100m bryst                      | 2.16,04 96p               |            |
| 50m butterfly                   | 47,35 136p                |            |
| 200m IM                         | 3.47,77 153p              |            |
| <b>19 Andrea Wold</b>           | <b>SK Speed</b>           | <b>626</b> |
| 400m fri                        | 7.09,43 162p              |            |
| 100m rygg                       | 1.41,16 160p              |            |
| 100m bryst                      | 2.04,70 125p              |            |
| 50m butterfly                   | 47,19 137p                |            |
| 200m IM                         | 3.41,02 167p              |            |
| <b>20 Nora Handegaard</b>       | <b>Eidsvoll SK</b>        | <b>594</b> |
| 400m fri                        | 7.14,53 157p              |            |
| 100m rygg                       | 1.47,49 134p              |            |
| 100m bryst                      | 1.57,70 148p              |            |
| 50m butterfly                   | 47,92 131p                |            |
| 200m IM                         | 3.46,74 155p              |            |
| <b>21 Iben Eline Wilhelmsen</b> | <b>Lambertseter SK</b>    | <b>563</b> |
| 400m fri                        | 8.05,87 112p              |            |
| 100m rygg                       | 1.51,16 121p              |            |
| 100m bryst                      | 1.55,79 156p              |            |
| 50m butterfly                   | 45,78 151p                |            |
| 200m IM                         | 3.57,14 135p              |            |
| <b>22 Maja P. Devik</b>         | <b>Lambertseter SK</b>    | <b>549</b> |
| 400m fri                        | 7.38,83 133p              |            |
| 100m rygg                       | 1.50,72 122p              |            |
| 100m bryst                      | 1.57,57 149p              |            |
| 50m butterfly                   | 51,12 108p                |            |
| 200m IM                         | 3.51,49 145p              |            |
| <b>23 Sara Lund-Iversen</b>     | <b>Bærumsvømmerne</b>     | <b>528</b> |
| 400m fri                        | 8.08,38 110p              |            |
| 100m rygg                       | 1.50,87 122p              |            |
| 100m bryst                      | 1.57,51 149p              |            |
| 50m butterfly                   | 48,88 124p                |            |
| 200m IM                         | 3.58,24 133p              |            |
| <b>24 Julie Letvik Sørensen</b> | <b>Lørenskog/Rælingen</b> | <b>526</b> |
| 400m fri                        | 7.35,36 136p              |            |
| 100m rygg                       | 1.48,06 132p              |            |
| 100m bryst                      | 1.58,44 145p              |            |
| 50m butterfly                   | 51,83 104p                |            |
| 200m IM                         | 4.11,60 113p              |            |

|                                     |                          |            |
|-------------------------------------|--------------------------|------------|
| <b>25 May Phan Le Nguyen</b>        | <b>SK Speed</b>          | <b>516</b> |
| 400m fri                            | 7.52,34 122p             |            |
| 100m rygg                           | 1.45,59 141p             |            |
| 100m bryst                          | 2.07,88 115p             |            |
| 50m butterfly                       | 49,96 116p               |            |
| 200m IM                             | 3.56,10 137p             |            |
| <b>26 Roma Park Bhasin</b>          | <b>Oslo IL</b>           | <b>495</b> |
| 400m fri                            | 7.54,88 120p             |            |
| 100m rygg                           | 1.59,66 97p              |            |
| 100m bryst                          | 1.57,77 148p             |            |
| 50m butterfly                       | 55,33 85p                |            |
| 200m IM                             | 4.00,18 130p             |            |
| <b>27 Nathalia Viken Dolatowski</b> | <b>Skjetten Svømming</b> | <b>461</b> |
| 400m fri                            | 8.09,18 110p             |            |
| 100m rygg                           | 1.52,37 117p             |            |
| 100m bryst                          | 2.11,12 107p             |            |
| 50m butterfly                       | 57,42 76p                |            |
| 200m IM                             | 4.02,25 127p             |            |
| <b>28 Pernille Gresaker Wærnes</b>  | <b>Skjetten Svømming</b> | <b>442</b> |
| 400m fri                            | 7.40,45 132p             |            |
| 100m rygg                           | 2.11,01 74p              |            |
| 100m bryst                          | 2.05,00 124p             |            |
| 50m butterfly                       | 58,83 71p                |            |
| 200m IM                             | 4.12,51 112p             |            |
| <b>29 Elisabeth Blydt-Hansen</b>    | <b>Oslo IL</b>           | <b>373</b> |
| 400m fri                            | 8.22,41 101p             |            |
| 100m rygg                           | 1.55,76 107p             |            |
| 100m bryst                          | 2.22,11 84p              |            |
| 50m butterfly                       | 1.03,08 57p              |            |
| 200m IM                             | 4.41,47 81p              |            |
| <b>30 Kaja Evjen</b>                | <b>Oslo IL</b>           | <b>353</b> |
| 400m fri                            | 8.28,22 98p              |            |
| 100m rygg                           | 1.57,09 103p             |            |
| 100m bryst                          | 2.29,08 73p              |            |
| 50m butterfly                       | 1.00,69 64p              |            |
| 200m IM                             | 4.43,02 79p              |            |



## Gutter

### 2001

|          |                                     |                        |             |
|----------|-------------------------------------|------------------------|-------------|
| <b>1</b> | <b>Andre Gregussen</b>              | <b>Oslo IL</b>         | <b>2454</b> |
|          | 400m fri                            | 4.06,57 637p           |             |
|          | 200m rygg                           | 2.02,48 650p           |             |
|          | 200m bryst                          | 2.36,23 458p           |             |
|          | 100m butterfly                      | 58,42 570p             |             |
|          | 200m IM                             | 2.10,15 597p           |             |
| <b>2</b> | <b>Adam Fedorcsak</b>               | <b>Oslo IL</b>         | <b>2240</b> |
|          | 400m fri                            | 4.12,14 596p           |             |
|          | 200m rygg                           | 2.16,22 472p           |             |
|          | 200m bryst                          | 2.33,79 480p           |             |
|          | 100m butterfly                      | 57,37 601p             |             |
|          | 200m IM                             | 2.18,04 563p           |             |
| <b>3</b> | <b>Nicholas Lia</b>                 | <b>Bærumsvømmerne</b>  | <b>2193</b> |
|          | 400m fri                            | 4.20,22 542p           |             |
|          | 200m rygg                           | 2.17,98 454p           |             |
|          | 200m bryst                          | 2.28,08 538p           |             |
|          | 100m butterfly                      | 1.00,68 553p           |             |
|          | 200m IM                             | 2.12,99 560p           |             |
| <b>4</b> | <b>Julius Rosmo</b>                 | <b>Lambertseter SK</b> | <b>2128</b> |
|          | 400m fri                            | 4.11,43 601p           |             |
|          | 200m rygg                           | 2.21,90 490p           |             |
|          | 200m bryst                          | 2.34,41 475p           |             |
|          | 100m butterfly                      | 1.03,85 436p           |             |
|          | 200m IM                             | 2.18,14 562p           |             |
| <b>5</b> | <b>Christer Melberg</b>             | <b>Haldens SK</b>      | <b>2123</b> |
|          | 400m fri                            | 4.09,07 618p           |             |
|          | 200m rygg                           | 2.33,88 384p           |             |
|          | 200m bryst                          | 2.35,89 461p           |             |
|          | 100m butterfly                      | 1.00,81 505p           |             |
|          | 200m IM                             | 2.14,67 539p           |             |
| <b>6</b> | <b>Henrik Hermandsen Veiberg</b>    | <b>Lambertseter SK</b> | <b>2112</b> |
|          | 400m fri                            | 4.26,32 564p           |             |
|          | 200m rygg                           | 2.24,56 464p           |             |
|          | 200m bryst                          | 2.46,69 377p           |             |
|          | 100m butterfly                      | 59,57 584p             |             |
|          | 200m IM                             | 2.23,59 500p           |             |
| <b>7</b> | <b>Torstein Navelsaker Beitveit</b> | <b>Lambertseter SK</b> | <b>2070</b> |
|          | 400m fri                            | 4.28,16 495p           |             |
|          | 200m rygg                           | 2.18,48 449p           |             |
|          | 200m bryst                          | 2.22,98 598p           |             |
|          | 100m butterfly                      | 1.09,97 331p           |             |
|          | 200m IM                             | 2.15,56 528p           |             |



|                                     |                       |      |             |
|-------------------------------------|-----------------------|------|-------------|
| <b>8 Christian Groth Dyrkorn</b>    | <b>Asker SK</b>       |      | <b>2020</b> |
| 400m fri                            | 4.12,46               | 594p |             |
| 200m rygg                           | 2.21,06               | 425p |             |
| 200m bryst                          | 2.36,53               | 455p |             |
| 100m butterfly                      | 1.03,13               | 451p |             |
| 200m IM                             | 2.16,28               | 520p |             |
| <b>9 Didrik Backen</b>              | <b>Asker SK</b>       |      | <b>1885</b> |
| 400m fri                            | 4.21,34               | 535p |             |
| 200m rygg                           | 2.23,78               | 401p |             |
| 200m bryst                          | 2.44,61               | 392p |             |
| 100m butterfly                      | 1.02,72               | 460p |             |
| 200m IM                             | 2.19,14               | 489p |             |
| <b>10 Mostafa Hadad</b>             | <b>Oslo IL</b>        |      | <b>1760</b> |
| 400m fri                            | 4.40,41               | 433p |             |
| 200m rygg                           | 2.19,29               | 442p |             |
| 200m bryst                          | 2.40,01               | 426p |             |
| 100m butterfly                      | 1.05,52               | 404p |             |
| 200m IM                             | 2.22,06               | 459p |             |
| <b>11 Agmund Riiser</b>             | <b>Bærumsvømmerne</b> |      | <b>1751</b> |
| 400m fri                            | 4.44,57               | 462p |             |
| 200m rygg                           | 2.31,44               | 403p |             |
| 200m bryst                          | 2.42,52               | 407p |             |
| 100m butterfly                      | 1.04,34               | 426p |             |
| 200m IM                             | 2.22,37               | 456p |             |
| <b>12 Herman Harboe</b>             | <b>Haldens SK</b>     |      | <b>1738</b> |
| 400m fri                            | 4.33,62               | 466p |             |
| 200m rygg                           | 2.25,02               | 391p |             |
| 200m bryst                          | 2.42,89               | 404p |             |
| 100m butterfly                      | 1.03,96               | 434p |             |
| 200m IM                             | 2.24,75               | 434p |             |
| <b>13 Kristian Fisketjøn Nilsen</b> | <b>Asker SK</b>       |      | <b>1698</b> |
| 400m fri                            | 4.27,77               | 498p |             |
| 200m rygg                           | 2.23,85               | 401p |             |
| 200m bryst                          | 2.48,56               | 365p |             |
| 100m butterfly                      | 1.06,76               | 382p |             |
| 200m IM                             | 2.26,72               | 417p |             |
| <b>14 Sven Arnestad</b>             | <b>Sarpsborg IL</b>   |      | <b>1686</b> |
| 400m fri                            | 4.29,30               | 489p |             |
| 200m rygg                           | 2.23,16               | 407p |             |
| 200m bryst                          | 3.04,16               | 280p |             |
| 100m butterfly                      | 1.06,65               | 383p |             |
| 200m IM                             | 2.27,88               | 407p |             |
| <b>15 Emil Bertelsen</b>            | <b>Kolbotn IL</b>     |      | <b>1628</b> |
| 400m fri                            | 4.31,63               | 477p |             |
| 200m rygg                           | 2.20,00               | 435p |             |
| 200m bryst                          | 3.07,14               | 266p |             |
| 100m butterfly                      | 1.09,35               | 340p |             |
| 200m IM                             | 2.31,82               | 376p |             |

|                                  |                          |             |
|----------------------------------|--------------------------|-------------|
| <b>16 Kevin Nguyen</b>           | <b>Skjetten Svømming</b> | <b>1623</b> |
| 400m fri                         | 4.43,25 420p             |             |
| 200m rygg                        | 2.25,60 387p             |             |
| 200m bryst                       | 2.40,98 419p             |             |
| 100m butterfly                   | 1.19,09 229p             |             |
| 200m IM                          | 2.29,13 397p             |             |
| <b>17 Jacob Meilvåg</b>          | <b>Ski SK</b>            | <b>1617</b> |
| 400m fri                         | 4.46,69 405p             |             |
| 200m rygg                        | 2.38,16 301p             |             |
| 200m bryst                       | 2.36,84 453p             |             |
| 100m butterfly                   | 1.08,26 357p             |             |
| 200m IM                          | 2.28,52 402p             |             |
| <b>18 William Dahl</b>           | <b>Haldens SK</b>        | <b>1608</b> |
| 400m fri                         | 4.36,53 452p             |             |
| 200m rygg                        | 2.35,37 318p             |             |
| 200m bryst                       | 2.42,04 411p             |             |
| 100m butterfly                   | 1.08,40 355p             |             |
| 200m IM                          | 2.29,95 390p             |             |
| <b>19 Oscar Nordengen</b>        | <b>Oslo IL</b>           | <b>1607</b> |
| 400m fri                         | 4.39,98 435p             |             |
| 200m rygg                        | 2.35,25 319p             |             |
| 200m bryst                       | 2.48,28 429p             |             |
| 100m butterfly                   | 1.09,16 343p             |             |
| 200m IM                          | 2.28,70 400p             |             |
| <b>20 Rick Sol</b>               | <b>Elverum Svømming</b>  | <b>1604</b> |
| 400m fri                         | 4.45,38 411p             |             |
| 200m rygg                        | 2.26,85 377p             |             |
| 200m bryst                       | 2.45,05 388p             |             |
| 100m butterfly                   | 1.06,11 393p             |             |
| 200m IM                          | 2.27,25 412p             |             |
| <b>21 Oscar Vold</b>             | <b>Oslo IL</b>           | <b>1586</b> |
| 400m fri                         | 4.38,69 441p             |             |
| 200m rygg                        | 2.22,98 408p             |             |
| 200m bryst                       | 2.56,58 317p             |             |
| 100m butterfly                   | 1.09,51 338p             |             |
| 200m IM                          | 2.28,87 399p             |             |
| <b>22 August Urdahl Kvalheim</b> | <b>Oslo IL</b>           | <b>1578</b> |
| 400m fri                         | 4.32,57 472p             |             |
| 200m rygg                        | 2.31,67 342p             |             |
| 200m bryst                       | 2.47,55 371p             |             |
| 100m butterfly                   | 1.08,99 346p             |             |
| 200m IM                          | 2.30,11 389p             |             |
| <b>23 Harald Straume</b>         | <b>Oslo IL</b>           | <b>1569</b> |
| 400m fri                         | 4.32,75 471p             |             |
| 200m rygg                        | 2.31,96 340p             |             |
| 200m bryst                       | 2.51,22 348p             |             |
| 100m butterfly                   | 1.09,66 336p             |             |
| 200m IM                          | 2.27,52 410p             |             |

|                                  |                          |      |             |
|----------------------------------|--------------------------|------|-------------|
| <b>24 Toby Kavlie</b>            | <b>Oslo IL</b>           |      | <b>1533</b> |
| 400m fri                         | 4.40,95                  | 431p |             |
| 200m rygg                        | 2.36,59                  | 311p |             |
| 200m bryst                       | 2.44,26                  | 394p |             |
| 100m butterfly                   | 1.13,08                  | 316p |             |
| 200m IM                          | 2.29,69                  | 392p |             |
| <b>25 Martin Sauar</b>           | <b>Oslo IL</b>           |      | <b>1478</b> |
| 400m fri                         | 4.39,07                  | 439p |             |
| 200m rygg                        | 2.40,84                  | 336p |             |
| 200m bryst                       | 2.52,44                  | 341p |             |
| 100m butterfly                   | 1.11,74                  | 307p |             |
| 200m IM                          | 2.33,74                  | 362p |             |
| <b>Reserver</b>                  |                          |      |             |
| <b>26 Oliver Marcus Bæklund</b>  | <b>Kongstensvømmerne</b> |      | <b>1469</b> |
| 400m fri                         | 4.46,90                  | 404p |             |
| 200m rygg                        | 2.44,01                  | 317p |             |
| 200m bryst                       | 2.57,62                  | 312p |             |
| 100m butterfly                   | 1.08,71                  | 381p |             |
| 200m IM                          | 2.33,00                  | 367p |             |
| <b>27 Kevin Kvarv</b>            | <b>Moss SK</b>           |      | <b>1445</b> |
| 400m fri                         | 4.36,14                  | 454p |             |
| 200m rygg                        | 2.32,84                  | 334p |             |
| 200m bryst                       | 3.15,49                  | 234p |             |
| 100m butterfly                   | 1.11,08                  | 316p |             |
| 200m IM                          | 2.36,85                  | 341p |             |
| <b>28 Mateusz Matulewicz</b>     | <b>Skjetten Svømming</b> |      | <b>1431</b> |
| 400m fri                         | 4.57,28                  | 363p |             |
| 200m rygg                        | 2.33,00                  | 333p |             |
| 200m bryst                       | 3.03,09                  | 284p |             |
| 100m butterfly                   | 1.07,30                  | 372p |             |
| 200m IM                          | 2.33,57                  | 363p |             |
| <b>29 Christian Svan Østgård</b> | <b>Kolbotn IL</b>        |      | <b>1303</b> |
| 400m fri                         | 4.55,94                  | 368p |             |
| 200m rygg                        | 2.42,56                  | 278p |             |
| 200m bryst                       | 2.54,57                  | 328p |             |
| 100m butterfly                   | 1.23,74                  | 193p |             |
| 200m IM                          | 2.38,76                  | 329p |             |
| <b>30 Feliks Falk</b>            | <b>Kolbotn IL</b>        |      | <b>1300</b> |
| 400m fri                         | 5.00,60                  | 352p |             |
| 200m rygg                        | 2.39,12                  | 296p |             |
| 200m bryst                       | 3.04,27                  | 327p |             |
| 100m butterfly                   | 1.19,34                  | 227p |             |
| 200m IM                          | 2.39,30                  | 325p |             |

|                            |                            |             |
|----------------------------|----------------------------|-------------|
| <b>31 Tobias Giverholt</b> | <b>Kolbotn IL</b>          | <b>1161</b> |
| 400m fri                   | 5.18,86 328p               |             |
| 200m rygg                  | 2.45,26 310p               |             |
| 200m bryst                 | 3.15,11 275p               |             |
| 100m butterfly             | 1.32,29 144p               |             |
| 200m IM                    | 2.54,47 248p               |             |
| <b>32 Sigurd Huuse</b>     | <b>Ullensakersvømmerne</b> | <b>1155</b> |
| 400m fri                   | 5.03,02 343p               |             |
| 200m rygg                  | 2.43,69 272p               |             |
| 200m bryst                 | 3.21,56 213p               |             |
| 100m butterfly             | 1.16,91 249p               |             |
| 200m IM                    | 2.45,36 291p               |             |

**2002**

|                                   |                        |             |
|-----------------------------------|------------------------|-------------|
| <b>1 Viktor Forafonov</b>         | <b>Bærumsvømmerne</b>  | <b>2176</b> |
| 400m fri                          | 4.08,10 626p           |             |
| 200m rygg                         | 2.15,10 484p           |             |
| 200m bryst                        | 2.42,13 410p           |             |
| 100m butterfly                    | 1.01,21 539p           |             |
| 200m IM                           | 2.15,64 527p           |             |
| <b>2 Tobias Bang Mikkelsen</b>    | <b>Asker SK</b>        | <b>1969</b> |
| 400m fri                          | 4.21,90 532p           |             |
| 200m rygg                         | 2.20,93 426p           |             |
| 200m bryst                        | 2.30,67 511p           |             |
| 100m butterfly                    | 1.06,25 425p           |             |
| 200m IM                           | 2.18,09 500p           |             |
| <b>3 Magnus Reinholdt Belsvik</b> | <b>Oslo IL</b>         | <b>1961</b> |
| 400m fri                          | 4.19,63 546p           |             |
| 200m rygg                         | 2.22,37 414p           |             |
| 200m bryst                        | 2.30,76 510p           |             |
| 100m butterfly                    | 1.05,80 398p           |             |
| 200m IM                           | 2.18,90 491p           |             |
| <b>4 Theo Rellsve</b>             | <b>Oslo IL</b>         | <b>1869</b> |
| 400m fri                          | 4.26,70 504p           |             |
| 200m rygg                         | 2.24,32 397p           |             |
| 200m bryst                        | 2.39,06 434p           |             |
| 100m butterfly                    | 1.03,83 437p           |             |
| 200m IM                           | 2.18,63 494p           |             |
| <b>5 Kevin Ky-Vinh Khuu</b>       | <b>Lambertseter SK</b> | <b>1865</b> |
| 400m fri                          | 4.33,29 468p           |             |
| 200m rygg                         | 2.14,68 489p           |             |
| 200m bryst                        | 2.36,97 452p           |             |
| 100m butterfly                    | 1.06,64 384p           |             |
| 200m IM                           | 2.22,41 456p           |             |

|                                |                            |             |
|--------------------------------|----------------------------|-------------|
| <b>6 Emil Sander Danielsen</b> | <b>Kongstensvømmerne</b>   | <b>1813</b> |
| 400m fri                       | 4.21,47 534p               |             |
| 200m rygg                      | 2.23,52 404p               |             |
| 200m bryst                     | 2.55,75 322p               |             |
| 100m butterfly                 | 1.03,33 447p               |             |
| 200m IM                        | 2.25,46 428p               |             |
| <b>7 Benjamin Hajdarpasic</b>  | <b>Lambertseter SK</b>     | <b>1798</b> |
| 400m fri                       | 4.28,88 491p               |             |
| 200m rygg                      | 2.27,12 440p               |             |
| 200m bryst                     | 2.49,08 423p               |             |
| 100m butterfly                 | 1.09,49 338p               |             |
| 200m IM                        | 2.29,35 444p               |             |
| <b>8 Fritiof Bjerner</b>       | <b>Lambertseter SK</b>     | <b>1797</b> |
| 400m fri                       | 4.39,26 439p               |             |
| 200m rygg                      | 2.24,07 399p               |             |
| 200m bryst                     | 2.30,52 512p               |             |
| 100m butterfly                 | 1.10,07 330p               |             |
| 200m IM                        | 2.23,31 447p               |             |
| <b>9 Vemund Hoset</b>          | <b>Ullensakersvømmerne</b> | <b>1712</b> |
| 400m fri                       | 4.29,52 488p               |             |
| 200m rygg                      | 2.38,24 353p               |             |
| 200m bryst                     | 2.38,83 436p               |             |
| 100m butterfly                 | 1.11,58 337p               |             |
| 200m IM                        | 2.30,36 435p               |             |
| <b>10 Tomas Valentinas</b>     | <b>Ullensakersvømmerne</b> | <b>1625</b> |
| 400m fri                       | 4.36,96 501p               |             |
| 200m rygg                      | 2.29,93 354p               |             |
| 200m bryst                     | 2.53,92 332p               |             |
| 100m butterfly                 | 1.10,18 328p               |             |
| 200m IM                        | 2.30,08 438p               |             |
| <b>11 Adam Kaspar Hvass</b>    | <b>Asker SK</b>            | <b>1591</b> |
| 400m fri                       | 4.49,28 440p               |             |
| 200m rygg                      | 2.28,97 361p               |             |
| 200m bryst                     | 2.43,74 398p               |             |
| 100m butterfly                 | 1.10,47 324p               |             |
| 200m IM                        | 2.29,74 392p               |             |
| <b>12 Neheathan Nagaseelan</b> | <b>SK Speed</b>            | <b>1555</b> |
| 400m fri                       | 4.52,12 427p               |             |
| 200m rygg                      | 2.28,20 367p               |             |
| 200m bryst                     | 2.53,48 334p               |             |
| 100m butterfly                 | 1.08,15 359p               |             |
| 200m IM                        | 2.28,47 402p               |             |
| <b>13 Paul Strømme</b>         | <b>Oslo IL</b>             | <b>1483</b> |
| 400m fri                       | 4.51,72 429p               |             |
| 200m rygg                      | 2.34,64 379p               |             |
| 200m bryst                     | 3.05,48 321p               |             |
| 100m butterfly                 | 1.16,91 249p               |             |
| 200m IM                        | 2.34,92 354p               |             |

|                                    |                           |             |
|------------------------------------|---------------------------|-------------|
| <b>14 Christian Andersen</b>       | <b>Kongstensvømmerne</b>  | <b>1472</b> |
| 400m fri                           | 4.45,51 410p              |             |
| 200m rygg                          | 2.29,56 357p              |             |
| 200m bryst                         | 2.54,93 326p              |             |
| 100m butterfly                     | 1.09,82 333p              |             |
| 200m IM                            | 2.32,31 372p              |             |
| <b>15 Simen Littorin Birkeland</b> | <b>Bærumsvømmerne</b>     | <b>1441</b> |
| 400m fri                           | 4.58,61 359p              |             |
| 200m rygg                          | 2.33,78 328p              |             |
| 200m bryst                         | 2.48,99 362p              |             |
| 100m butterfly                     | 1.09,05 345p              |             |
| 200m IM                            | 2.31,99 375p              |             |
| <b>16 Elias Nordeng</b>            | <b>Bærumsvømmerne</b>     | <b>1432</b> |
| 400m fri                           | 4.58,82 399p              |             |
| 200m rygg                          | 2.29,23 359p              |             |
| 200m bryst                         | 3.08,97 259p              |             |
| 100m butterfly                     | 1.09,69 335p              |             |
| 200m IM                            | 2.43,43 339p              |             |
| <b>17 Ask Rootwelt Revheim</b>     | <b>Lambertseter SK</b>    | <b>1423</b> |
| 400m fri                           | 4.36,67 451p              |             |
| 200m rygg                          | 2.37,49 305p              |             |
| 200m bryst                         | 2.58,41 307p              |             |
| 100m butterfly                     | 1.12,90 293p              |             |
| 200m IM                            | 2.34,07 360p              |             |
| <b>18 Oliver Dragland</b>          | <b>Kolbotn IL</b>         | <b>1421</b> |
| 400m fri                           | 5.02,21 346p              |             |
| 200m rygg                          | 2.32,74 335p              |             |
| 200m bryst                         | 2.52,31 400p              |             |
| 100m butterfly                     | 1.15,33 265p              |             |
| 200m IM                            | 2.43,18 340p              |             |
| <b>19 Simon Nesbø</b>              | <b>Lørenskog/Rælingen</b> | <b>1414</b> |
| 400m fri                           | 4.46,10 455p              |             |
| 200m rygg                          | 2.33,52 330p              |             |
| 200m bryst                         | 3.00,32 298p              |             |
| 100m butterfly                     | 1.14,93 270p              |             |
| 200m IM                            | 2.38,37 331p              |             |
| <b>20 Matias Johansen Ruud</b>     | <b>Sarpsborg IL</b>       | <b>1380</b> |
| 400m fri                           | 4.43,59 419p              |             |
| 200m rygg                          | 2.34,92 321p              |             |
| 200m bryst                         | 3.00,74 296p              |             |
| 100m butterfly                     | 1.13,64 284p              |             |
| 200m IM                            | 2.36,35 344p              |             |
| <b>21 Elias Noah T. Halvorsen</b>  | <b>Ski SK</b>             | <b>1364</b> |
| 400m fri                           | 4.52,35 426p              |             |
| 200m rygg                          | 2.37,04 308p              |             |
| 200m bryst                         | 2.59,60 301p              |             |
| 100m butterfly                     | 1.16,35 255p              |             |
| 200m IM                            | 2.38,67 329p              |             |

|   |                                       |                 |                        |
|---|---------------------------------------|-----------------|------------------------|
| <b>22 Anders Eide Haugholt</b>          | <b>Oslo IL</b>                        |                 | <b>1346</b>            |
| 400m fri                                | 4.59,98                               | 354p            |                        |
| 200m rygg                               | 2.34,94                               | 321p            |                        |
| 200m bryst                              | 2.51,79                               | 344p            |                        |
| 100m butterfly                          | 1.20,82                               | 215p            |                        |
| 200m IM                                 | 2.39,08                               | 327p            |                        |
| <b>23 Vetle Støten Kokkim</b>           | <b>Ullensakersvømmerne</b>            |                 | <b>1315</b>            |
| 400m fri                                | 5.03,38                               | 381p            |                        |
| 200m rygg                               | 2.42,24                               | 279p            |                        |
| 200m bryst                              | 3.04,85                               | 324p            |                        |
| 100m butterfly                          | 1.22,13                               | 205p            |                        |
| 200m IM                                 | 2.38,33                               | 331p            |                        |
| <del><b>24 Christoffer Hammer</b></del> | <del><b>Ullensakersvømmerne</b></del> |                 | <del><b>1295</b></del> |
| <del>400m fri</del>                     | <del>5.08,67</del>                    | <del>362p</del> |                        |
| <del>200m rygg</del>                    | <del>2.39,98</del>                    | <del>342p</del> |                        |
| <del>200m bryst</del>                   | <del>3.03,96</del>                    | <del>280p</del> |                        |
| <del>100m butterfly</del>               | <del>1.15,76</del>                    | <del>261p</del> |                        |
| <del>200m IM</del>                      | <del>2.48,12</del>                    | <del>311p</del> |                        |
| <b>25 Martin Kregnes Søstuen</b>        | <b>Elverum Svømming</b>               |                 | <b>1289</b>            |
| 400m fri                                | 5.00,89                               | 391p            |                        |
| 200m rygg                               | 2.38,99                               | 297p            |                        |
| 200m bryst                              | 3.13,91                               | 281p            |                        |
| 100m butterfly                          | 1.17,74                               | 241p            |                        |
| 200m IM                                 | 2.40,19                               | 320p            |                        |
| <b>Reserver</b>                         |                                       |                 |                        |
| <b>26 Andreas Forsstrøm</b>             | <b>Haldens SK</b>                     |                 | <b>1264</b>            |
| 400m fri                                | 4.56,18                               | 368p            |                        |
| 200m rygg                               | 2.43,17                               | 275p            |                        |
| 200m bryst                              | 2.57,24                               | 314p            |                        |
| 100m butterfly                          | 1.25,15                               | 184p            |                        |
| 200m IM                                 | 2.42,37                               | 307p            |                        |
| <b>27 Georg Trischler Vinje</b>         | <b>Asker SK</b>                       |                 | <b>1229</b>            |
| 400m fri                                | 5.26,29                               | 306p            |                        |
| 200m rygg                               | 2.45,90                               | 261p            |                        |
| 200m bryst                              | 2.49,84                               | 356p            |                        |
| 100m butterfly                          | 1.21,77                               | 226p            |                        |
| 200m IM                                 | 2.49,05                               | 306p            |                        |
| <b>28 Emil Jaroma</b>                   | <b>Gjøvik SK</b>                      |                 | <b>1225</b>            |
| 400m fri                                | 5.10,33                               | 319p            |                        |
| 200m rygg                               | 2.38,39                               | 300p            |                        |
| 200m bryst                              | 3.02,03                               | 289p            |                        |
| 100m butterfly                          | 1.16,25                               | 256p            |                        |
| 200m IM                                 | 2.40,68                               | 317p            |                        |

|                                  |                       |             |
|----------------------------------|-----------------------|-------------|
| <b>29 Petter Rølland</b>         | <b>Christiania SK</b> | <b>1199</b> |
| 400m fri                         | 5.13,24 311p          |             |
| 200m rygg                        | 2.52,05 234p          |             |
| 200m bryst                       | 3.10,97 294p          |             |
| 100m butterfly                   | 1.13,16 290p          |             |
| 200m IM                          | 2.42,89 304p          |             |
| <b>30 Erik Skomsøy</b>           | <b>Ski SK</b>         | <b>1147</b> |
| 400m fri                         | 5.08,90 324p          |             |
| 200m rygg                        | 2.51,08 238p          |             |
| 200m bryst                       | 3.14,27 238p          |             |
| 100m butterfly                   | 1.14,10 279p          |             |
| 200m IM                          | 2.42,66 306p          |             |
| <b>31 Iver Oterhals</b>          | <b>Kolbotn IL</b>     | <b>986</b>  |
| 400m fri                         | 5.37,60 248p          |             |
| 200m rygg                        | 2.51,58 236p          |             |
| 200m bryst                       | 3.22,68 210p          |             |
| 100m butterfly                   | 1.16,92 249p          |             |
| 200m IM                          | 2.53,21 253p          |             |
| <b>32 Lukas Rahm</b>             | <b>Ski SK</b>         | <b>976</b>  |
| 400m fri                         | 5.23,92 281p          |             |
| 200m rygg                        | 2.51,01 238p          |             |
| 200m bryst                       | 3.28,65 192p          |             |
| 100m butterfly                   | 1.22,19 204p          |             |
| 200m IM                          | 2.53,13 253p          |             |
| <b>33 Herman Nordheim Wilter</b> | <b>Ski SK</b>         | <b>961</b>  |
| 400m fri                         | 5.14,26 308p          |             |
| 200m rygg                        | 2.58,38 210p          |             |
| 200m bryst                       | 3.25,03 202p          |             |
| 100m butterfly                   | 1.22,64 201p          |             |
| 200m IM                          | 2.55,93 241p          |             |
| <b>34 Johannes Glosli</b>        | <b>Ås IL</b>          | <b>929</b>  |
| 400m fri                         | 5.15,22 305p          |             |
| 200m rygg                        | 2.57,06 215p          |             |
| 200m bryst                       | 3.22,55 210p          |             |
| 100m butterfly                   | 1.34,91 132p          |             |
| 200m IM                          | 3.07,72 199p          |             |





## 2003

|          |                                     |                            |             |
|----------|-------------------------------------|----------------------------|-------------|
| <b>1</b> | <b>Joakim Tronstad</b>              | <b>Asker SK</b>            | <b>1644</b> |
|          | 400m fri                            | 4.25,32 511p               |             |
|          | 200m rygg                           | 2.26,60 379p               |             |
|          | 200m bryst                          | 2.57,40 313p               |             |
|          | 100m butterfly                      | 1.08,74 349p               |             |
|          | 200m IM                             | 2.28,16 405p               |             |
| <b>2</b> | <b>Jonas Milian Hestad Solberg</b>  | <b>Bærumsvømmerne</b>      | <b>1641</b> |
|          | 400m fri                            | 4.35,27 458p               |             |
|          | 200m rygg                           | 2.22,74 410p               |             |
|          | 200m bryst                          | 2.55,47 323p               |             |
|          | 100m butterfly                      | 1.07,36 371p               |             |
|          | 200m IM                             | 2.28,54 402p               |             |
| <b>3</b> | <b>Mathias Somogyi Hoseth</b>       | <b>Ullensakersvømmerne</b> | <b>1626</b> |
|          | 400m fri                            | 4.43,97 417p               |             |
|          | 200m rygg                           | 2.32,41 337p               |             |
|          | 200m bryst                          | 2.43,79 466p               |             |
|          | 100m butterfly                      | 1.13,18 315p               |             |
|          | 200m IM                             | 2.33,89 406p               |             |
| <b>4</b> | <b>Andreas Vold</b>                 | <b>Oslo IL</b>             | <b>1581</b> |
|          | 400m fri                            | 4.35,66 508p               |             |
|          | 200m rygg                           | 2.33,36 388p               |             |
|          | 200m bryst                          | 2.59,61 301p               |             |
|          | 100m butterfly                      | 1.13,22 315p               |             |
|          | 200m IM                             | 2.38,77 370p               |             |
| <b>5</b> | <b>Elias Kristensen</b>             | <b>Lambertseter SK</b>     | <b>1578</b> |
|          | 400m fri                            | 4.40,21 434p               |             |
|          | 200m rygg                           | 2.27,46 372p               |             |
|          | 200m bryst                          | 2.46,62 378p               |             |
|          | 100m butterfly                      | 1.07,78 365p               |             |
|          | 200m IM                             | 2.29,52 394p               |             |
| <b>6</b> | <b>Henrik Christopher Norheim</b>   | <b>Bærumsvømmerne</b>      | <b>1462</b> |
|          | 400m fri                            | 4.46,35 407p               |             |
|          | 200m rygg                           | 2.31,14 346p               |             |
|          | 200m bryst                          | 3.10,33 253p               |             |
|          | 100m butterfly                      | 1.08,66 351p               |             |
|          | 200m IM                             | 2.34,33 358p               |             |
| <b>7</b> | <b>Sofian El Mousaoui</b>           | <b>SK Speed</b>            | <b>1461</b> |
|          | 400m fri                            | 4.38,83 441p               |             |
|          | 200m rygg                           | 2.32,06 339p               |             |
|          | 200m bryst                          | 2.56,26 319p               |             |
|          | 100m butterfly                      | 1.12,82 294p               |             |
|          | 200m IM                             | 2.33,75 362p               |             |
| <b>8</b> | <b>Sebastien Fouilloux-Iaquinta</b> | <b>Lambertseter SK</b>     | <b>1441</b> |
|          | 400m fri                            | 4.56,38 367p               |             |
|          | 200m rygg                           | 2.35,34 318p               |             |
|          | 200m bryst                          | 2.47,00 375p               |             |
|          | 100m butterfly                      | 1.11,35 340p               |             |
|          | 200m IM                             | 2.34,23 359p               |             |

|                                  |                            |             |
|----------------------------------|----------------------------|-------------|
| <b>9 Kristian Swakhoven</b>      | <b>Asker SK</b>            | <b>1315</b> |
| 400m fri                         | 4.49,58 393p               |             |
| 200m rygg                        | 2.40,03 291p               |             |
| 200m bryst                       | 3.19,19 221p               |             |
| 100m butterfly                   | 1.12,13 329p               |             |
| 200m IM                          | 2.43,35 302p               |             |
| <b>10 Markus Mæhlum</b>          | <b>Gjøvik SK</b>           | <b>1294</b> |
| 400m fri                         | 4.55,35 371p               |             |
| 200m rygg                        | 2.43,42 273p               |             |
| 200m bryst                       | 3.00,52 297p               |             |
| 100m butterfly                   | 1.13,46 311p               |             |
| 200m IM                          | 2.41,11 315p               |             |
| <b>11 Erik Ouren</b>             | <b>Lambertseter SK</b>     | <b>1249</b> |
| 400m fri                         | 5.17,30 299p               |             |
| 200m rygg                        | 2.32,18 338p               |             |
| 200m bryst                       | 3.10,28 253p               |             |
| 100m butterfly                   | 1.13,56 285p               |             |
| 200m IM                          | 2.39,05 327p               |             |
| <b>12 Vetle Nyhus Stenbakken</b> | <b>Christiania SK</b>      | <b>1234</b> |
| 400m fri                         | 5.06,28 332p               |             |
| 200m rygg                        | 2.43,93 318p               |             |
| 200m bryst                       | 3.13,59 241p               |             |
| 100m butterfly                   | 1.14,29 277p               |             |
| 200m IM                          | 2.42,49 307p               |             |
| <b>13 Oscar Lui</b>              | <b>Lambertseter SK</b>     | <b>1223</b> |
| 400m fri                         | 4.59,18 357p               |             |
| 200m rygg                        | 2.41,75 331p               |             |
| 200m bryst                       | 3.36,40 172p               |             |
| 100m butterfly                   | 1.16,15 257p               |             |
| 200m IM                          | 2.47,85 278p               |             |
| <b>14 Isak Årnes</b>             | <b>Kolbotn IL</b>          | <b>1185</b> |
| 400m fri                         | 5.13,70 309p               |             |
| 200m rygg                        | 2.49,84 286p               |             |
| 200m bryst                       | 2.57,23 314p               |             |
| 100m butterfly                   | 1.22,66 201p               |             |
| 200m IM                          | 2.48,19 276p               |             |
| <b>15 Haakon Handegaard</b>      | <b>Eidsvoll SK</b>         | <b>1151</b> |
| 400m fri                         | 5.04,36 339p               |             |
| 200m rygg                        | 2.43,57 272p               |             |
| 200m bryst                       | 3.10,57 252p               |             |
| 100m butterfly                   | 1.17,40 245p               |             |
| 200m IM                          | 2.46,00 288p               |             |
| <b>16 Stian Rojas-Bigseth</b>    | <b>Ullensakersvømmerne</b> | <b>1124</b> |
| 400m fri                         | 5.04,74 337p               |             |
| 200m rygg                        | 2.56,62 254p               |             |
| 200m bryst                       | 3.18,07 225p               |             |
| 100m butterfly                   | 1.16,79 251p               |             |
| 200m IM                          | 2.53,68 282p               |             |

|   |                        |      |             |
|---|------------------------|------|-------------|
| <b>17 Sebastian Larsen</b>              | <b>Kolbotn IL</b>      |      | <b>1108</b> |
| 400m fri                                | 5.02,21                | 346p |             |
| 200m rygg                               | 2.50,68                | 281p |             |
| 200m bryst                              | 3.27,20                | 196p |             |
| 100m butterfly                          | 1.22,67                | 201p |             |
| 200m IM                                 | 2.47,53                | 280p |             |
| <b>18 Martin Welgaar Christoffersen</b> | <b>Kolbotn IL</b>      |      | <b>1101</b> |
| 400m fri                                | 5.02,63                | 344p |             |
| 200m rygg                               | 2.46,23                | 260p |             |
| 200m bryst                              | 3.14,29                | 238p |             |
| 100m butterfly                          | 1.30,48                | 153p |             |
| 200m IM                                 | 2.51,87                | 259p |             |
| <b>19 Thivihaan Sriranganathan</b>      | <b>Lambertseter SK</b> |      | <b>1097</b> |
| 400m fri                                | 5.24,53                | 279p |             |
| 200m rygg                               | 2.47,68                | 253p |             |
| 200m bryst                              | 3.02,63                | 287p |             |
| 100m butterfly                          | 1.26,04                | 178p |             |
| 200m IM                                 | 2.47,81                | 278p |             |
| <b>20 Philip Johan Tokle</b>            | <b>Sarpsborg IL</b>    |      | <b>1091</b> |
| 400m fri                                | 5.18,76                | 295p |             |
| 200m rygg                               | 2.50,16                | 242p |             |
| 200m bryst                              | 3.03,26                | 284p |             |
| 100m butterfly                          | 1.28,08                | 166p |             |
| 200m IM                                 | 2.49,47                | 270p |             |
| <b>21 Daniel Rosenfeld</b>              | <b>Ås IL</b>           |      | <b>1089</b> |
| 400m fri                                | 5.09,00                | 324p |             |
| 200m rygg                               | 2.44,08                | 270p |             |
| 200m bryst                              | 3.13,22                | 242p |             |
| 100m butterfly                          | 1.31,86                | 146p |             |
| 200m IM                                 | 2.53,19                | 253p |             |
| <b>22 Gustav Göthlin</b>                | <b>Oslo IL</b>         |      | <b>1076</b> |
| 400m fri                                | 5.12,25                | 314p |             |
| 200m rygg                               | 2.58,66                | 209p |             |
| 200m bryst                              | 3.07,98                | 263p |             |
| 100m butterfly                          | 1.20,23                | 220p |             |
| 200m IM                                 | 2.47,58                | 279p |             |
| <b>23 Martin Navelsaker Beitveit</b>    | <b>Lambertseter SK</b> |      | <b>1070</b> |
| 400m fri                                | 5.18,79                | 295p |             |
| 200m rygg                               | 2.43,53                | 273p |             |
| 200m bryst                              | 3.14,51                | 237p |             |
| 100m butterfly                          | 1.23,54                | 194p |             |
| 200m IM                                 | 2.50,67                | 265p |             |
| <b>24 Adam Skare</b>                    | <b>Kolbotn IL</b>      |      | <b>1045</b> |
| 400m fri                                | 5.03,54                | 341p |             |
| 200m rygg                               | 2.54,73                | 223p |             |
| 200m bryst                              | 3.20,17                | 218p |             |
| 100m butterfly                          | 1.20,70                | 216p |             |
| 200m IM                                 | 2.51,11                | 263p |             |

**Reserver**

|                                 |                            |      |             |
|---------------------------------|----------------------------|------|-------------|
| <b>25 Leo Strand</b>            | <b>Asker SK</b>            |      | <b>1019</b> |
| 400m fri                        | 5.19,18                    | 294p |             |
| 200m rygg                       | 2.52,06                    | 234p |             |
| 200m bryst                      | 3.26,09                    | 234p |             |
| 100m butterfly                  | 1.31,31                    | 149p |             |
| 200m IM                         | 2.52,33                    | 257p |             |
| <b>26 Sebastian Eriksen</b>     | <b>Ullensakersvømmerne</b> |      | <b>998</b>  |
| 400m fri                        | 5.07,56                    | 328p |             |
| 200m rygg                       | 2.49,80                    | 244p |             |
| 200m bryst                      | 3.41,82                    | 160p |             |
| 100m butterfly                  | 1.27,76                    | 168p |             |
| 200m IM                         | 2.52,02                    | 258p |             |
| <b>27 Jonathan Blydt-Hansen</b> | <b>Oslo IL</b>             |      | <b>965</b>  |
| 400m fri                        | 5.24,21                    | 280p |             |
| 200m rygg                       | 2.48,69                    | 248p |             |
| 200m bryst                      | 3.24,15                    | 205p |             |
| 100m butterfly                  | 1.29,36                    | 159p |             |
| 200m IM                         | 2.58,22                    | 232p |             |
| <b>28 Håkon Løvseth Kavlie</b>  | <b>Oslo IL</b>             |      | <b>957</b>  |
| 400m fri                        | 5.21,46                    | 287p |             |
| 200m rygg                       | 2.59,90                    | 205p |             |
| 200m bryst                      | 3.19,96                    | 218p |             |
| 100m butterfly                  | 1.25,05                    | 184p |             |
| 200m IM                         | 2.54,51                    | 247p |             |
| <b>29 Sharujan Ragavan</b>      | <b>SK Speed</b>            |      | <b>940</b>  |
| 400m fri                        | 5.27,54                    | 272p |             |
| 200m rygg                       | 2.57,39                    | 251p |             |
| 200m bryst                      | 3.32,98                    | 181p |             |
| 100m butterfly                  | 1.27,57                    | 169p |             |
| 200m IM                         | 2.57,31                    | 236p |             |
| <b>30 Håvard Foss</b>           | <b>Ås IL</b>               |      | <b>936</b>  |
| 400m fri                        | 5.25,94                    | 276p |             |
| 200m rygg                       | 2.51,21                    | 279p |             |
| 200m bryst                      | 3.39,37                    | 165p |             |
| 100m butterfly                  | 1.36,12                    | 127p |             |
| 200m IM                         | 3.02,46                    | 216p |             |
| <b>31 Daniel Schulz</b>         | <b>Kolbotn IL</b>          |      | <b>931</b>  |
| 400m fri                        | 5.29,02                    | 268p |             |
| 200m rygg                       | 3.04,03                    | 224p |             |
| 200m bryst                      | 3.36,97                    | 200p |             |
| 100m butterfly                  | 1.22,53                    | 202p |             |
| 200m IM                         | 3.03,99                    | 237p |             |

|                            |                          |            |
|----------------------------|--------------------------|------------|
| <b>32 Henning Soelberg</b> | <b>Skjetten Svømming</b> | <b>857</b> |
| 400m fri                   | 5.41,49 240p             |            |
| 200m rygg                  | 3.03,49 193p             |            |
| 200m bryst                 | 3.22,18 211p             |            |
| 100m butterfly             | 1.30,17 155p             |            |
| 200m IM                    | 3.03,55 213p             |            |
| <b>33 Sindre Aasheim</b>   | <b>Lambertseter SK</b>   | <b>776</b> |
| 400m fri                   | 6.05,05 196p             |            |
| 200m rygg                  | 3.07,52 181p             |            |
| 200m bryst                 | 3.22,61 210p             |            |
| 100m butterfly             | 1.35,58 130p             |            |
| 200m IM                    | 3.10,73 189p             |            |

**2004**

|                                 |                  |             |
|---------------------------------|------------------|-------------|
| <b>1 Naveen Asas</b>            | <b>SK Speed</b>  | <b>1444</b> |
| 400m fri                        | 4.56,90 365p     |             |
| 200m rygg                       | 2.37,28 307p     |             |
| 200m bryst                      | 2.43,22 402p     |             |
| 100m butterfly                  | 1.13,50 286p     |             |
| 200m IM                         | 2.32,64 370p     |             |
| <b>2 Helje Stadaas</b>          | <b>Moss SK</b>   | <b>1316</b> |
| 400m fri                        | 4.41,14 430p     |             |
| 200m rygg                       | 2.33,93 327p     |             |
| 200m bryst                      | 3.18,54 223p     |             |
| 100m butterfly                  | 1.18,69 233p     |             |
| 200m IM                         | 2.39,27 326p     |             |
| <b>3 Sebastian Jaroma</b>       | <b>Gjøvik SK</b> | <b>1170</b> |
| 400m fri                        | 5.18,07 297p     |             |
| 200m rygg                       | 2.42,98 275p     |             |
| 200m bryst                      | 3.10,96 294p     |             |
| 100m butterfly                  | 1.22,23 204p     |             |
| 200m IM                         | 2.43,04 304p     |             |
| <b>4 Kristian Eide Haugholt</b> | <b>Oslo IL</b>   | <b>1167</b> |
| 400m fri                        | 5.21,45 287p     |             |
| 200m rygg                       | 2.40,47 289p     |             |
| 200m bryst                      | 3.08,99 303p     |             |
| 100m butterfly                  | 1.20,92 214p     |             |
| 200m IM                         | 2.45,91 288p     |             |
| <b>5 Aadi Vidyarathi</b>        | <b>Oslo IL</b>   | <b>1154</b> |
| 400m fri                        | 5.15,82 303p     |             |
| 200m rygg                       | 2.48,25 250p     |             |
| 200m bryst                      | 2.57,66 311p     |             |
| 100m butterfly                  | 1.19,38 227p     |             |
| 200m IM                         | 2.45,58 290p     |             |

|                                      |                            |      |             |
|--------------------------------------|----------------------------|------|-------------|
| <b>6 Oscar Megård</b>                | <b>Asker SK</b>            |      | <b>1144</b> |
| 400m fri                             | 5.03,32                    | 342p |             |
| 200m rygg                            | 2.42,23                    | 279p |             |
| 200m bryst                           | 3.15,08                    | 235p |             |
| 100m butterfly                       | 1.22,83                    | 200p |             |
| 200m IM                              | 2.45,96                    | 288p |             |
| <b>7 Richard Haging</b>              | <b>Skjetten Svømming</b>   |      | <b>1073</b> |
| 400m fri                             | 5.20,88                    | 289p |             |
| 200m rygg                            | 3.06,50                    | 216p |             |
| 200m bryst                           | 3.15,04                    | 235p |             |
| 100m butterfly                       | 1.15,24                    | 266p |             |
| 200m IM                              | 2.46,93                    | 283p |             |
| <b>8 Aidan Moore</b>                 | <b>Eidsvoll SK</b>         |      | <b>1064</b> |
| 400m fri                             | 5.10,90                    | 318p |             |
| 200m rygg                            | 2.46,73                    | 257p |             |
| 200m bryst                           | 3.19,13                    | 221p |             |
| 100m butterfly                       | 1.21,90                    | 206p |             |
| 200m IM                              | 2.49,85                    | 268p |             |
| <b>9 Istvan Besenyi</b>              | <b>Ullensakersvømmerne</b> |      | <b>1061</b> |
| 400m fri                             | 5.28,94                    | 299p |             |
| 200m rygg                            | 2.43,67                    | 272p |             |
| 200m bryst                           | 3.23,64                    | 242p |             |
| 100m butterfly                       | 1.30,16                    | 168p |             |
| 200m IM                              | 2.54,46                    | 248p |             |
| <b>10 Ivo Bendik Hopp Auganes</b>    | <b>Lambertseter SK</b>     |      | <b>1058</b> |
| 400m fri                             | 5.36,04                    | 251p |             |
| 200m rygg                            | 2.49,70                    | 244p |             |
| 200m bryst                           | 2.58,32                    | 308p |             |
| 100m butterfly                       | 1.26,68                    | 174p |             |
| 200m IM                              | 2.52,67                    | 255p |             |
| <b>11 Nilacsan Nagaseelan</b>        | <b>SK Speed</b>            |      | <b>1056</b> |
| 400m fri                             | 5.16,44                    | 301p |             |
| 200m rygg                            | 2.48,02                    | 251p |             |
| 200m bryst                           | 3.16,09                    | 231p |             |
| 100m butterfly                       | 1.20,24                    | 220p |             |
| 200m IM                              | 2.48,79                    | 273p |             |
| <b>12 Charlie Skoglund Macmillan</b> | <b>Gjøvik SK</b>           |      | <b>1047</b> |
| 400m fri                             | 5.16,66                    | 301p |             |
| 200m rygg                            | 2.43,61                    | 272p |             |
| 200m bryst                           | 3.27,69                    | 195p |             |
| 100m butterfly                       | 1.18,53                    | 234p |             |
| 200m IM                              | 2.56,29                    | 240p |             |
| <b>13 Julius Aarnes</b>              | <b>Asker SK</b>            |      | <b>1040</b> |
| 400m fri                             | 5.11,73                    | 315p |             |
| 200m rygg                            | 2.45,10                    | 265p |             |
| 200m bryst                           | 3.21,27                    | 214p |             |
| 100m butterfly                       | 1.24,64                    | 187p |             |
| 200m IM                              | 2.54,75                    | 246p |             |

|                                 |                          |             |
|---------------------------------|--------------------------|-------------|
| <b>14 Sander Matoe Singsaas</b> | <b>Lambertseter SK</b>   | <b>1021</b> |
| 400m fri                        | 5.24,45 279p             |             |
| 200m rygg                       | 2.51,34 237p             |             |
| 200m bryst                      | 3.13,21 242p             |             |
| 100m butterfly                  | 1.21,61 209p             |             |
| 200m IM                         | 2.50,95 263p             |             |
| <b>15 Mathias Holmann</b>       | <b>Bærumsvømmerne</b>    | <b>1020</b> |
| 400m fri                        | 5.34,16 256p             |             |
| 200m rygg                       | 2.50,72 281p             |             |
| 200m bryst                      | 3.14,27 238p             |             |
| 100m butterfly                  | 1.25,32 183p             |             |
| 200m IM                         | 2.55,01 245p             |             |
| <b>16 Thomas Efskind</b>        | <b>Asker SK</b>          | <b>980</b>  |
| 400m fri                        | 5.09,34 323p             |             |
| 200m rygg                       | 2.58,88 208p             |             |
| 200m bryst                      | 3.12,32 245p             |             |
| 100m butterfly                  | 1.22,20 204p             |             |
| 200m IM                         | 3.06,32 203p             |             |
| <b>17 Simen Arnestad</b>        | <b>Sarpsborg IL</b>      | <b>888</b>  |
| 400m fri                        | 5.23,76 281p             |             |
| 200m rygg                       | 3.00,14 204p             |             |
| 200m bryst                      | 3.38,51 167p             |             |
| 100m butterfly                  | 1.27,27 171p             |             |
| 200m IM                         | 2.58,34 232p             |             |
| <b>18 Sebastian Knevelsrud</b>  | <b>Eidsvoll SK</b>       | <b>881</b>  |
| 400m fri                        | 5.37,67 248p             |             |
| 200m rygg                       | 3.00,59 202p             |             |
| 200m bryst                      | 3.24,16 205p             |             |
| 100m butterfly                  | 1.27,35 170p             |             |
| 200m IM                         | 2.59,83 226p             |             |
| <b>19 Edvard Wilborn Sørli</b>  | <b>Asker SK</b>          | <b>871</b>  |
| 400m fri                        | 5.22,64 284p             |             |
| 200m rygg                       | 3.07,55 181p             |             |
| 200m bryst                      | 3.32,88 181p             |             |
| 100m butterfly                  | 1.26,32 176p             |             |
| 200m IM                         | 3.00,01 225p             |             |
| <b>20 Martin Breang Hagen</b>   | <b>Skjetten Svømming</b> | <b>848</b>  |
| 400m fri                        | 5.44,34 234p             |             |
| 200m rygg                       | 3.01,26 200p             |             |
| 200m bryst                      | 3.24,41 204p             |             |
| 100m butterfly                  | 1.33,40 139p             |             |
| 200m IM                         | 3.04,15 210p             |             |
| <b>21 Marius Genton</b>         | <b>Oslo IL</b>           | <b>832</b>  |
| 400m fri                        | 5.53,92 240p             |             |
| 200m rygg                       | 3.05,20 188p             |             |
| 200m bryst                      | 3.40,30 191p             |             |
| 100m butterfly                  | 1.35,46 130p             |             |
| 200m IM                         | 3.10,63 213p             |             |

|                                |                          |      |            |
|--------------------------------|--------------------------|------|------------|
| <b>22 Ashvindh Satheskumar</b> | <b>Oslo IL</b>           |      | <b>826</b> |
| 400m fri                       | 5.34,22                  | 256p |            |
| 200m rygg                      | 3.06,52                  | 184p |            |
| 200m bryst                     | 3.33,96                  | 178p |            |
| 100m butterfly                 | 1.28,13                  | 166p |            |
| 200m IM                        | 3.12,35                  | 208p |            |
| <b>23 Kristian Farner</b>      | <b>Asker SK</b>          |      | <b>815</b> |
| 400m fri                       | 5.53,02                  | 217p |            |
| 200m rygg                      | 3.00,53                  | 203p |            |
| 200m bryst                     | 3.31,10                  | 185p |            |
| 100m butterfly                 | 1.26,83                  | 173p |            |
| 200m IM                        | 3.04,34                  | 210p |            |
| <b>23 Oliver Elisenberg</b>    | <b>Moss SK</b>           |      | <b>815</b> |
| 400m fri                       | 5.31,34                  | 262p |            |
| 200m rygg                      | 3.02,79                  | 195p |            |
| 200m bryst                     | 3.49,64                  | 169p |            |
| 100m butterfly                 | 1.44,58                  | 99p  |            |
| 200m IM                        | 3.10,71                  | 189p |            |
| <b>Reserver</b>                |                          |      |            |
| <b>25 Mikkel Eiken Borge</b>   | <b>Bærumsvømmerne</b>    |      | <b>808</b> |
| 400m fri                       | 5.36,94                  | 249p |            |
| 200m rygg                      | 2.58,98                  | 208p |            |
| 200m bryst                     | 3.45,53                  | 152p |            |
| 100m butterfly                 | 1.34,77                  | 133p |            |
| 200m IM                        | 3.07,49                  | 199p |            |
| <b>26 Herman Angell Eid</b>    | <b>Skjetten Svømming</b> |      | <b>758</b> |
| 400m fri                       | 5.54,67                  | 214p |            |
| 200m rygg                      | 2.58,21                  | 211p |            |
| 200m bryst                     | 3.45,61                  | 152p |            |
| 100m butterfly                 | 1.37,49                  | 122p |            |
| 200m IM                        | 3.13,56                  | 181p |            |
| <b>27 Adam Olsen</b>           | <b>Bærumsvømmerne</b>    |      | <b>753</b> |
| 400m fri                       | 6.10,09                  | 210p |            |
| 200m rygg                      | 3.10,54                  | 172p |            |
| 200m bryst                     | 3.41,95                  | 187p |            |
| 100m butterfly                 | 1.41,99                  | 107p |            |
| 200m IM                        | 3.12,48                  | 184p |            |
| <b>28 Marius Røhne Grønlie</b> | <b>Skjetten Svømming</b> |      | <b>692</b> |
| 400m fri                       | 5.59,03                  | 206p |            |
| 200m rygg                      | 3.15,05                  | 188p |            |
| 200m bryst                     | 3.53,99                  | 136p |            |
| 100m butterfly                 | 1.50,20                  | 84p  |            |
| 200m IM                        | 3.20,90                  | 162p |            |



|                               |                        |            |
|-------------------------------|------------------------|------------|
| <b>29 Erlend Damm-Johnsen</b> | <b>Lambertseter SK</b> | <b>636</b> |
| 400m fri                      | 6.46,17 142p           |            |
| 200m rygg                     | 3.12,09 168p           |            |
| 200m bryst                    | 3.40,68 162p           |            |
| 100m butterfly                | 1.34,02 136p           |            |
| 200m IM                       | 3.20,00 164p           |            |
| <b>30 William Sauar</b>       | <b>Oslo IL</b>         | <b>453</b> |
| 400m fri                      | 7.02,53 126p           |            |
| 200m rygg                     | 4.00,38 86p            |            |
| 200m bryst                    | 3.58,11 129p           |            |
| 100m butterfly                | 2.00,82 64p            |            |
| 200m IM                       | 3.46,82 112p           |            |

## 2005

|                                       |                            |             |
|---------------------------------------|----------------------------|-------------|
| <b>1 Christopher Augustsson</b>       | <b>Lambertseter SK</b>     | <b>1228</b> |
| 400m fri                              | 5.10,30 320p               |             |
| 200m rygg                             | 2.38,83 298p               |             |
| 200m bryst                            | 2.59,54 302p               |             |
| 100m butterfly                        | 1.20,36 219p               |             |
| 200m IM                               | 2.42,17 308p               |             |
| <b>2 Axel Sebastian Karal Melberg</b> | <b>Oslo IL</b>             | <b>1161</b> |
| 400m fri                              | 5.05,45 335p               |             |
| 200m rygg                             | 2.39,42 294p               |             |
| 200m bryst                            | 3.17,21 228p               |             |
| 100m butterfly                        | 1.19,02 230p               |             |
| 200m IM                               | 2.43,40 302p               |             |
| <b>3 Noah Jacobsen</b>                | <b>SK Speed</b>            | <b>1152</b> |
| 400m fri                              | 5.15,47 304p               |             |
| 200m rygg                             | 2.48,35 250p               |             |
| 200m bryst                            | 3.03,10 284p               |             |
| 100m butterfly                        | 1.17,91 240p               |             |
| 200m IM                               | 2.41,29 314p               |             |
| <b>3 Oskar Farkas</b>                 | <b>Ullensakersvømmerne</b> | <b>1152</b> |
| 400m fri                              | 4.59,69 355p               |             |
| 200m rygg                             | 2.42,16 280p               |             |
| 200m bryst                            | 3.25,76 235p               |             |
| 100m butterfly                        | 1.22,29 203p               |             |
| 200m IM                               | 2.47,10 282p               |             |
| <b>5 Håkon Rye Pedersen</b>           | <b>Oslo IL</b>             | <b>995</b>  |
| 400m fri                              | 5.31,97 291p               |             |
| 200m rygg                             | 3.01,70 199p               |             |
| 200m bryst                            | 3.07,01 267p               |             |
| 100m butterfly                        | 1.29,14 160p               |             |
| 200m IM                               | 2.56,87 238p               |             |

|                                  |                          |            |
|----------------------------------|--------------------------|------------|
| <b>6 Jonas She Cheung</b>        | <b>SK Speed</b>          | <b>974</b> |
| 400m fri                         | 5.22,56 284p             |            |
| 200m rygg                        | 2.55,68 220p             |            |
| 200m bryst                       | 3.16,38 230p             |            |
| 100m butterfly                   | 1.28,06 166p             |            |
| 200m IM                          | 2.56,27 240p             |            |
| <b>7 Oliver Danielsen</b>        | <b>Kongstensvømmerne</b> | <b>964</b> |
| 400m fri                         | 5.08,14 326p             |            |
| 200m rygg                        | 2.53,19 229p             |            |
| 200m bryst                       | 4.07,77 114p             |            |
| 100m butterfly                   | 1.23,67 194p             |            |
| 200m IM                          | 3.02,99 215p             |            |
| <b>8 Herman Røed</b>             | <b>SK Speed</b>          | <b>933</b> |
| 400m fri                         | 5.27,04 273p             |            |
| 200m rygg                        | 2.52,25 233p             |            |
| 200m bryst                       | 3.36,79 171p             |            |
| 100m butterfly                   | 1.22,12 205p             |            |
| 200m IM                          | 3.00,81 222p             |            |
| <b>9 Troy Guldhav</b>            | <b>Kolbotn IL</b>        | <b>917</b> |
| 400m fri                         | 5.28,80 268p             |            |
| 200m rygg                        | 2.53,64 228p             |            |
| 200m bryst                       | 3.39,72 193p             |            |
| 100m butterfly                   | 1.27,09 172p             |            |
| 200m IM                          | 2.59,38 228p             |            |
| <b>10 Christian Offenberg</b>    | <b>Kongstensvømmerne</b> | <b>907</b> |
| 400m fri                         | 5.25,06 278p             |            |
| 200m rygg                        | 2.55,29 221p             |            |
| 200m bryst                       | 3.35,30 175p             |            |
| 100m butterfly                   | 1.28,28 165p             |            |
| 200m IM                          | 2.58,09 233p             |            |
| <b>11 Timon Alexander Øverby</b> | <b>Lambertseter SK</b>   | <b>906</b> |
| 400m fri                         | 5.30,73 264p             |            |
| 200m rygg                        | 2.56,78 216p             |            |
| 200m bryst                       | 3.27,35 196p             |            |
| 100m butterfly                   | 1.30,62 152p             |            |
| 200m IM                          | 2.58,82 230p             |            |
| <b>12 Hiram Eshagi</b>           | <b>Hamar IL</b>          | <b>885</b> |
| 400m fri                         | 5.59,80 205p             |            |
| 200m rygg                        | 2.55,13 222p             |            |
| 200m bryst                       | 3.12,93 243p             |            |
| 100m butterfly                   | 1.32,06 145p             |            |
| 200m IM                          | 3.02,89 215p             |            |
| <b>13 Robert Fagervik</b>        | <b>Bærumsvømmerne</b>    | <b>874</b> |
| 400m fri                         | 5.40,71 241p             |            |
| 200m rygg                        | 3.00,44 203p             |            |
| 200m bryst                       | 3.21,03 215p             |            |
| 100m butterfly                   | 1.32,12 158p             |            |
| 200m IM                          | 3.02,87 215p             |            |

|                                    |                           |            |
|------------------------------------|---------------------------|------------|
| <b>14 Erik Magnus Evensrud</b>     | <b>Lørenskog/Rælingen</b> | <b>854</b> |
| 400m fri                           | 5.30,34 265p              |            |
| 200m rygg                          | 3.01,27 200p              |            |
| 200m bryst                         | 3.28,31 193p              |            |
| 100m butterfly                     | 1.41,68 108p              |            |
| 200m IM                            | 3.08,65 196p              |            |
| <b>15 William Steiner-Hansen</b>   | <b>Oslo IL</b>            | <b>839</b> |
| 400m fri                           | 6.04,23 220p              |            |
| 200m rygg                          | 3.01,87 198p              |            |
| 200m bryst                         | 3.18,17 224p              |            |
| 100m butterfly                     | 1.42,72 104p              |            |
| 200m IM                            | 3.08,22 197p              |            |
| <b>16 Mikkel Timm Sundin</b>       | <b>Oslo IL</b>            | <b>712</b> |
| 400m fri                           | 5.55,58 212p              |            |
| 200m rygg                          | 3.20,39 148p              |            |
| 200m bryst                         | 3.24,26 205p              |            |
| 100m butterfly                     | 1.39,81 114p              |            |
| 200m IM                            | 3.27,56 147p              |            |
| <b>17 Stellan Gundersen Wallin</b> | <b>Kolbotn IL</b>         | <b>706</b> |
| 400m fri                           | 5.53,47 216p              |            |
| 200m rygg                          | 3.12,57 167p              |            |
| 200m bryst                         | 3.59,54 127p              |            |
| 100m butterfly                     | 1.31,46 148p              |            |
| 200m IM                            | 3.15,75 175p              |            |
| <b>18 Kamil Erik Sevik</b>         | <b>Elverum Svømming</b>   | <b>698</b> |
| 400m fri                           | 6.11,33 186p              |            |
| 200m rygg                          | 3.11,92 169p              |            |
| 200m bryst                         | 3.37,96 168p              |            |
| 100m butterfly                     | 1.39,78 114p              |            |
| 200m IM                            | 3.23,64 175p              |            |
| <b>19 Leon Østmark-Ellefsen</b>    | <b>Kolbotn IL</b>         | <b>651</b> |
| 400m fri                           | 6.08,82 190p              |            |
| 200m rygg                          | 3.19,99 149p              |            |
| 200m bryst                         | 3.52,07 139p              |            |
| 100m butterfly                     | 1.41,55 108p              |            |
| 200m IM                            | 3.16,63 173p              |            |
| <b>20 Agust Stang</b>              | <b>Bærumsvømmerne</b>     | <b>636</b> |
| 400m fri                           | 6.37,72 151p              |            |
| 200m rygg                          | 3.20,63 147p              |            |
| 200m bryst                         | 3.33,03 180p              |            |
| 100m butterfly                     | 1.51,23 82p               |            |
| 200m IM                            | 3.22,76 158p              |            |
| <b>21 Thomas Abustan</b>           | <b>SK Speed</b>           | <b>626</b> |
| 400m fri                           | 6.43,29 145p              |            |
| 200m rygg                          | 3.21,95 145p              |            |
| 200m bryst                         | 3.47,37 148p              |            |
| 100m butterfly                     | 1.33,18 140p              |            |
| 200m IM                            | 3.11,13 188p              |            |

|                               |                            |            |
|-------------------------------|----------------------------|------------|
| <b>22 Christian Toussi</b>    | <b>Ullensakersvømmerne</b> | <b>618</b> |
| 400m fri                      | 6.20,05 174p               |            |
| 200m rygg                     | 3.16,04 158p               |            |
| 200m bryst                    | 3.58,16 129p               |            |
| 100m butterfly                | 1.46,47 94p                |            |
| 200m IM                       | 3.23,03 157p               |            |
| <b>23 Pedram Heydari</b>      | <b>Lørenskog/Rælingen</b>  | <b>611</b> |
| 400m fri                      | 6.09,12 190p               |            |
| 200m rygg                     | 3.28,97 130p               |            |
| 200m bryst                    | 3.57,48 130p               |            |
| 100m butterfly                | 1.46,18 94p                |            |
| 200m IM                       | 3.21,49 161p               |            |
| <b>24 Kenneth Nguyen</b>      | <b>Skjetten Svømming</b>   | <b>609</b> |
| 400m fri                      | 6.36,63 153p               |            |
| 200m rygg                     | 3.27,39 133p               |            |
| 200m bryst                    | 3.38,20 168p               |            |
| 100m butterfly                | 1.48,19 89p                |            |
| 200m IM                       | 3.23,80 155p               |            |
| <b>25 Michael Jansen</b>      | <b>Ullensakersvømmerne</b> | <b>606</b> |
| 400m fri                      | 6.20,46 173p               |            |
| 200m rygg                     | 3.05,76 186p               |            |
| 200m bryst                    | 4.03,07 121p               |            |
| 100m butterfly                | 1.50,53 84p                |            |
| 200m IM                       | 3.46,80 126p               |            |
| <b>26 Christian Haaland</b>   | <b>Ski SK</b>              | <b>603</b> |
| 400m fri                      | 5.56,00 211p               |            |
| 200m rygg                     | 3.13,83 164p               |            |
| 200m bryst                    | 5.00,88 64p                |            |
| 100m butterfly                | 1.47,54 91p                |            |
| 200m IM                       | 3.32,50 137p               |            |
| <b>27 Albert Calka</b>        | <b>Gjøvik SK</b>           | <b>567</b> |
| 400m fri                      | 6.33,53 156p               |            |
| 200m rygg                     | 3.25,98 136p               |            |
| 200m bryst                    | 3.47,98 147p               |            |
| 100m butterfly                | 1.55,28 74p                |            |
| 200m IM                       | 3.37,16 128p               |            |
| <b>28 Malaravan Sivanesan</b> | <b>SK Speed</b>            | <b>554</b> |
| 400m fri                      | 6.49,07 139p               |            |
| 200m rygg                     | 3.36,68 117p               |            |
| 200m bryst                    | 3.37,51 169p               |            |
| 100m butterfly                | 2.03,70 60p                |            |
| 200m IM                       | 3.36,71 129p               |            |
| <b>29 Phillip Sigvartsen</b>  | <b>Skjetten Svømming</b>   | <b>552</b> |
| 400m fri                      | 6.43,28 145p               |            |
| 200m rygg                     | 3.31,91 125p               |            |
| 200m bryst                    | 3.51,24 141p               |            |
| 100m butterfly                | 1.51,29 82p                |            |
| 200m IM                       | 3.30,28 141p               |            |

|                                |                          |            |
|--------------------------------|--------------------------|------------|
| <b>30 Sebastian Johannesen</b> | <b>Bærumsvømmerne</b>    | <b>534</b> |
| 400m fri                       | 6.57,95 145p             |            |
| 200m rygg                      | 3.22,06 144p             |            |
| 200m bryst                     | 4.19,26 117p             |            |
| 100m butterfly                 | 1.47,97 90p              |            |
| 200m IM                        | 3.45,96 128p             |            |
| <b>31 Julian Hoel Bjanes</b>   | <b>Lambertseter SK</b>   | <b>516</b> |
| 400m fri                       | 6.55,22 133p             |            |
| 200m rygg                      | 3.35,76 118p             |            |
| 200m bryst                     | 3.59,02 128p             |            |
| 100m butterfly                 | 1.53,93 76p              |            |
| 200m IM                        | 3.32,20 137p             |            |
| <b>32 Herman Langhammer</b>    | <b>Ås IL</b>             | <b>499</b> |
| 400m fri                       | 6.46,04 142p             |            |
| 200m rygg                      | 3.34,75 120p             |            |
| 200m bryst                     | 4.22,08 97p              |            |
| 100m butterfly                 | 1.43,06 103p             |            |
| 200m IM                        | 3.34,10 134p             |            |
| <b>33 Sindre Kalvø Dalby</b>   | <b>Bærumsvømmerne</b>    | <b>483</b> |
| 400m fri                       | 6.44,43 144p             |            |
| 200m rygg                      | 3.36,72 117p             |            |
| 200m bryst                     | 4.35,30 83p              |            |
| 100m butterfly                 | 1.56,87 71p              |            |
| 200m IM                        | 3.31,24 139p             |            |
| <b>34 Oliver Schiong</b>       | <b>SK Speed</b>          | <b>473</b> |
| 400m fri                       | 6.57,55 131p             |            |
| 200m rygg                      | 3.45,53 104p             |            |
| 200m bryst                     | 3.54,11 136p             |            |
| 100m butterfly                 | 2.10,90 50p              |            |
| 200m IM                        | 3.54,09 102p             |            |
| <b>35 Jacob Sjølie</b>         | <b>Skjetten Svømming</b> | <b>451</b> |
| 400m fri                       | 6.46,22 142p             |            |
| 200m rygg                      | 4.05,67 94p              |            |
| 200m bryst                     | 4.33,69 99p              |            |
| 100m butterfly                 | 1.51,74 81p              |            |
| 200m IM                        | 3.44,15 116p             |            |
| <b>36 Elias Haugsbakk</b>      | <b>Kolbotn IL</b>        | <b>441</b> |
| 400m fri                       | 7.13,58 117p             |            |
| 200m rygg                      | 3.45,26 104p             |            |
| 200m bryst                     | 4.11,67 109p             |            |
| 100m butterfly                 | 2.09,99 51p              |            |
| 200m IM                        | 3.47,50 111p             |            |
| <b>37 Tarik Muratovic</b>      | <b>Skjetten Svømming</b> | <b>416</b> |
| 400m fri                       | 7.40,47 97p              |            |
| 200m rygg                      | 4.29,42 61p              |            |
| 200m bryst                     | 3.43,19 157p             |            |
| 100m butterfly                 | 2.02,65 61p              |            |
| 200m IM                        | 3.55,31 101p             |            |

|           |                              |                   |            |
|-----------|------------------------------|-------------------|------------|
| <b>38</b> | <b>Odin Gedde-dahl</b>       | <b>Oslo IL</b>    | <b>415</b> |
|           | 400m fri                     | 7.12,52 118p      |            |
|           | 200m rygg                    | 4.07,43 92p       |            |
|           | 200m bryst                   | 4.09,16 113p      |            |
|           | 100m butterfly               | 2.06,43 56p       |            |
|           | 200m IM                      | 4.02,38 92p       |            |
| <b>39</b> | <b>Aminullah Akbar</b>       | <b>SK Speed</b>   | <b>380</b> |
|           | 400m fri                     | 7.30,66 104p      |            |
|           | 200m rygg                    | 3.52,86 94p       |            |
|           | 200m bryst                   | 4.23,82 95p       |            |
|           | 100m butterfly               | 2.04,63 58p       |            |
|           | 200m IM                      | 4.07,32 87p       |            |
| <b>40</b> | <b>Linus Dragland</b>        | <b>Kolbotn IL</b> | <b>379</b> |
|           | 400m fri                     | 7.37,66 99p       |            |
|           | 200m rygg                    | 4.04,51 81p       |            |
|           | 200m bryst                   | 3.56,24 132p      |            |
|           | 100m butterfly               | 2.36,37 29p       |            |
|           | 200m IM                      | 4.29,23 67p       |            |
| <b>41</b> | <b>Sondre Løvseth Kavlie</b> | <b>Oslo IL</b>    | <b>344</b> |
|           | 400m fri                     | 7.33,45 102p      |            |
|           | 200m rygg                    | 4.33,08 58p       |            |
|           | 200m bryst                   | 4.25,37 93p       |            |
|           | 100m butterfly               | 2.06,11 56p       |            |
|           | 200m IM                      | 4.03,27 91p       |            |

## 2006

|          |                            |                         |             |
|----------|----------------------------|-------------------------|-------------|
| <b>1</b> | <b>Kristian Tronstad</b>   | <b>Asker SK</b>         | <b>1038</b> |
|          | 400m fri                   | 5.16,96 300p            |             |
|          | 100m rygg                  | 1.20,73 222p            |             |
|          | 100m bryst                 | 1.41,54 164p            |             |
|          | 50m butterfly              | 33,66 271p              |             |
|          | 200m IM                    | 2.54,97 245p            |             |
| <b>2</b> | <b>Mikkel Solhøy</b>       | <b>Lambertseter SK</b>  | <b>645</b>  |
|          | 400m fri                   | 6.08,91 190p            |             |
|          | 100m rygg                  | 1.34,70 138p            |             |
|          | 100m bryst                 | 1.46,24 143p            |             |
|          | 50m butterfly              | 44,98 113p              |             |
|          | 200m IM                    | 3.16,36 174p            |             |
| <b>3</b> | <b>Matias Sveen Larsen</b> | <b>Elverum Svømming</b> | <b>606</b>  |
|          | 400m fri                   | 6.29,66 161p            |             |
|          | 100m rygg                  | 1.42,15 109p            |             |
|          | 100m bryst                 | 1.50,75 147p            |             |
|          | 50m butterfly              | 43,87 122p              |             |
|          | 200m IM                    | 3.15,61 176p            |             |

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|---------------------|--|----------------------------|-----------------------|
| <b>4</b>            | <b>Eilif Bouquet</b>                       | <b>SK Speed</b>            | <b>604</b>            |
|                     | 400m fri                                   | 6.34,60 155p               |                       |
|                     | 100m rygg                                  | 1.40,82 114p               |                       |
|                     | 100m bryst                                 | 1.43,85 153p               |                       |
|                     | 50m butterfly                              | 43,62 124p                 |                       |
|                     | 200m IM                                    | 3.16,91 172p               |                       |
| <b>4</b>            | <b>Sebastian Hagen</b>                     | <b>Bærumsvømmerne</b>      | <b>604</b>            |
|                     | 400m fri                                   | 6.41,88 147p               |                       |
|                     | 100m rygg                                  | 1.32,57 147p               |                       |
|                     | 100m bryst                                 | 1.41,67 163p               |                       |
|                     | 50m butterfly                              | 47,08 99p                  |                       |
|                     | 200m IM                                    | 3.27,58 147p               |                       |
| <b>6</b>            | <b>Amund Dønnum Engebretsen</b>            | <b>Eidsvoll SK</b>         | <b>583</b>            |
|                     | 400m fri                                   | 6.13,43 183p               |                       |
|                     | 100m rygg                                  | 1.39,78 117p               |                       |
|                     | 100m bryst                                 | 1.47,02 140p               |                       |
|                     | 50m butterfly                              | 49,18 87p                  |                       |
|                     | 200m IM                                    | 3.29,21 143p               |                       |
| <b>7</b>            | <b>Knut Zachrisson Prestegarden</b>        | <b>Lørenskog/Rælingen</b>  | <b>578</b>            |
|                     | 400m fri                                   | 6.23,10 170p               |                       |
|                     | 100m rygg                                  | 1.33,73 142p               |                       |
|                     | 100m bryst                                 | 1.45,76 145p               |                       |
|                     | 50m butterfly                              | 49,74 84p                  |                       |
|                     | 200m IM                                    | 3.41,34 121p               |                       |
| <del><b>8</b></del> | <del><b>Kevin Aleksander Luzajic</b></del> | <del><b>SK Speed</b></del> | <del><b>576</b></del> |
|                     | 400m fri                                   | 6.33,22 157p               |                       |
|                     | 100m rygg                                  | 1.38,82 121p               |                       |
|                     | 100m bryst                                 | 1.50,71 126p               |                       |
|                     | 50m butterfly                              | 41,43 145p                 |                       |
|                     | 200m IM                                    | 3.27,17 148p               |                       |
| <b>9</b>            | <b>Daniel Nguyen</b>                       | <b>Asker SK</b>            | <b>565</b>            |
|                     | 400m fri                                   | 6.50,03 138p               |                       |
|                     | 100m rygg                                  | 1.36,50 130p               |                       |
|                     | 100m bryst                                 | 1.42,54 159p               |                       |
|                     | 50m butterfly                              | 50,07 82p                  |                       |
|                     | 200m IM                                    | 3.32,13 138p               |                       |
| <b>10</b>           | <b>Filip Göthlin</b>                       | <b>Oslo IL</b>             | <b>562</b>            |
|                     | 400m fri                                   | 6.07,71 192p               |                       |
|                     | 100m rygg                                  | 1.36,72 129p               |                       |
|                     | 100m bryst                                 | 1.54,37 114p               |                       |
|                     | 50m butterfly                              | 47,88 94p                  |                       |
|                     | 200m IM                                    | 3.37,88 127p               |                       |
| <b>11</b>           | <b>Phillip A. Munro-Omdahl</b>             | <b>Lambertseter SK</b>     | <b>527</b>            |
|                     | 400m fri                                   | 6.42,62 146p               |                       |
|                     | 100m rygg                                  | 1.36,20 131p               |                       |
|                     | 100m bryst                                 | 1.55,32 112p               |                       |
|                     | 50m butterfly                              | 42,52 134p                 |                       |
|                     | 200m IM                                    | 3.44,18 116p               |                       |

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|---|--------------------------------------|-----------------------|
| <b>12 Magnus Rygh Simonsen</b>              | <b>Ullensakersvømmerne</b>           | <b>524</b>            |
| 400m fri                                    | 7.15,74 128p                         |                       |
| 100m rygg                                   | 1.44,66 122p                         |                       |
| 100m bryst                                  | 1.52,56 140p                         |                       |
| 50m butterfly                               | 47,97 93p                            |                       |
| 200m IM                                     | 3.42,24 134p                         |                       |
| <b>13 Isak Emilian Arnesen</b>              | <b>SK Speed</b>                      | <b>500</b>            |
| 400m fri                                    | 6.56,13 132p                         |                       |
| 100m rygg                                   | 1.32,81 146p                         |                       |
| 100m bryst                                  | 1.55,85 110p                         |                       |
| 50m butterfly                               | 45,16 112p                           |                       |
| 200m IM                                     | 3.54,43 102p                         |                       |
| <b>14 Pelle Basmo Bjerkli</b>               | <b>SK Speed</b>                      | <b>477</b>            |
| 400m fri                                    | 6.56,99 131p                         |                       |
| 100m rygg                                   | 1.42,46 108p                         |                       |
| 100m bryst                                  | 1.56,79 107p                         |                       |
| 50m butterfly                               | 47,02 99p                            |                       |
| 200m IM                                     | 3.35,53 131p                         |                       |
| <del><b>15 Martin Sørli Nordquist</b></del> | <del><b>Bærumsvømmerne</b></del>     | <del><b>451</b></del> |
| 400m fri                                    | 6.50,52 138p                         |                       |
| 100m rygg                                   | 1.46,81 96p                          |                       |
| 100m bryst                                  | 2.00,58 98p                          |                       |
| 50m butterfly                               | 51,59 75p                            |                       |
| 200m IM                                     | 3.42,85 119p                         |                       |
| <b>16 Jonas Solbu Gulbrandsen</b>           | <b>Oslo IL</b>                       | <b>439</b>            |
| 400m fri                                    | 7.15,04 129p                         |                       |
| 100m rygg                                   | 1.46,53 96p                          |                       |
| 100m bryst                                  | 1.55,58 111p                         |                       |
| 50m butterfly                               | 52,76 70p                            |                       |
| 200m IM                                     | 3.53,84 103p                         |                       |
| <b>17 Nirujan Kathiravelu</b>               | <b>SK Speed</b>                      | <b>412</b>            |
| 400m fri                                    | 7.38,34 99p                          |                       |
| 100m rygg                                   | 1.44,04 104p                         |                       |
| 100m bryst                                  | 2.00,11 99p                          |                       |
| 50m butterfly                               | 53,93 66p                            |                       |
| 200m IM                                     | 3.48,39 110p                         |                       |
| <b>18 Oliver Bauer Skymoen</b>              | <b>Lørenskog/Rælingen</b>            | <b>398</b>            |
| 400m fri                                    | 7.36,87 100p                         |                       |
| 100m rygg                                   | 1.50,69 86p                          |                       |
| 100m bryst                                  | 1.53,38 117p                         |                       |
| 50m butterfly                               | 56,89 56p                            |                       |
| 200m IM                                     | 3.59,92 95p                          |                       |
| <del><b>19 Alexander Wang</b></del>         | <del><b>Lørenskog/Rælingen</b></del> | <del><b>361</b></del> |
| 400m fri                                    | 8.56,02 62p                          |                       |
| 100m rygg                                   | 1.45,70 99p                          |                       |
| 100m bryst                                  | 1.53,50 117p                         |                       |
| 50m butterfly                               | 52,75 70p                            |                       |
| 200m IM                                     | 4.19,23 75p                          |                       |



|                              |                           |            |
|------------------------------|---------------------------|------------|
| <b>20 Fredrick Von Krogh</b> | <b>Bærumsvømmerne</b>     | <b>340</b> |
| 400m fri                     | 7.58,13 87p               |            |
| 100m rygg                    | 1.55,26 76p               |            |
| 100m bryst                   | 2.05,39 87p               |            |
| 50m butterfly                | 56,99 55p                 |            |
| 200m IM                      | 4.03,93 90p               |            |
| <b>21 Thomas Andruchow</b>   | <b>Skjetten Svømming</b>  | <b>333</b> |
| 400m fri                     | 7.32,82 102p              |            |
| 100m rygg                    | 1.55,47 76p               |            |
| 100m bryst                   | 2.07,97 82p               |            |
| 50m butterfly                | 56,05 58p                 |            |
| 200m IM                      | 4.21,57 73p               |            |
| <b>22 Georg Benterud</b>     | <b>Lørenskog/Rælingen</b> | <b>320</b> |
| 400m fri                     | 7.38,21 99p               |            |
| 100m rygg                    | 1.56,10 74p               |            |
| 100m bryst                   | 2.17,94 65p               |            |
| 50m butterfly                | 54,29 64p                 |            |
| 200m IM                      | 4.11,48 82p               |            |
| <b>23 Janujan Ragavan</b>    | <b>SK Speed</b>           | <b>283</b> |
| 400m fri                     | 7.59,23 86p               |            |
| 100m rygg                    | 1.54,08 78p               |            |
| 100m bryst                   | 2.25,55 55p               |            |
| 50m butterfly                | 1.06,59 35p               |            |
| 200m IM                      | 4.33,53 64p               |            |