

Øvelse 1. 200m individuell medley, damer**Heat 1**

| | | | | | |
|---|---------------------------|----|------------|---------|-------|
| 1 | Julie Borsheim Endregaard | 01 | Frisinn SK | | _____ |
| 2 | Shannon Smyth | 00 | Madla SK | | _____ |
| 3 | Anoushka Brannan Anderson | 00 | Madla SK | 3.52,47 | _____ |
| 4 | Marit Haram Hjelmsås | 99 | Madla SK | | _____ |
| 5 | Peyton Karlsen | 00 | Madla SK | | _____ |
| 6 | | | | | _____ |

Heat 2

| | | | | | |
|---|----------------------------|----|------------|---------|-------|
| 1 | Malin Eie Jacobsen | 00 | Frisinn SK | 3.24,86 | _____ |
| 2 | Karoline Auestad Petterson | 98 | Madla SK | 3.20,22 | _____ |
| 3 | Mari Ellingsen Bråten | 98 | Madla SK | 3.15,63 | _____ |
| 4 | May Idun Konow Grønseth | 98 | Frisinn SK | 3.17,02 | _____ |
| 5 | Nora Sandvoll | 99 | Frisinn SK | 3.21,50 | _____ |
| 6 | Anniqve Ultee | 00 | Frisinn SK | 3.49,17 | _____ |

Heat 3

| | | | | | |
|---|-----------------------|----|------------|---------|-------|
| 1 | Iris Aikio | 98 | Madla SK | 3.08,11 | _____ |
| 2 | Lise Eiane | 97 | Sola SK | 2.57,23 | _____ |
| 3 | Kristin Serck-Hanssen | 98 | Madla SK | 2.55,32 | _____ |
| 4 | Andrea Edland | 98 | Frisinn SK | 2.56,19 | _____ |
| 5 | Stine Bertelsen | 99 | Bryne SK | 3.02,90 | _____ |
| 6 | Karianne Møkster | 99 | Frisinn SK | 3.14,14 | _____ |

Heat 4

| | | | | | |
|---|-----------------------------|----|-------------|---------|-------|
| 1 | Aneeka Knapp | 97 | Sola SK | 2.54,88 | _____ |
| 2 | Ingrid Bergslid | 97 | Madla SK | 2.32,85 | _____ |
| 3 | Stine Mjølhus Kristoffersen | 93 | Madla SK | 2.28,16 | _____ |
| 4 | Lotte Miller | 96 | Madla SK | 2.30,06 | _____ |
| 5 | Ingrid Elise Berge Jenssen | 98 | Madla SK | 2.53,45 | _____ |
| 6 | Hanna Årsvoll Ryen | 97 | Sandnes SLK | 2.55,06 | _____ |

Øvelse 2. 200m individuell medley, herrer**Heat 1**

| | | | | | |
|---|----------------|----|------------|---------|-------|
| 1 | | | | | _____ |
| 2 | Andreas Wathne | 97 | Frisinn SK | | _____ |
| 3 | Njord Fornes | 99 | Sola SK | 3.21,89 | _____ |
| 4 | Runar Hoydal | 97 | Madla SK | | _____ |
| 5 | | | | | _____ |
| 6 | | | | | _____ |

Heat 2

| | | | | | |
|---|-------------------------|----|------------|---------|-------|
| 1 | Sindre Vatnamot Amble | 98 | Madla SK | 3.12,90 | _____ |
| 2 | Magnus Ravndal | 99 | Madla SK | 3.06,40 | _____ |
| 3 | Truls Wigdel | 99 | Madla SK | 2.48,14 | _____ |
| 4 | Tobias Gellein | 96 | Frisinn SK | 3.04,38 | _____ |
| 5 | Johannes Kahlbom Wathne | 97 | Frisinn SK | 3.06,73 | _____ |
| 6 | | | | | _____ |

Heat 3

| | | | | | |
|---|----------------------|----|-----------------------|---------|-------|
| 1 | Marius Holm | 99 | Sandnes SLK | 2.44,84 | _____ |
| 2 | Maurice Sudkamp | 97 | Randaberg IL Svømming | 2.31,07 | _____ |
| 3 | Øystein Fjeldberg | 93 | Randaberg IL Svømming | 2.16,07 | _____ |
| 4 | Erik Andre Klepp Vik | 96 | Randaberg IL Svømming | 2.30,75 | _____ |
| 5 | Malik Knapp | 96 | Sola SK | 2.43,21 | _____ |
| 6 | Alec Karlsen | 98 | Madla SK | 2.46,86 | _____ |

Øvelse 3. 50m bryst, damer**Heat 1**

| | | | | |
|---|--------------------|----|------------|-------|
| 1 | | | | |
| 2 | Karianne Høie | 00 | Sola SK | _____ |
| 3 | Ingeborg Tveit | 00 | Frisinn SK | _____ |
| 4 | Cathrine Hallanger | 99 | Frisinn SK | _____ |
| 5 | | | | |
| 6 | | | | |

Heat 2

| | | | | |
|---|----------------------|----|-------------|-------|
| 1 | Fernande Kjenner | 97 | Egersund SK | _____ |
| 2 | Åsa Tveterås Mydland | 99 | Frisinn SK | _____ |
| 3 | Kristine Furset | 00 | Madla SK | _____ |
| 4 | Natalie Netland | 99 | Egersund SK | _____ |
| 5 | Shannon Smyth | 00 | Madla SK | _____ |
| 6 | | | | |

Heat 3

| | | | | | |
|---|----------------------|---------|-------------|---------|---------|
| 1 | Kristine Seglem | CA - 79 | Egersund SK | 2.09,14 | _____ W |
| 2 | Brita Kindem | 99 | Madla SK | 57,33 | _____ |
| 3 | Amalie Aarseth Kyvik | 99 | Madla SK | 51,76 | _____ |
| 4 | Maria Stornes | 00 | Frisinn SK | 55,34 | _____ |
| 5 | Katarina Hansen | 01 | Frisinn SK | 1.05,21 | _____ |
| 6 | Jane Rita Tengesdal | 99 | Egersund SK | | _____ |

Heat 4

| | | | | | |
|---|----------------------------|----|------------|-------|-------|
| 1 | Mona Kathrine Behzadi | 00 | Madla SK | 51,64 | _____ |
| 2 | Ines Nystrand | 98 | Madla SK | 47,11 | _____ |
| 3 | Malin Eie Jacobsen | 00 | Frisinn SK | 46,35 | _____ |
| 4 | Karoline Auestad Petterson | 98 | Madla SK | 46,82 | _____ |
| 5 | Julie Borsheim Endregaard | 01 | Frisinn SK | 51,29 | _____ |
| 6 | Salmah Knapp | 00 | Sola SK | 51,70 | _____ |

Heat 5

| | | | | | |
|---|--------------------------|----|-------------|-------|-------|
| 1 | Nora Larsen Rørvik | 98 | Madla SK | 44,15 | _____ |
| 2 | Aneeka Knapp | 97 | Sola SK | 42,90 | _____ |
| 3 | Regine Sjørdal Lindanger | 96 | Frisinn SK | 38,41 | _____ |
| 4 | Katharina Bø | 97 | Egersund SK | 41,03 | _____ |
| 5 | Kaja Konow Grønseth | 95 | Frisinn SK | 43,41 | _____ |
| 6 | May Idun Konow Grønseth | 98 | Frisinn SK | 46,33 | _____ |

Øvelse 4. 50m bryst, herrer**Heat 1**

| | | | | | |
|---|--------------------|---------|-------------|---------|---------|
| 1 | | | | | |
| 2 | Shayan Ali Shehzad | 97 | Frisinn SK | | |
| 3 | Thomas Klippenberg | CA - 87 | Egersund SK | 2.20,34 | _____ W |
| 4 | Jonas Lund | 00 | Frisinn SK | | _____ |
| 5 | | | | | |
| 6 | | | | | |

Heat 2

| | | | | | |
|---|------------------|---------|-------------|---------|-------|
| 1 | | | | | |
| 2 | Arild Degerstrøm | 00 | Madla SK | 1.04,40 | _____ |
| 3 | Ingve Halvorsen | CC - 90 | Egersund SK | 59,16 | _____ |
| 4 | Fredrik Næss | 99 | Madla SK | 59,90 | _____ |
| 5 | Roger Larsen | CB - 74 | Egersund SK | 1.30,34 | _____ |
| 6 | | | | | |

Heat 3

| | | | | | |
|---|-----------------------|---------|-------------|-------|---------|
| 1 | Roy Hadland | CC - 70 | Egersund SK | 57,66 | _____ W |
| 2 | Roald Skåra | CD - 83 | Egersund SK | 54,23 | _____ W |
| 3 | Elias Mellgren | 99 | Egersund SK | 51,17 | _____ |
| 4 | Toralf L Vallestad | 98 | Madla SK | 53,55 | _____ |
| 5 | Thor Ares Christensen | 99 | Egersund SK | 54,83 | _____ |
| 6 | Jørgen Vestly | 01 | Sande SK | 58,29 | _____ |

Heat 4

| | | | | | |
|---|------------------------|----|-------------|-------|-------|
| 1 | Asbjørn Håland Hestnes | 99 | Egersund SK | 48,04 | _____ |
| 2 | Sindre Salte Dunseth | 99 | Madla SK | 45,08 | _____ |
| 3 | Jonas Hornes Torgersen | 96 | Frisinn SK | 41,46 | _____ |
| 4 | Per Henrik Tollefsen | 96 | Egersund SK | 42,23 | _____ |
| 5 | Simen Innvær | 97 | Frisinn SK | 46,35 | _____ |
| 6 | Kjetil Holm | 96 | Egersund SK | 48,25 | _____ |

Heat 5

| | | | | | |
|---|-----------------------|----|-------------|-------|-------|
| 1 | Vemund Håland Hestnes | 97 | Egersund SK | 39,23 | _____ |
| 2 | Malik Knapp | 96 | Sola SK | 35,85 | _____ |
| 3 | Glenn Skjæveland | 92 | Sandnes SLK | 32,40 | _____ |
| 4 | Thomas A Fardal | 97 | Egersund SK | 34,91 | _____ |
| 5 | Simen Clementsen | 95 | Frisinn SK | 35,89 | _____ |
| 6 | Henning Van Ta | 96 | Frisinn SK | 39,93 | _____ |

Øvelse 5. 100m rygg, damer**Heat 1**

| | | | | | |
|---|---------------------------|----|------------|--|-------|
| 1 | | | | | |
| 2 | Julie Borsheim Endregaard | 01 | Frisinn SK | | _____ |
| 3 | Kristine Furset | 00 | Madla SK | | _____ |
| 4 | Wiviann Indrevoll | 98 | Madla SK | | _____ |
| 5 | Nela Sridaran | 98 | Madla SK | | _____ |
| 6 | | | | | |

Heat 2

| | | | | | |
|---|---------------------------|----|-----------------------|---------|-------|
| 1 | Peyton Karlsen | 00 | Madla SK | | _____ |
| 2 | Sarah Parsberg Støle | 99 | Frisinn SK | 1.36,62 | _____ |
| 3 | Helene Emmerhoff | 99 | Randaberg IL Svømming | 1.30,80 | _____ |
| 4 | Anoushka Brannan Anderson | 00 | Madla SK | 1.32,06 | _____ |
| 5 | Stine Løvdahl | 00 | Madla SK | 2.00,61 | _____ |
| 6 | Hanne Hana Voss | 97 | Randaberg IL Svømming | | _____ |

Heat 3

| | | | | | |
|---|----------------------------|----|------------|---------|-------|
| 1 | Ida Jensen Lirhus | 97 | Madla SK | 1.19,19 | _____ |
| 2 | Karen Nygård Magnussen | 98 | Bryne SK | 1.17,23 | _____ |
| 3 | Susan Ultee | 96 | Frisinn SK | 1.12,68 | _____ |
| 4 | Ulrikke Rein | 98 | Madla SK | 1.17,17 | _____ |
| 5 | Heather Ann Fraser Mulvany | 99 | Madla SK | 1.19,09 | _____ |
| 6 | Iris Aikio | 98 | Madla SK | 1.26,78 | _____ |

Øvelse 6. 100m rygg, herrer**Heat 1**

| | | | | | |
|---|------------------------|----|-------------|--|-------|
| 1 | | | | | |
| 2 | Sander Fossen | 98 | Madla SK | | _____ |
| 3 | Asbjørn Håland Hestnes | 99 | Egersund SK | | _____ |
| 4 | Sander Løvdahl | 98 | Madla SK | | _____ |
| 5 | | | | | |
| 6 | | | | | |

Heat 2

| | | | | | |
|---|--------------------------|----|-----------------------|---------|-------|
| 1 | | | | | |
| 2 | Alec Karlsen | 98 | Madla SK | 1.17,95 | _____ |
| 3 | Martin Langeland-Knudsen | 96 | Sola SK | 1.06,82 | _____ |
| 4 | Maurice Sudkamp | 97 | Randaberg IL Svømming | 1.10,63 | _____ |
| 5 | Toralf L Vallestad | 98 | Madla SK | 1.55,88 | _____ |
| 6 | | | | | |

Øvelse 7. 50m butterfly, damer**Heat 1**

| | | | | | |
|---|------------------------|----|------------|---------|-------|
| 1 | | | | | |
| 2 | Amalie Mørenskog Hinna | 99 | Madla SK | 1.07,63 | _____ |
| 3 | Gloria Grabovac | 99 | Frisinn SK | 54,10 | _____ |
| 4 | Kristine Furset | 00 | Madla SK | 54,25 | _____ |
| 5 | Katarina Hansen | 01 | Frisinn SK | | _____ |
| 6 | | | | | |

Heat 2

| | | | | | |
|---|---------------------------|----|------------|-------|-------|
| 1 | Brita Kindem | 99 | Madla SK | 51,30 | _____ |
| 2 | Cathrine Hallanger | 99 | Frisinn SK | 49,50 | _____ |
| 3 | Malin Eie Jacobsen | 00 | Frisinn SK | 44,69 | _____ |
| 4 | Anoushka Brannan Anderson | 00 | Madla SK | 46,44 | _____ |
| 5 | Amalie Aarseth Kyvik | 99 | Madla SK | 50,38 | _____ |
| 6 | Mona Kathrine Behzadi | 00 | Madla SK | 53,89 | _____ |

Heat 3

| | | | | | |
|---|----------------------------|----|-------------|-------|-------|
| 1 | Nora Sandvoll | 99 | Frisinn SK | 40,97 | _____ |
| 2 | Kristin Serck-Hanssen | 98 | Madla SK | 37,78 | _____ |
| 3 | Katharina Bø | 97 | Egersund SK | 37,55 | _____ |
| 4 | Aneeka Knapp | 97 | Sola SK | 37,66 | _____ |
| 5 | Stine Bertelsen | 99 | Bryne SK | 38,54 | _____ |
| 6 | Karoline Auestad Petterson | 98 | Madla SK | 44,34 | _____ |

Heat 4

| | | | | | |
|---|----------------------------|----|------------|-------|-------|
| 1 | Ingrid Elise Berge Jenssen | 98 | Madla SK | 35,33 | _____ |
| 2 | Thea Parsberg Støle | 96 | Frisinn SK | 34,38 | _____ |
| 3 | Elise Sandvoll | 96 | Frisinn SK | 34,17 | _____ |
| 4 | Ida Jensen Lirhus | 97 | Madla SK | 34,21 | _____ |
| 5 | Regine Sjørdal Lindanger | 96 | Frisinn SK | 34,61 | _____ |
| 6 | Andrea Edland | 98 | Frisinn SK | 37,03 | _____ |

Heat 5

| | | | | | |
|---|-----------------------------|----|--------------|-------|-------|
| 1 | Mari Mjølhus Kristofferse | 95 | Stavanger SC | 33,07 | _____ |
| 2 | Maren Larsen | 94 | Madla SK | 31,69 | _____ |
| 3 | Marthe Berg Sørensen | 92 | Madla SK | 28,47 | _____ |
| 4 | Stine Mjølhus Kristoffersen | 93 | Madla SK | 30,20 | _____ |
| 5 | Ingrid Bergslid | 97 | Madla SK | 32,09 | _____ |
| 6 | Runa Vatna Sandsmoen | 96 | Frisinn SK | 33,61 | _____ |

Øvelse 8. 50m butterfly, herrer**Heat 1**

| | | | | | |
|---|------------------------|----|-------------|-------|-------|
| 1 | Asbjørn Håland Hestnes | 99 | Egersund SK | 44,44 | _____ |
| 2 | Sindre Salte Dunseth | 99 | Madla SK | 41,08 | _____ |
| 3 | Vemund Håland Hestnes | 97 | Egersund SK | 38,84 | _____ |
| 4 | Gord Behzadi | 97 | Madla SK | 39,53 | _____ |
| 5 | Sindre Vatnamot Amble | 98 | Madla SK | 42,46 | _____ |
| 6 | Andreas Wathne | 97 | Frisinn SK | | _____ |

Heat 2

| | | | | | |
|---|----------------------|----|-----------------------|-------|-------|
| 1 | Håkon Skogen | 97 | Randaberg IL Svømming | 37,70 | _____ |
| 2 | Torstein Myklebust | 96 | Frisinn SK | 33,79 | _____ |
| 3 | Erik Andre Klepp Vik | 96 | Randaberg IL Svømming | 30,72 | _____ |
| 4 | Kristoffer Rung | 95 | Frisinn SK | 32,72 | _____ |
| 5 | Per Henrik Tollefsen | 96 | Egersund SK | 37,11 | _____ |
| 6 | Tobias Gellein | 96 | Frisinn SK | 37,80 | _____ |

Øvelse 9. 100m fri, damer**Heat 1**

| | | | | | |
|---|----------------|----|------------|--|-------|
| 1 | | | | | |
| 2 | Peyton Karlsen | 00 | Madla SK | | _____ |
| 3 | Maria Stornes | 00 | Frisinn SK | | _____ |
| 4 | Ingeborg Tveit | 00 | Frisinn SK | | _____ |
| 5 | | | | | |
| 6 | | | | | |

Heat 2

| | | | | | |
|---|------------------------|----|------------|---------|-------|
| 1 | Amalie Mørenskog Hinna | 99 | Madla SK | 1.39,84 | _____ |
| 2 | Kristine Furset | 00 | Madla SK | 1.38,07 | _____ |
| 3 | Nora Larsen Rørvik | 98 | Madla SK | 1.34,44 | _____ |
| 4 | Gloria Grabovac | 99 | Frisinn SK | 1.36,40 | _____ |
| 5 | Salmah Knapp | 00 | Sola SK | 1.38,13 | _____ |
| 6 | Katarina Hansen | 01 | Frisinn SK | 1.55,66 | _____ |

Heat 3

| | | | | | |
|---|---------------------------|----|------------|---------|-------|
| 1 | Anoushka Brannan Anderson | 00 | Madla SK | 1.31,66 | _____ |
| 2 | Marit Haram Hjelmsås | 99 | Madla SK | 1.30,57 | _____ |
| 3 | Julie Borsheim Endregaard | 01 | Frisinn SK | 1.26,36 | _____ |
| 4 | Mona Kathrine Behzadi | 00 | Madla SK | 1.29,08 | _____ |
| 5 | Brita Kindem | 99 | Madla SK | 1.31,58 | _____ |
| 6 | Annique Ultee | 00 | Frisinn SK | 1.32,37 | _____ |

Heat 4

| | | | | | |
|---|-----------------------|----|-----------------------|---------|-------|
| 1 | Mari Ellingsen Bråten | 98 | Madla SK | 1.20,85 | _____ |
| 2 | Iris Aikio | 98 | Madla SK | 1.18,61 | _____ |
| 3 | Katharina Bø | 97 | Egersund SK | 1.15,14 | _____ |
| 4 | Lene Holm | 96 | Sandnes SLK | 1.16,27 | _____ |
| 5 | Wiviann Indrevoll | 98 | Madla SK | 1.19,21 | _____ |
| 6 | Helene Emmerhoff | 99 | Randaberg IL Svømming | 1.21,28 | _____ |

Heat 5

| | | | | | |
|---|----------------------------|----|-----------------------|---------|-------|
| 1 | Aneeka Knapp | 97 | Sola SK | 1.12,30 | _____ |
| 2 | Johanne Heines Pettersen | 99 | Randaberg IL Svømming | 1.10,53 | _____ |
| 3 | Heather Ann Fraser Mulvany | 99 | Madla SK | 1.09,22 | _____ |
| 4 | Kristin Serck-Hanssen | 98 | Madla SK | 1.10,40 | _____ |
| 5 | Ines Nystrand | 98 | Madla SK | 1.11,47 | _____ |
| 6 | Kaja Konow Grønseth | 95 | Frisinn SK | 1.12,66 | _____ |

Heat 6

| | | | | | |
|---|----------------------|----|------------|---------|-------|
| 1 | Sandra Sola | 97 | Madla SK | 1.08,00 | _____ |
| 2 | Hanne Reime | 98 | Bryne SK | 1.05,78 | _____ |
| 3 | Marthe Berg Sørensen | 92 | Madla SK | 1.00,88 | _____ |
| 4 | Maren Larsen | 94 | Madla SK | 1.02,60 | _____ |
| 5 | Emily Bådsvik | 96 | Frisinn SK | 1.06,05 | _____ |
| 6 | Thea Parsberg Støle | 96 | Frisinn SK | 1.08,06 | _____ |

Øvelse 10. 100m fri, herrer

Heat 1

| | | | | | |
|---|--------------------|---------|-------------|---------|-------|
| 1 | | | | | |
| 2 | Sander Fossen | 98 | Madla SK | | _____ |
| 3 | Roger Larsen | CC - 74 | Egersund SK | 2.03,66 | _____ |
| 4 | Shayan Ali Shehzad | 97 | Frisinn SK | | _____ |
| 5 | | | | | |
| 6 | | | | | |

Heat 2

| | | | | | |
|---|--------------------|----|----------|---------|-------|
| 1 | | | | | |
| 2 | Arild Degerstrøm | 00 | Madla SK | 1.41,63 | _____ |
| 3 | Toralf L Vallestad | 98 | Madla SK | 1.34,95 | _____ |
| 4 | Sander Løvdahl | 98 | Madla SK | 1.37,15 | _____ |
| 5 | Jørgen Vestly | 01 | Sande SK | 1.46,53 | _____ |
| 6 | | | | | |

Heat 3

| | | | | | |
|---|------------------------|----|-------------|---------|-------|
| 1 | Anders Odland | 96 | Madla SK | 1.32,11 | _____ |
| 2 | Njord Fornes | 99 | Sola SK | 1.27,69 | _____ |
| 3 | Runar Hoydal | 97 | Madla SK | 1.18,14 | _____ |
| 4 | Asbjørn Håland Hestnes | 99 | Egersund SK | 1.23,84 | _____ |
| 5 | Kjetil Holm | 96 | Egersund SK | 1.29,82 | _____ |
| 6 | Elias Mellgren | 99 | Egersund SK | 1.32,91 | _____ |

Heat 4

| | | | | | |
|---|------------------------|----|-------------|---------|-------|
| 1 | Sindre Salte Dunseth | 99 | Madla SK | 1.13,54 | _____ |
| 2 | Magnus Ravndal | 99 | Madla SK | 1.12,54 | _____ |
| 3 | Truls Wigdel | 99 | Madla SK | 1.07,90 | _____ |
| 4 | Jonas Hornes Torgersen | 96 | Frisinn SK | 1.10,19 | _____ |
| 5 | Tobias Gellein | 96 | Frisinn SK | 1.12,66 | _____ |
| 6 | Per Henrik Tollefsen | 96 | Egersund SK | 1.17,28 | _____ |

Heat 5

| | | | | | |
|---|--------------------|----|-----------------------|---------|-------|
| 1 | Alec Karlsen | 98 | Madla SK | 1.06,37 | _____ |
| 2 | Kristoffer Rung | 95 | Frisinn SK | 1.04,91 | _____ |
| 3 | Torstein Myklebust | 96 | Frisinn SK | 1.03,76 | _____ |
| 4 | Malik Knapp | 96 | Sola SK | 1.04,74 | _____ |
| 5 | Marius Holm | 99 | Sandnes SLK | 1.05,75 | _____ |
| 6 | Håkon Skogen | 97 | Randaberg IL Svømming | 1.07,15 | _____ |

Øvelse 11. 4*50m fri, damer

Heat 1

| | | | | | |
|---|-----------------|----|------------|--|-------|
| 1 | | | | | |
| 2 | Frisinn SK J1 | JR | Frisinn SK | | _____ |
| 3 | Madla SK J4 jr. | JR | Madla SK | | _____ |
| 4 | Madla SK J5 jr. | JR | Madla SK | | _____ |
| 5 | | | | | |
| 6 | | | | | |

Heat 2

| | | | | | |
|---|-----------------|----|------------|---------|-------|
| 1 | | | | | |
| 2 | Madla SK J3 jr. | JR | Madla SK | 2.30,00 | _____ |
| 3 | Madla SK J1 jr. | JR | Madla SK | 2.00,00 | _____ |
| 4 | Madla SK J2 jr. | JR | Madla SK | 2.20,00 | _____ |
| 5 | Frisinn SK J2 | JR | Frisinn SK | | _____ |
| 6 | | | | | |

Øvelse 12. 4*50m fri, herrer**Heat 1**

| | | | | | |
|---|--------------------|----|-------------|---------|-------|
| 1 | Frisinn SK G1 | JR | Frisinn SK | | _____ |
| 2 | Madla SK G2 jr. | JR | Madla SK | 2.20,00 | _____ |
| 3 | Madla SK G1 jr. | JR | Madla SK | 2.08,00 | _____ |
| 4 | Egersund SK G1 jr. | JR | Egersund SK | 2.09,78 | _____ |
| 5 | Frisinn SK G2 | JR | Frisinn SK | | _____ |
| 6 | | | | | |

Øvelse 23. 1500m fri, damer (går i pausen)**Heat 1**

| | | | | | |
|---|----------------------------|----|----------|----------|-------|
| 1 | Lise Eiane | 97 | Sola SK | | _____ |
| 2 | Heather Ann Fraser Mulvany | 99 | Madla SK | 19.49,60 | _____ |
| 3 | Ida Tomine Glomsaker | 97 | Madla SK | 18.48,02 | _____ |
| 4 | Sandra Sola | 97 | Madla SK | 19.10,55 | _____ |
| 5 | Kristin Serck-Hanssen | 98 | Madla SK | | _____ |
| 6 | | | | | |

Øvelse 24. 1500m fri, herrer (går i pausen)**Heat 1**

| | | | | | |
|---|-------------------|----|-----------------------|----------|-------|
| 1 | | | | | _____ |
| 2 | Gord Behzadi | 97 | Madla SK | 18.31,24 | _____ |
| 3 | Øystein Fjeldberg | 93 | Randaberg IL Svømming | 16.29,42 | _____ |
| 4 | Håkon P Ludvigsen | 96 | Randaberg IL Svømming | 17.06,43 | _____ |
| 5 | Alec Karlsen | 98 | Madla SK | 18.32,08 | _____ |
| 6 | | | | | |

Øvelse 13. 50m rygg, damer**Heat 1**

| | | | | | |
|---|---------------------------|----|-------------|--|-------|
| 1 | Benedicte Stangeland | 99 | Egersund SK | | _____ |
| 2 | Natalie Netland | 99 | Egersund SK | | _____ |
| 3 | Peyton Karlsen | 00 | Madla SK | | _____ |
| 4 | Anoushka Brannan Anderson | 00 | Madla SK | | _____ |
| 5 | Ingeborg Tveit | 00 | Frisinn SK | | _____ |
| 6 | Lene Holm | 96 | Sandnes SLK | | _____ |

Heat 2

| | | | | | |
|---|----------------------|----|-------------|--|-------|
| 1 | Jane Rita Tengesdal | 99 | Egersund SK | | _____ |
| 2 | Åsa Tveterås Mydland | 99 | Frisinn SK | | _____ |
| 3 | Maria Stornes | 00 | Frisinn SK | | _____ |
| 4 | Amalie Aarseth Kyvik | 99 | Madla SK | | _____ |
| 5 | Shannon Smyth | 00 | Madla SK | | _____ |
| 6 | Cathrine Hallanger | 99 | Frisinn SK | | _____ |

Heat 3

| | | | | | |
|---|-----------------------|----|------------|---------|-------|
| 1 | Stine Løvdahl | 00 | Madla SK | 59,05 | _____ |
| 2 | Gloria Grabovac | 99 | Frisinn SK | 52,94 | _____ |
| 3 | Mari Ellingsen Bråten | 98 | Madla SK | 41,86 | _____ |
| 4 | Brita Kindem | 99 | Madla SK | 50,69 | _____ |
| 5 | Kristine Furset | 00 | Madla SK | 53,04 | _____ |
| 6 | Katarina Hansen | 01 | Frisinn SK | 1.01,95 | _____ |

Heat 4

| | | | | | |
|---|----------------------------|----|-----------------------|-------|-------|
| 1 | Johanne Heines Pettersen | 99 | Randaberg IL Svømming | 39,25 | _____ |
| 2 | Ingrid Elise Berge Jenssen | 98 | Madla SK | 38,97 | _____ |
| 3 | Andrea Edland | 98 | Frisinn SK | 37,88 | _____ |
| 4 | Runa Vatna Sandsmoen | 96 | Frisinn SK | 37,95 | _____ |
| 5 | Ines Nystrand | 98 | Madla SK | 39,01 | _____ |
| 6 | Iris Aikio | 98 | Madla SK | 39,38 | _____ |

Heat 5

| | | | | | |
|---|------------------------|----|------------|-------|-------|
| 1 | Ulrikke Rein | 98 | Madla SK | 36,57 | _____ |
| 2 | Ida Jensen Lirhus | 97 | Madla SK | 36,06 | _____ |
| 3 | Susan Ultee | 96 | Frisinn SK | 33,58 | _____ |
| 4 | Maren Larsen | 94 | Madla SK | 33,63 | _____ |
| 5 | Karen Nygård Magnussen | 98 | Bryne SK | 36,49 | _____ |
| 6 | Lise Eiane | 97 | Sola SK | 36,77 | _____ |

Øvelse 14. 50m rygg, herrer**Heat 1**

| | | | | | |
|---|------------------------|----|-------------|-------|-------|
| 1 | Kjetil Holm | 96 | Egersund SK | 55,27 | _____ |
| 2 | Elias Mellgren | 99 | Egersund SK | 52,88 | _____ |
| 3 | Jonas Hornes Torgersen | 96 | Frisinn SK | 40,30 | _____ |
| 4 | Asbjørn Håland Hestnes | 99 | Egersund SK | 43,05 | _____ |
| 5 | Thor Ares Christensen | 99 | Egersund SK | 53,16 | _____ |
| 6 | Fredrik Næss | 99 | Madla SK | | _____ |

Heat 2

| | | | | | |
|---|--------------------------|----|-----------------------|-------|-------|
| 1 | Vemund Håland Hestnes | 97 | Egersund SK | 38,05 | _____ |
| 2 | Erik Andre Klepp Vik | 96 | Randaberg IL Svømming | 35,00 | _____ |
| 3 | Martin Langeland-Knudsen | 96 | Sola SK | 30,74 | _____ |
| 4 | Thomas A Fardal | 97 | Egersund SK | 34,47 | _____ |
| 5 | Alec Karlsen | 98 | Madla SK | 37,83 | _____ |
| 6 | Tobias Gellein | 96 | Frisinn SK | 39,81 | _____ |

Øvelse 15. 100m bryst, damer**Heat 1**

| | | | | | |
|---|---------------------------|----|------------|--|-------|
| 1 | | | | | |
| 2 | Stine Løvdahl | 00 | Madla SK | | _____ |
| 3 | Amalie Mørenskog Hinna | 99 | Madla SK | | _____ |
| 4 | Julie Borsheim Endregaard | 01 | Frisinn SK | | _____ |
| 5 | | | | | |
| 6 | | | | | |

Heat 2

| | | | | | |
|---|---------------------|----|------------|---------|-------|
| 1 | | | | | |
| 2 | Karianne Høie | 00 | Sola SK | | _____ |
| 3 | Marit Haram Hjelmås | 99 | Madla SK | 1.58,93 | _____ |
| 4 | Katarina Hansen | 01 | Frisinn SK | 2.22,93 | _____ |
| 5 | Salmah Knapp | 00 | Sola SK | | _____ |
| 6 | | | | | |

Heat 3

| | | | | | |
|---|-----------------------|----|------------|---------|-------|
| 1 | Amalie Aarseth Kyvik | 99 | Madla SK | 1.54,42 | _____ |
| 2 | Anniqve Ultee | 00 | Frisinn SK | 1.50,59 | _____ |
| 3 | Nora Larsen Rørvik | 98 | Madla SK | 1.42,70 | _____ |
| 4 | Stine Bertelsen | 99 | Bryne SK | 1.46,11 | _____ |
| 5 | Mona Kathrine Behzadi | 00 | Madla SK | 1.52,98 | _____ |
| 6 | Sarah Parsberg Støle | 99 | Frisinn SK | 1.57,28 | _____ |

Heat 4

| | | | | | |
|---|----------------------------|----|-----------------------|---------|-------|
| 1 | Karoline Auestad Petterson | 98 | Madla SK | 1.41,40 | _____ |
| 2 | Wiviann Indrevoll | 98 | Madla SK | 1.40,43 | _____ |
| 3 | Karianne Møkster | 99 | Frisinn SK | 1.35,67 | _____ |
| 4 | Hanne Hana Voss | 97 | Randaberg IL Svømming | 1.40,23 | _____ |
| 5 | Iris Aikio | 98 | Madla SK | 1.40,49 | _____ |
| 6 | Malin Eie Jacobsen | 00 | Frisinn SK | 1.42,16 | _____ |

Heat 5

| | | | | | |
|---|----------------------------|----|-----------------------|---------|-------|
| 1 | Ingrid Elise Berge Jenssen | 98 | Madla SK | 1.32,05 | _____ |
| 2 | Hanna Årsvoll Ryen | 97 | Sandnes SLK | 1.28,77 | _____ |
| 3 | Regine Sjørdal Lindanger | 96 | Frisinn SK | 1.25,58 | _____ |
| 4 | Johanne Heines Pettersen | 99 | Randaberg IL Svømming | 1.28,17 | _____ |
| 5 | Heather Ann Fraser Mulvany | 99 | Madla SK | 1.31,54 | _____ |
| 6 | Kristin Serck-Hanssen | 98 | Madla SK | 1.33,91 | _____ |

Øvelse 16. 100m bryst, herrer**Heat 1**

| | | | | | |
|---|-----------------------|----|-------------|--|-------|
| 1 | | | | | |
| 2 | Shayan Ali Shehzad | 97 | Frisinn SK | | _____ |
| 3 | Thor Ares Christensen | 99 | Egersund SK | | _____ |
| 4 | Simen Innvær | 97 | Frisinn SK | | _____ |
| 5 | | | | | |
| 6 | | | | | |

Heat 2

| | | | | | |
|---|-----------------|---------|-------------|---------|---------|
| 1 | Roger Larsen | CB - 74 | Egersund SK | 3.23,35 | _____ |
| 2 | Jørgen Vestly | 01 | Sande SK | 2.06,69 | _____ |
| 3 | Elias Mellgren | 99 | Egersund SK | 1.52,83 | _____ |
| 4 | Roald Skåra | CD - 83 | Egersund SK | 1.57,30 | _____ W |
| 5 | Ingve Halvorsen | CC - 90 | Egersund SK | 2.16,85 | _____ |
| 6 | Sander Løvdahl | 98 | Madla SK | | _____ |

Heat 3

| | | | | | |
|---|----------------------|----|-------------|---------|-------|
| 1 | Njord Fornes | 99 | Sola SK | 1.41,89 | _____ |
| 2 | Sindre Salte Dunseth | 99 | Madla SK | 1.38,11 | _____ |
| 3 | Per Henrik Tollefsen | 96 | Egersund SK | 1.33,95 | _____ |
| 4 | Truls Wigdel | 99 | Madla SK | 1.34,46 | _____ |
| 5 | Magnus Ravndal | 99 | Madla SK | 1.41,01 | _____ |
| 6 | Kjetil Holm | 96 | Egersund SK | 1.50,82 | _____ |

Heat 4

| | | | | | |
|---|------------------|----|-------------|---------|-------|
| 1 | Marius Holm | 99 | Sandnes SLK | 1.30,51 | _____ |
| 2 | Malik Knapp | 96 | Sola SK | 1.19,89 | _____ |
| 3 | Glenn Skjæveland | 92 | Sandnes SLK | 1.11,19 | _____ |
| 4 | Simen Clementsen | 95 | Frisinn SK | 1.19,83 | _____ |
| 5 | Henning Van Ta | 96 | Frisinn SK | 1.26,34 | _____ |
| 6 | Andreas Wathne | 97 | Frisinn SK | 1.33,86 | _____ |

Øvelse 17. 50m fri, damer**Heat 1**

| | | | | | |
|---|----------------------|---------|-------------|--|---------|
| 1 | Jane Rita Tengesdal | 99 | Egersund SK | | _____ |
| 2 | Kristine Seglem | CA - 79 | Egersund SK | | _____ W |
| 3 | Ingeborg Tveit | 00 | Frisinn SK | | _____ |
| 4 | Fernande Kjenner | 97 | Egersund SK | | _____ |
| 5 | Åsa Tveterås Mydland | 99 | Frisinn SK | | _____ |
| 6 | Peyton Karlsen | 00 | Madla SK | | _____ |

Heat 2

| | | | | | |
|---|--------------------|----|-------------|---------|-------|
| 1 | Katarina Hansen | 01 | Frisinn SK | 55,14 | _____ |
| 2 | Salmah Knapp | 00 | Sola SK | 44,27 | _____ |
| 3 | Kristine Furset | 00 | Madla SK | 42,54 | _____ |
| 4 | Cathrine Hallanger | 99 | Frisinn SK | 42,99 | _____ |
| 5 | Maria Stornes | 00 | Frisinn SK | 54,28 | _____ |
| 6 | Natalie Netland | 99 | Egersund SK | 1.03,22 | _____ |

Heat 3

| | | | | | |
|---|-------------------------|----|------------|-------|-------|
| 1 | Brita Kindem | 99 | Madla SK | 41,08 | _____ |
| 2 | Amalie Aarseth Kyvik | 99 | Madla SK | 40,39 | _____ |
| 3 | May Idun Konow Grønseth | 98 | Frisinn SK | 37,75 | _____ |
| 4 | Mona Kathrine Behzadi | 00 | Madla SK | 40,36 | _____ |
| 5 | Nora Larsen Rørvik | 98 | Madla SK | 40,66 | _____ |
| 6 | Gloria Grabovac | 99 | Frisinn SK | 41,12 | _____ |

Heat 4

| | | | | | |
|---|---------------------------|----|-----------------------|-------|-------|
| 1 | Malin Eie Jacobsen | 00 | Frisinn SK | 36,86 | _____ |
| 2 | Iris Aikio | 98 | Madla SK | 35,77 | _____ |
| 3 | Kaja Konow Grønseth | 95 | Frisinn SK | 33,30 | _____ |
| 4 | Lene Holm | 96 | Sandnes SLK | 35,03 | _____ |
| 5 | Anoushka Brannan Anderson | 00 | Madla SK | 36,83 | _____ |
| 6 | Helene Emmerhoff | 99 | Randaberg IL Svømming | 36,97 | _____ |

Heat 5

| | | | | | |
|---|--------------------------|----|-----------------------|-------|-------|
| 1 | Katharina Bø | 97 | Egersund SK | 32,22 | _____ |
| 2 | Malin Tønnessen | 96 | Frisinn SK | 32,08 | _____ |
| 3 | Hanne Reime | 98 | Bryne SK | 31,30 | _____ |
| 4 | Johanne Heines Pettersen | 99 | Randaberg IL Svømming | 32,02 | _____ |
| 5 | Lise Eiane | 97 | Sola SK | 32,19 | _____ |
| 6 | Aneeka Knapp | 97 | Sola SK | 32,69 | _____ |

Heat 6

| | | | | | |
|---|----------------------------|----|--------------|-------|-------|
| 1 | Susan Ultee | 96 | Frisinn SK | 30,02 | _____ |
| 2 | Mari Mjølhøus Kristofferse | 95 | Stavanger SC | 29,51 | _____ |
| 3 | Marthe Berg Sørensen | 92 | Madla SK | 27,21 | _____ |
| 4 | Maren Larsen | 94 | Madla SK | 28,95 | _____ |
| 5 | Emily Bådsvik | 96 | Frisinn SK | 29,95 | _____ |
| 6 | Thea Parsberg Støle | 96 | Frisinn SK | 30,88 | _____ |

Øvelse 18. 50m fri, herrer**Heat 1**

| | | | | | |
|---|--------------------|---------|-------------|---------|---------|
| 1 | Simen Innvær | 97 | Frisinn SK | | _____ |
| 2 | Roy Hadland | CC - 70 | Egersund SK | 56,64 | _____ W |
| 3 | Roald Skåra | CC - 83 | Egersund SK | 49,68 | _____ W |
| 4 | Roger Larsen | CC - 74 | Egersund SK | 55,09 | _____ |
| 5 | Thomas Klippenberg | CA - 87 | Egersund SK | 1.55,63 | _____ W |
| 6 | Jonas Lund | 00 | Frisinn SK | | _____ |

Heat 2

| | | | | | |
|---|-----------------------|---------|-------------|-------|-------|
| 1 | Thor Ares Christensen | 99 | Egersund SK | 46,59 | _____ |
| 2 | Shayan Ali Shehzad | 97 | Frisinn SK | 42,66 | _____ |
| 3 | Ingve Halvorsen | CD - 90 | Egersund SK | 40,70 | _____ |
| 4 | Fredrik Næss | 99 | Madla SK | 42,64 | _____ |
| 5 | Arild Degerstrøm | 00 | Madla SK | 43,51 | _____ |
| 6 | Jørgen Vestly | 01 | Sande SK | 47,42 | _____ |

Heat 3

| | | | | | |
|---|------------------------|----|-------------|-------|-------|
| 1 | Kjetil Holm | 96 | Egersund SK | 37,63 | _____ |
| 2 | Sindre Salte Dunseth | 99 | Madla SK | 34,32 | _____ |
| 3 | Henning Van Ta | 96 | Frisinn SK | 31,44 | _____ |
| 4 | Alec Karlsen | 98 | Madla SK | 31,49 | _____ |
| 5 | Asbjørn Håland Hestnes | 99 | Egersund SK | 37,48 | _____ |
| 6 | Elias Mellgren | 99 | Egersund SK | 38,93 | _____ |

Heat 4

| | | | | | |
|---|--------------------------|----|-----------------------|-------|-------|
| 1 | Håkon Skogen | 97 | Randaberg IL Svømming | 30,53 | _____ |
| 2 | Malik Knapp | 96 | Sola SK | 29,30 | _____ |
| 3 | Martin Langeland-Knudsen | 96 | Sola SK | 26,82 | _____ |
| 4 | Kristoffer Rung | 95 | Frisinn SK | 29,09 | _____ |
| 5 | Torstein Myklebust | 96 | Frisinn SK | 29,53 | _____ |
| 6 | Vemund Håland Hestnes | 97 | Egersund SK | 31,23 | _____ |

Øvelse 19. 100m butterfly, damer**Heat 1**

| | | | | | |
|---|---------------------------|----|------------|---------|-------|
| 1 | | | | | |
| 2 | Julie Borsheim Endregaard | 01 | Frisinn SK | | _____ |
| 3 | Anoushka Brannan Anderson | 00 | Madla SK | 1.45,85 | _____ |
| 4 | Shannon Smyth | 00 | Madla SK | | _____ |
| 5 | | | | | |
| 6 | | | | | |

Heat 2

| | | | | | |
|---|----------------------------|----|-------------|---------|-------|
| 1 | Mari Ellingsen Bråten | 98 | Madla SK | 1.39,99 | _____ |
| 2 | Nora Sandvoll | 99 | Frisinn SK | 1.34,85 | _____ |
| 3 | May Idun Konow Grønseth | 98 | Frisinn SK | 1.31,92 | _____ |
| 4 | Katharina Bø | 97 | Egersund SK | 1.33,26 | _____ |
| 5 | Wiviann Indrevoll | 98 | Madla SK | 1.38,50 | _____ |
| 6 | Karoline Auestad Petterson | 98 | Madla SK | 1.41,59 | _____ |

Heat 3

| | | | | | |
|---|-----------------------------|----|------------|---------|-------|
| 1 | Elise Sandvoll | 96 | Frisinn SK | 1.22,75 | _____ |
| 2 | Kristin Serck-Hanssen | 98 | Madla SK | 1.19,73 | _____ |
| 3 | Stine Mjølhus Kristoffersen | 93 | Madla SK | 1.07,61 | _____ |
| 4 | Ida Jensen Lirhus | 97 | Madla SK | 1.12,44 | _____ |
| 5 | Runa Vatna Sandsmoen | 96 | Frisinn SK | 1.20,08 | _____ |
| 6 | Ines Nystrand | 98 | Madla SK | 1.26,18 | _____ |

Øvelse 20. 100m butterfly, herrer**Heat 1**

| | | | | | |
|---|-------------------------|----|-------------|---------|-------|
| 1 | | | | | |
| 2 | Njord Fornes | 99 | Sola SK | 2.05,47 | _____ |
| 3 | Marius Holm | 99 | Sandnes SLK | 1.24,81 | _____ |
| 4 | Johannes Kahlbom Wathne | 97 | Frisinn SK | 1.34,35 | _____ |
| 5 | Anders Odland | 96 | Madla SK | | _____ |
| 6 | | | | | |

Øvelse 21. 200m fri, damer**Heat 1**

| | | | | | |
|---|---------------------------|----|------------|---------|-------|
| 1 | | | | | |
| 2 | Julie Borsheim Endregaard | 01 | Frisinn SK | | _____ |
| 3 | Nela Sridaran | 98 | Madla SK | 3.35,77 | _____ |
| 4 | Stine Løvdahl | 00 | Madla SK | 3.46,15 | _____ |
| 5 | Malin Tønnessen | 96 | Frisinn SK | | _____ |
| 6 | | | | | |

Heat 2

| | | | | | |
|---|------------------------|----|-----------------------|---------|-------|
| 1 | Karen Nygård Magnussen | 98 | Bryne SK | 2.29,64 | _____ |
| 2 | Ulrikke Rein | 98 | Madla SK | 2.27,94 | _____ |
| 3 | Lotte Miller | 96 | Madla SK | 2.12,47 | _____ |
| 4 | Hanne Reime | 98 | Bryne SK | 2.24,57 | _____ |
| 5 | Hanne Hana Voss | 97 | Randaberg IL Svømming | 2.29,55 | _____ |
| 6 | Emily Bådsvik | 96 | Frisinn SK | 2.38,26 | _____ |

Øvelse 22. 200m fri, herrer**Heat 1**

| | | | | | |
|---|----------------|----|-------------|---------|-------|
| 1 | | | | | |
| 2 | Jørgen Vestly | 01 | Sande SK | | _____ |
| 3 | Elias Mellgren | 99 | Egersund SK | 3.16,14 | _____ |
| 4 | Sander Løvdahl | 98 | Madla SK | | _____ |
| 5 | | | | | |
| 6 | | | | | |

Heat 2

| | | | | | |
|---|-------------------------|----|-------------|---------|-------|
| 1 | | | | | |
| 2 | Sindre Vatnamot Amble | 98 | Madla SK | 2.52,65 | _____ |
| 3 | Torstein Myklebust | 96 | Frisinn SK | 2.30,68 | _____ |
| 4 | Johannes Kahlbom Wathne | 97 | Frisinn SK | 2.39,39 | _____ |
| 5 | Asbjørn Håland Hestnes | 99 | Egersund SK | 3.06,67 | _____ |
| 6 | | | | | |

Heat 3

| | | | | | |
|---|-------------------|----|-----------------------|---------|-------|
| 1 | Gord Behzadi | 97 | Madla SK | 2.23,48 | _____ |
| 2 | Maurice Sudkamp | 97 | Randaberg IL Svømming | 2.14,04 | _____ |
| 3 | Øystein Fjeldberg | 93 | Randaberg IL Svømming | 2.00,69 | _____ |
| 4 | Håkon P Ludvigsen | 96 | Randaberg IL Svømming | 2.01,71 | _____ |
| 5 | Alec Karlsen | 98 | Madla SK | 2.20,74 | _____ |
| 6 | Truls Wigdel | 99 | Madla SK | 2.26,54 | _____ |

Veiledende tidsskjema

23. oktober 2011 kl. 11.00

| | |
|---|--------------|
| Øvelse 1. 200m individuell medley, damer | 11.00 |
| Øvelse 2. 200m individuell medley, herrer | 11.16 |
| Øvelse 3. 50m bryst, damer | 11.27 |
| Øvelse 4. 50m bryst, herrer | 11.37 |
| Øvelse 5. 100m rygg, damer | 11.46 |
| Øvelse 6. 100m rygg, herrer | 11.53 |
| Øvelse 7. 50m butterfly, damer | 11.58 |
| Øvelse 8. 50m butterfly, herrer | 12.04 |
| Øvelse 9. 100m fri, damer | 12.07 |
| Øvelse 10. 100m fri, herrer | 12.19 |
| Øvelse 11. 4*50m fri, damer | 12.29 |
| Øvelse 12. 4*50m fri, herrer | 12.35 |
| Pause | 12.38 |
| Øvelse 13. 50m rygg, damer | 13.18 |
| Øvelse 14. 50m rygg, herrer | 13.25 |
| Øvelse 15. 100m bryst, damer | 13.28 |
| Øvelse 16. 100m bryst, herrer | 13.40 |
| Øvelse 17. 50m fri, damer | 13.52 |
| Øvelse 18. 50m fri, herrer | 13.59 |
| Øvelse 19. 100m butterfly, damer | 14.05 |
| Øvelse 20. 100m butterfly, herrer | 14.11 |
| Øvelse 21. 200m fri, damer | 14.14 |
| Øvelse 22. 200m fri, herrer | 14.22 |
| Slutt 14.32 | |